

1996
FIRE FIGHTER'S
SAFETY GUIDE



Fire Fighter Kimo V.

GRADES 3-6

THIS BOOK BELONGS TO:

NAME

SCHOOL

GRADE

REVIEWED BY:

PARENT

TEACHER

A Message to Students, Teachers and Parents...

DEAR TEACHERS:

You are a vital link in this educational process. It is important that all children be aware of fire safety. Please help your students complete their activity book. Then talk with your whole class about the importance of fire preparedness and of having a home fire escape plan. See page 15 and 16 for "Safety Guide" instructions.

*Mahalo,
Sparky*



DEAR STUDENTS:

Fire can be very scary if you aren't prepared for an emergency. This activity book can help you and your family prepare for fire emergencies. You and your parents should work on these activities together, and when you're done, turn them in to your teacher. Work hard and have fun.

*Love,
Sparky*

DEAR PARENTS:

It is important that children of all ages become aware of fire safety. Please help your child complete this activity book, talk about fire preparedness and agree on a safe meeting place with your whole family. Please sign the completed activity books and return them to school. See page 15 and 16 for "Safety Guide" instructions.

*Mahalo,
Sparky*



A Message from the County Fire Chiefs...

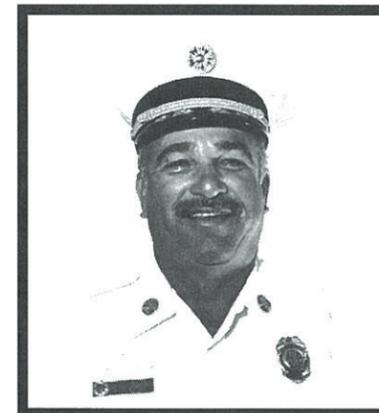
We hope that you enjoy and learn from this "Fire Fighter's Safety Guide" published by the county fire departments on all of the Hawaiian Islands.

Everyone should be prepared in case of a fire. You could start by practicing safety measures both to prevent fires and to take proper action if a fire starts in your home, classroom or workplace.

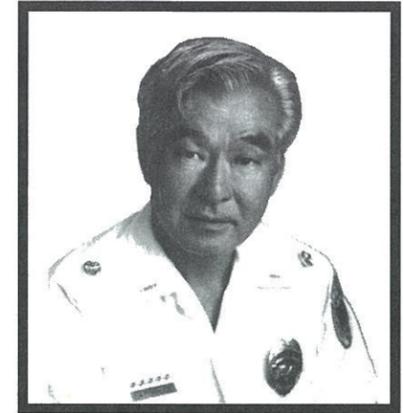
We encourage each of you to draw a fire escape plan for your home. Such a plan is very important and has saved local families from being trapped in their homes.

When an emergency arises and every moment is important, a child needs to recall the actual motions that are outlined in the "Fire Fighter's Safety Guide".

Our warm personal regards to all of our participating students. May you all have a fire safe year.



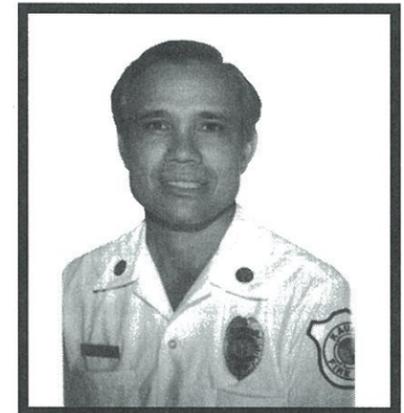
ANTHONY J. LOPEZ, JR., Fire Chief,
Honolulu Fire Department



NELSON TSUJI, Fire Chief,
Hawaii County Fire Department



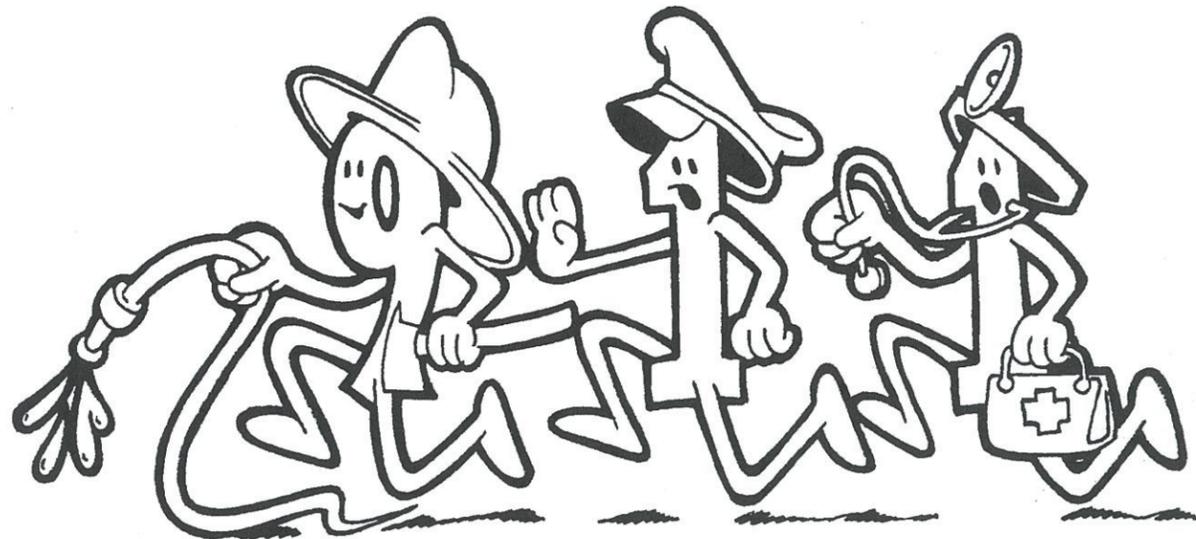
RONALD DAVIS, Fire Chief,
Maui County Fire Department



DAVID SPROAT, Fire Chief,
Kauai County Fire Department

WHO WILL YOU CALL IN AN EMERGENCY?

