



Hawaii Physical Activity and Nutrition Newsletter

July 2013

Quarterly Issue -- Volume 4, Number 2

In This Issue

- News from Hawaii PAN Partners
- Highlighted Hawaii Programs
- Highlighted National Programs
- Featured Resources and Research
- Conferences, Trainings, and Professional Development

Contact Us

www.healthyhawaii.com

If you'd like your name removed from our mailing list, please e-mail:

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Transit oriented development plans on Oahu

Kauai's complete Streets Ordinance



News from Hawaii PAN Partners

Oahu Neighborhood Transit-Oriented Development Plans

By Renee Espiau, respiau@honolulu.gov



The Honolulu Department of Planning and Permitting (DPP) is working with Oahu communities to create eight Neighborhood Transit-Oriented Development (TOD) Plans for 19 stations along the rail transit route. The goal is to get people out of their cars by

creating compact, walkable communities around each station. TOD will feature new parks and gathering spaces, improved sidewalks, new housing choices and retail opportunities, and an overall better experience for pedestrians and bicyclists. We will be



holding more community meetings this year and invite everyone to get involved. Learn more about TOD, and sign up for our mailing list, on our new website at:

www.todhonolulu.org!

The artist's rendering above is for an area along the Pearl Harbor shoreline, makai of the Pearlridge rail station at Kaonohi Street (near Pearlridge Center).

Kauai passes Complete Streets Ordinance

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

Bill 2465 passed Kauai County Council with full votes. This represents a major milestone in Get Fit Kauai's Built Environment Task Force's 18 month-long journey to get the first law implementing Complete Streets passed at Council. The bill has stricter sidewalk requirements as well as shorter block lengths for all new developments.





Hawaii Highlighted Programs, Projects, and Initiatives

2013 Physical Activity and Nutrition Summit "Good Health: Good Policy"

By Katie Richards and Heidi Hansen Smith

The Hawaii State Department of