Students cut out
this page.



FIRE
DEPARTMENT

POLICE
DEPARTMENT

EMERGENCY MEDICAL
SERVICES / AMBULANCE

IN CASE OF A FIRE OR AN EMERGENCY CALL 911

MY NAME AND ADDRESS IS:

NAME _____

ADDRESS _____

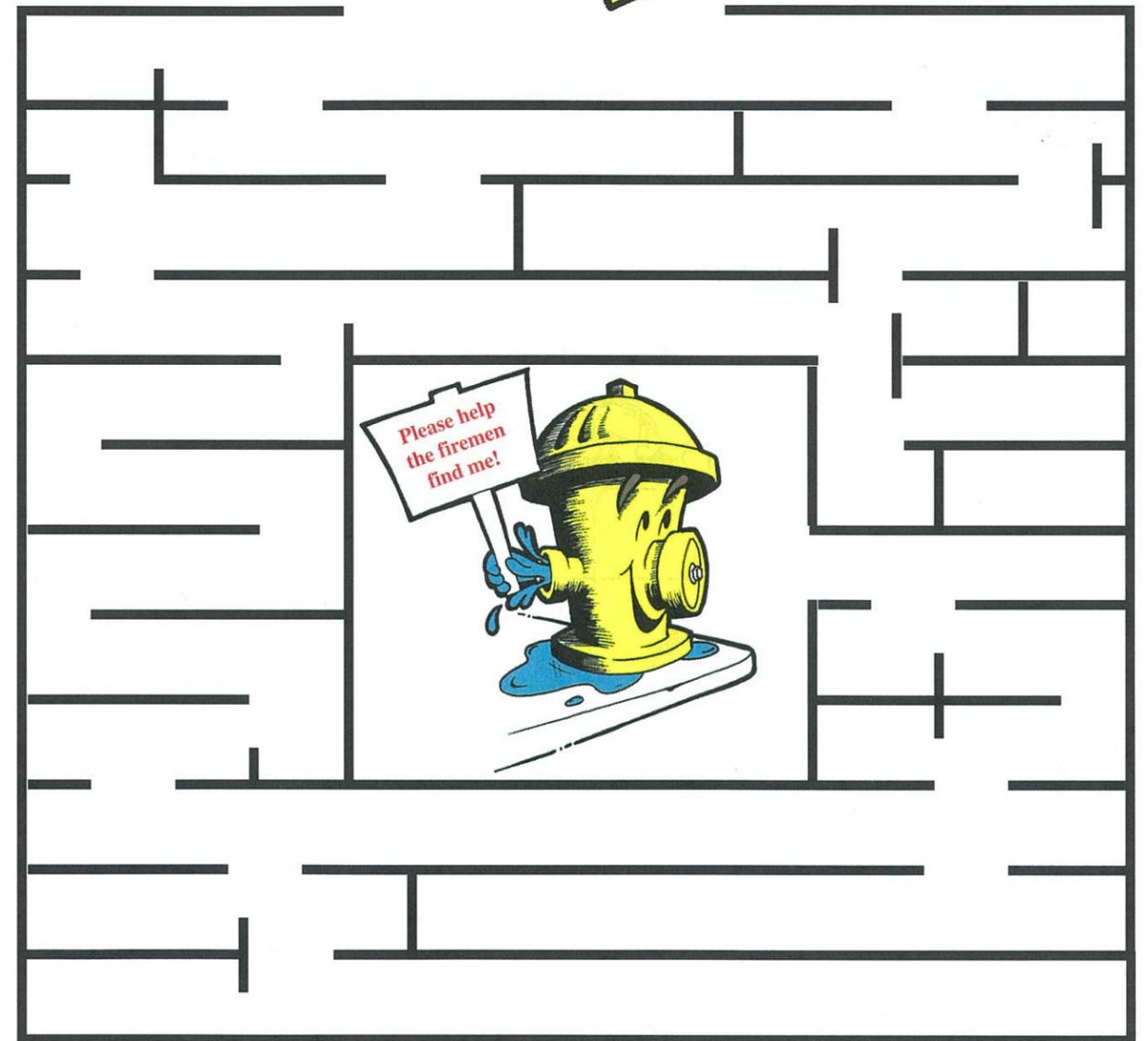
TELEPHONE NUMBER _____



PARENT AND TEACHER HINT:

It is important that children understand the need to call 911 for emergency assistance. Encourage them to fill in the information and to place this page by their home telephone.

WHICH WAY SHOULD THEY GO?



PARENT AND TEACHER HINT:

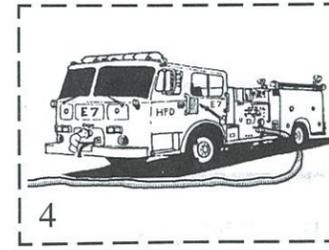
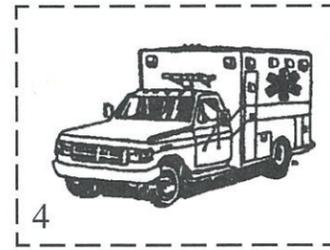
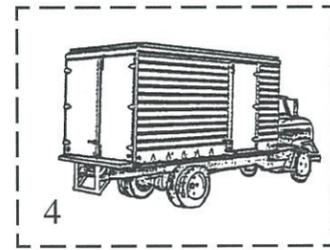
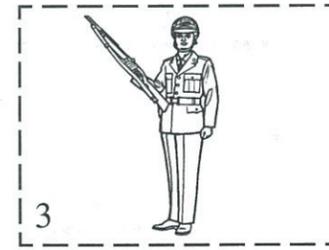
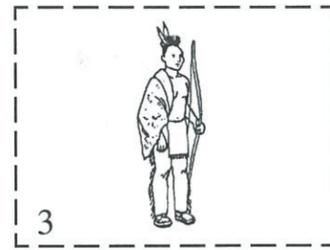
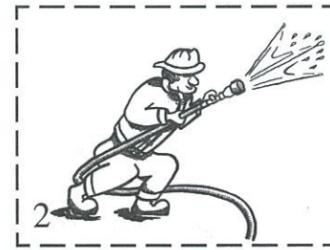
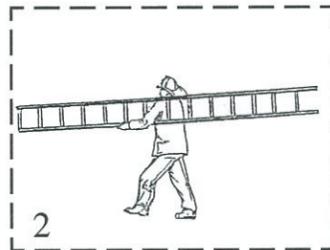
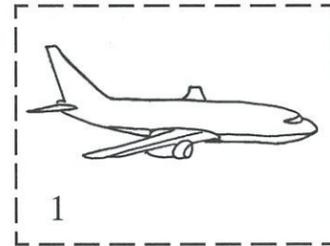
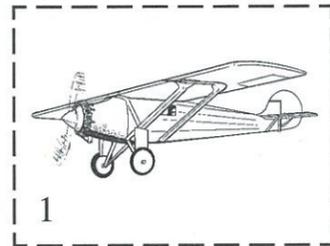
When it comes to fire fighting, the fire hydrant is the principal source of water for the fire department. When parking cars, please don't block the fire hydrants.

HELP STOP THE ADVANCING FIRE!

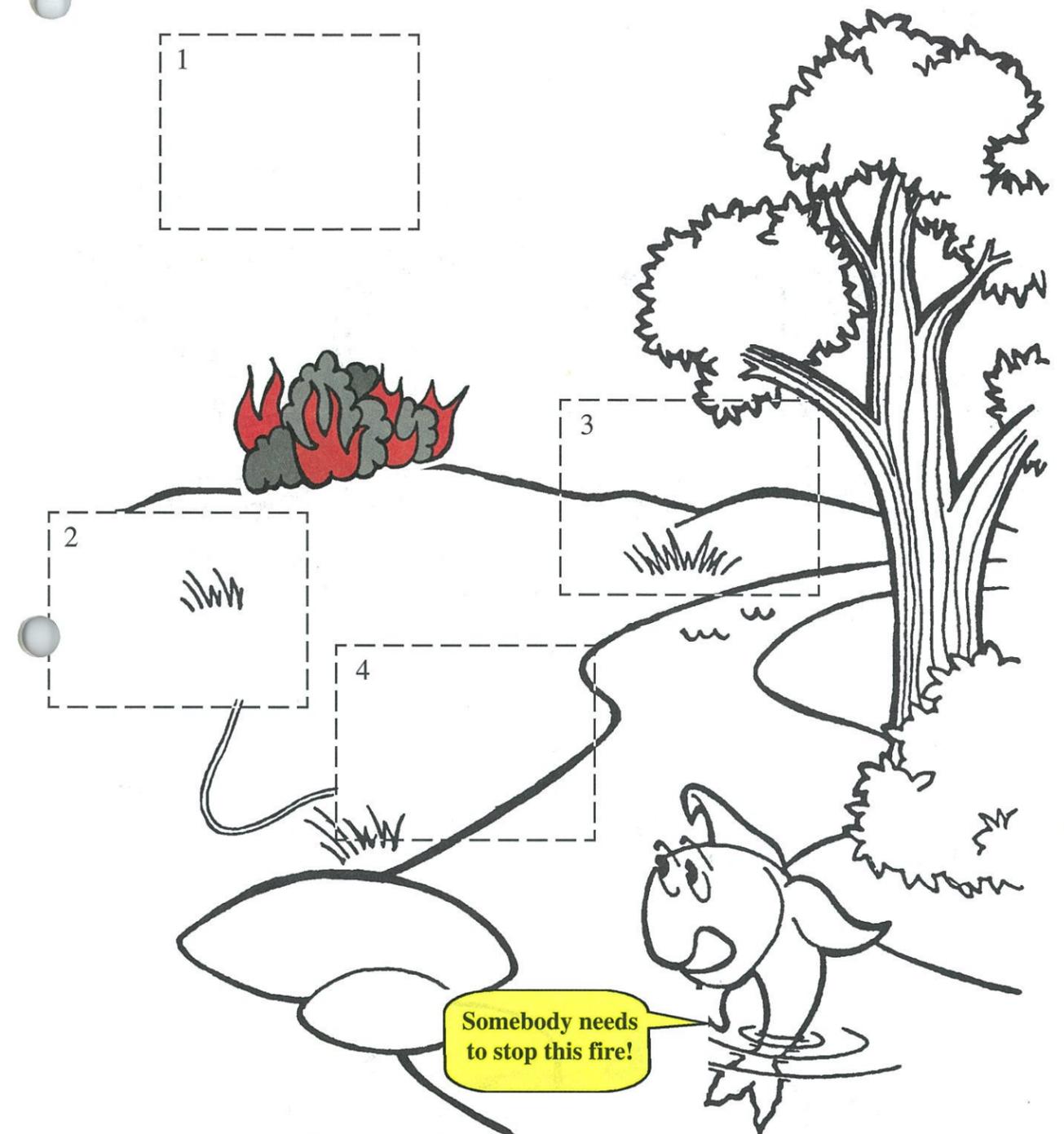
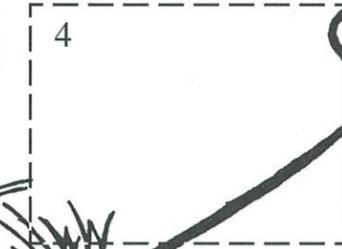
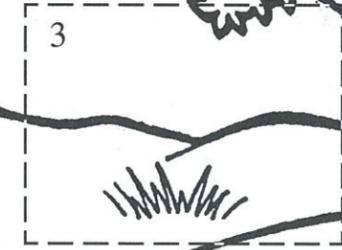


What equipment would you use to put out the fire?

Cut out the correct pictures on this page then Match and Paste them in their matching boxes on the next page.



ANELA COULD USE YOUR HELP!



PARENT AND TEACHER HINT:

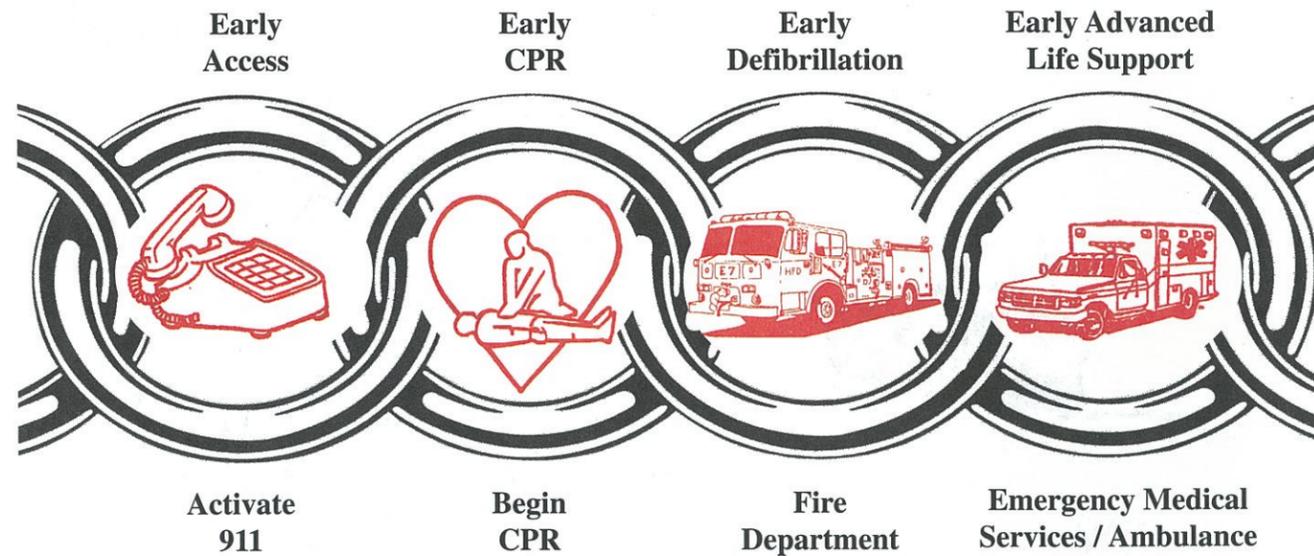
Annually, brushfires destroy the vegetation and habitat that both man and animals rely upon to survive. A brushfire also exacts a toll on a community's resources. When the fire department's fire fighters and equipment are used to extinguish a brushfire, it strains their ability to respond to other life threatening emergencies.

Answers: 1-helicopter with water bucket, 2-fire fighter with hoseline, 3-fire operations chief, 4-fire truck to supply water.

CPR

CARDIOPULMONARY RESUSCITATION

The Chain of Survival



PARENT AND TEACHER HINT:

These two pages are for awareness purposes only. Cardiac arrest survival depends on a series of critical interventions. If any of these are missing, delayed, or inadequate, patient survival rates will decrease.

For more information on CPR, check with your fire department, emergency medical services, American Heart Association or the American Red Cross.



Kids,
There's more to being a
fire fighter than putting
out fires.

This information could
save someone's life someday!



Follow the chain of survival.

1.

ASSESSMENT

- Determine responsiveness.
- Shake and shout "Are you O.K.?"
- Call for help and have someone call 911.



2.

AIRWAY / BREATHING

- Position the victim.
- Open the airway.
- Look, listen and feel for breathing.
- If breathing, maintain an open airway.
- If not breathing, give two slow breaths.

3.

CIRCULATION

- Place two fingers on the carotid artery.
- Check for a pulse.
- If a pulse is present, perform rescue breathing on the victim.
- If there is no pulse, begin CPR.



4.

PERFORM CPR

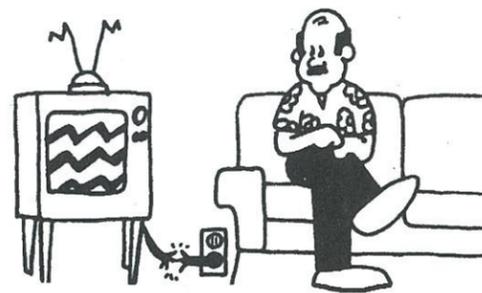
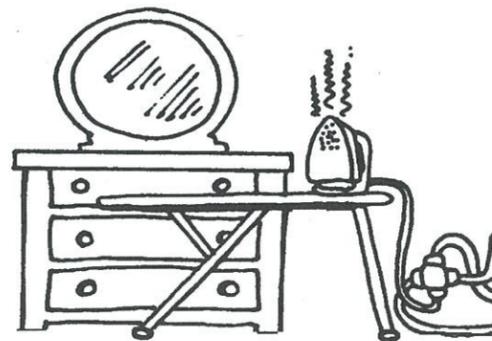
- Position your hands over the center of the victim's chest.
- Perform 15 chest compressions within 10 to 12 seconds.
- Open the airway and give two slow rescue breaths.
- Perform four cycles of 15 compressions and two breaths.
- Check for a pulse. If there is none, continue CPR. If a pulse is present, monitor breathing.



HOUSEHOLD HAZARDS



Household hazards cause accidents. Circle the hazards in the pictures below. Does your house have any hazards like these in it?



PARENT AND TEACHER HINT:

In the pictures above, there are several hazards that cause residential fires. If these hazards are minimized, serious burns or fires can be avoided. The hazards shown above are; an unattended burning cigarette, overloaded electrical receptacles, an unattended hot iron, frayed or broken electrical wires and an unattended stove with flammable material hanging above it.



Smoke detectors can increase your chances of getting out in case of a fire. If you have smoke detectors, don't forget to test them monthly and change batteries annually.

TEST YOUR DETECTOR!



DRAW A LINE TO THE WORD THAT BEST COMPLETES EACH SENTENCE

1. Every home should have a?

BEEP

2. The sound a smoke detector makes is?

SMOKE DETECTOR

3. Smoke detectors should be tested at least once a?

YEAR

4. Batteries should be replaced once a?

MONTH

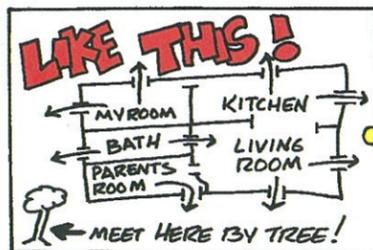
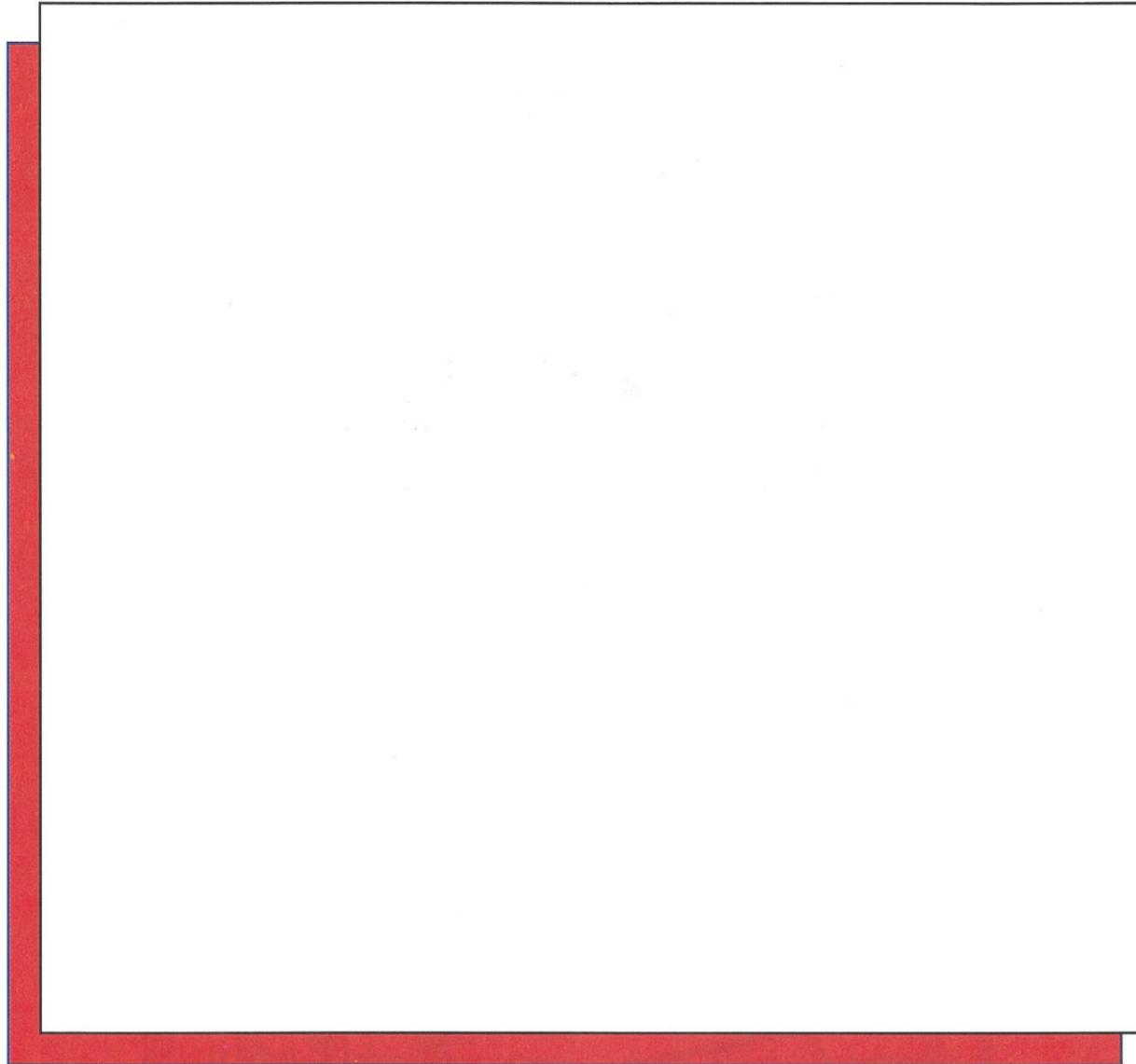
PARENT AND TEACHER HINT:

Smoke detectors are a families' first line of defense against fires. They are used as early warning systems to alert households to fires. Sparky gives you the answers at the top of the page.



PLAN YOUR ESCAPE ROUTE!

Students cut out this page.



Parents:
Work with the whole family to choose a safe meeting place!

PARENT AND TEACHER HINT:

Discuss the importance of a safe meeting place with your child. As a safety reminder, we suggest that your children place this drawing on a wall near their bedroom door.



HOW WOULD YOU GET OUT?



Where are the EXITS ?



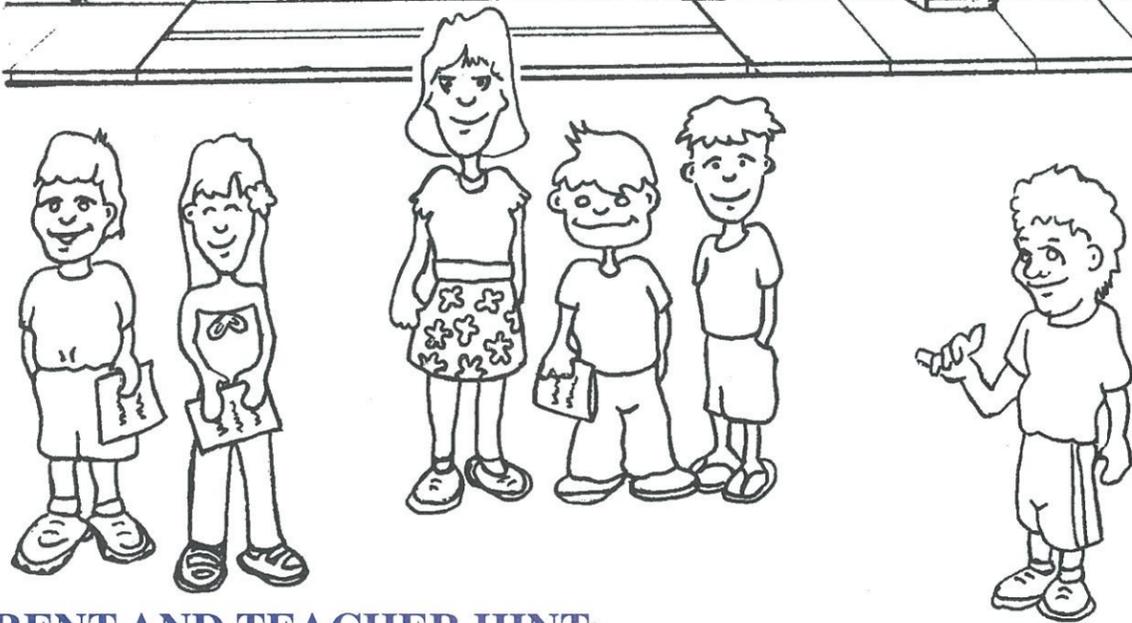
Where are the EXITS ?

THINK ABOUT IT!

PARENT AND TEACHER HINT:

Every high-rise building must have at least TWO stairwells. In case of a high-rise fire, use the exit stairways to go to your safe meeting place located outside the building. Each family should have only one safe meeting place.

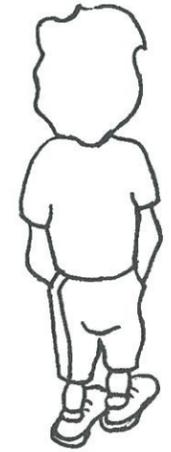
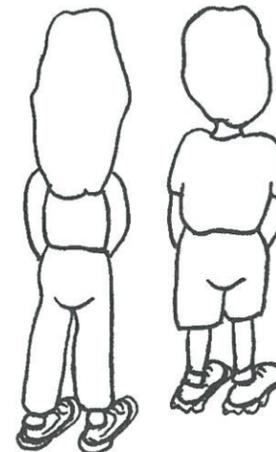
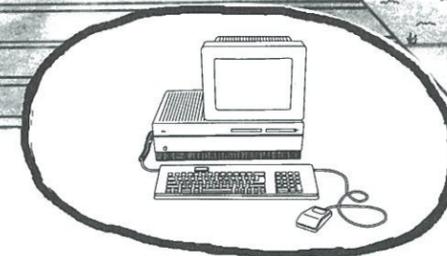
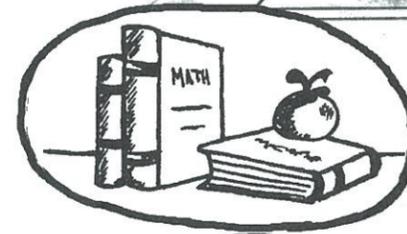
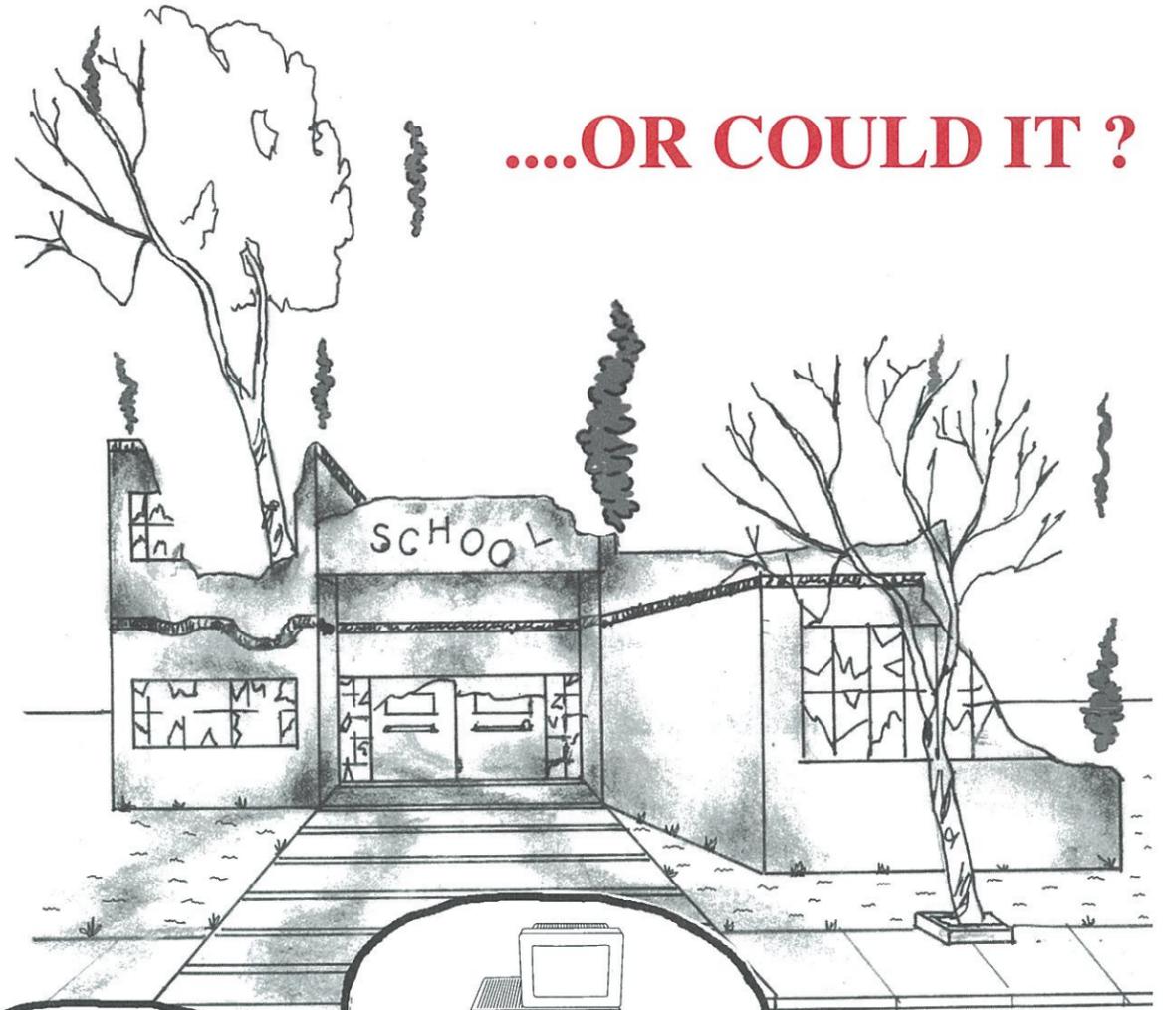
A FIRE COULDN'T AFFECT ANYBODY WE KNOW....



PARENT AND TEACHER HINT:

Fires caused by vandalism in our schools is a major problem. Besides the cost of repairs to school property, fires disrupt students' and teachers' daily school activities. Everybody loses something!

...OR COULD IT ?





**NOW CAN
YOU ANSWER
THESE QUESTIONS?**

**Teachers cut
out the
winning page
from your class.**



Circle the best answer.

- 1) The telephone number to dial in case of an emergency is?

A) 411 B) 911 C) 808
- 2) Serious household burns or fires can be avoided by?

A) adding hazards B) smoking in bed C) minimizing hazards
- 3) A smoke detector should be tested?

A) yearly B) monthly C) daily
- 4) Where should you put your fire escape plan?

A) on my bedroom wall B) on the ceiling C) in the closet

GRAND PRIZE INFORMATION FORM

Student Information

Student Name: _____ Grade/Room: _____

School: _____ School Phone: _____

Teachers Name: _____

Teacher Information

Teacher Name: _____ Grade/ Room: _____

School: _____ School Phone: _____

Class Enrollment: _____ Guides Completed _____



Congratulations! This completes the "Fire Fighter's Safety Guide". You will soon receive a fun poster with valuable coupons provided by the supporters listed below!

FREE VALUABLE AWARD POSTER

JACK IN THE BOX RESTAURANTS	USS BOWFIN SUBMARINE MUSEUM & PARK	ATLANTIS SUBMARINES	SENATOR FONG'S PLANTATION AND GARDENS
BISHOP MUSEUM	HAWAII IMAX THEATER	LAHAINA KAA NAPALI & PACIFIC RAILROAD	WAIKIKI AQUARIUM
MEADOW GOLD DAIRIES, INC.	HAWAII MARITIME CENTER	NAVATEK ROYAL HAWAIIAN CRUISES	WINDJAMMER CRUISES
PACIFIC AEROSPACE MUSEUM	MISSION HOUSE MUSEUM	WAIMEA VALLEY PARK	SEALIFE PARK
HAWAIIAN AIRLINES	MAUI BASKIN-ROBBINS ICE CREAM STORE	MAUI DAIRY QUEEN	LOCAL FIRE DEPARTMENTS
MAHALOTO: NBC HAWAII NEWS 8	MAHALOTO: KAUAI 200	MAHALOTO: LIHUE CREDIT UNION	MAHALOTO: KTASTORES

Poster distribution ends 12/31/96



PARENT AND TEACHER KEY INFORMATION

1. **THE KICKOFF IN SEPTEMBER, 1996**

Your local fire department will deliver the "Fire Fighter's Safety Guide" (FFSG) to all public and private elementary school offices. The school office will then distribute the proper amount of FFSGs to each classroom.

2. **REVIEWING THE FFSG IN OCTOBER, 1996**

- A. The teachers should give one FFSG to each student with instructions on how to complete the guide.
- B. Teachers and students are encouraged to review the guide as soon as it is given to the students. After review, the guide should then be taken home.

3. **COMPLETING THE FFSG IN OCTOBER, 1996**

Students and parents should complete the FFSG and then return it to teachers by October 31.

Parents should:

- A. Assist children in working on the safety guide and in developing home fire safety escape plans.
- B. Fill out the student portion of the form on page 15.
- C. Sign the safety guides and return them to their children's teachers by October 31.

Teachers should:

- A. Review the completed guides with their students.
- B. Select the student who has the best FFSG in each class.
* Selection of the student for the grand prize drawing should be based upon completeness, neatness and correct answers. The name of the selected student and other information should be entered on the form provided on page 15.
- C. Fill out the teacher portion of the form on page 15.
- D. Submit one completed grand prize drawing form from page 15 for each class to the school office by November 8. The fire fighters will pick them up during the week of November 12-15.
- E. Return the FFSGs to the students to take home.

4. **FFSG GRAND PRIZE DRAWING FORM PICK-UP IN NOVEMBER, 1996**

To be eligible for the student and teacher grand prize drawing, teachers should submit the completed form from page 15 with the winning quiz to the school office no later than November 8. One student per class will be eligible for the grand prize drawing. Teachers with ninety percent or better class participation will be eligible for the teacher grand prize drawing. Your local fire station will arrange pickup of the FFSG forms from your school office during the week of November 12-15.

5. **DELIVERY OF INCENTIVE COUPONS IN NOVEMBER, 1996**

Student incentive coupons will be delivered to your school office by fire fighters during the week of November 12-15. The school staff should distribute the coupons to all students who participated in the program. At this same time, the fire fighters will pick up the grand prize information forms from the school office.

6. **AWARD CEREMONY IN MARCH, 1997**

Student and teacher grand prize award ceremonies will be held at sites in each county. Winning students and teachers will be contacted by local schools and the fire departments about the locations and times of awards ceremonies.

7. **QUESTIONS?**

Questions should be directed to local fire departments.

DATES TO REMEMBER

Contact your local fire department for exact dates.



SEPTEMBER 1996

**-FFSG Kickoff
- Guides delivered to schools.**

OCTOBER 1996

**-Teachers and students review the guides.
- Students take guides home at the beginning of October.**

OCTOBER 1996

**-Parents and students complete the guides.
- Students return completed guides by October 31.**

NOVEMBER 1996

-Incentive coupons are delivered and grand prize drawing forms are picked up during the week of November 12-15.

MARCH 1997

-Grand prize award ceremonies take place.

Hey, Kids!
Congratulations on a
job well done!



GRAND PRIZES!

Hawaiian Airlines – Students - Seven round-trips to the West Coast. Teachers - Seven interisland round-trips.

Jack in the Box – Students - 28 students will receive certificates for complete dinners for four once a month for a year. Teachers - Seven educational enhancement awards of \$250 to be used in each honored teacher's class.

Navatek I – Students - Seven students will receive a family pass (student and four family members) aboard the Navatek I (Oahu). Teachers - Seven teachers will receive a pass (teacher and four guests) aboard the Navatek I (Oahu).

Hawaii Maritime Center – Students and Teachers - Seven students and seven teachers will receive a free family pass for a one-time admission.

Atlantis Submarine – Students - Seven students will receive a family submarine dive (good for up to four people). Teachers - Seven teachers will receive a submarine dive (good for two people).

Waikiki Aquarium – Students - Seven students will receive a gift pack worth \$20.

Sea Life Park / Waimea Valley Park – Students - Seven students will receive a one-year admission pass to Sea Life Park and Waimea Valley Park.

Hawaii IMAX Theatre – Students - Seven students will receive a family pass that entitles parents and two children to one-time admission to any single **Imax** film except for some special shows. Teachers - Seven teachers will receive certificates entitling the teacher and three guests to admission to an **Imax** film except for some special shows.

Pacific Aerospace Museum – Students and Teachers - Seven students and Seven teachers will receive a one-year family membership.

Windjammer Cruises – Teachers - Seven teachers will receive "Captain Buffet" tickets for two aboard the **RELLA MAE**.

OAHU ONLY:

Meadow Gold Dairies, Inc. – Students - Four students will receive a year's supply of ice cream. (24 1/2 gallon containers of **Meadow Gold Very Special** or **Very Special Light**). Teachers - Four teachers will receive an ice cream party for their class. (six 1/2 gallon containers of **Meadow Gold Very Special** or **Very Special Light**).

Windjammer Cruises – Students - Four students will receive a 2 1/2 hour cruise with up to four people per family aboard the **RELLA MAE**.

Sea Life Park / Waimea Valley Park – Teachers - Four teachers will receive a class field trip good at **Sea Life Park** or **Waimea Valley Park**.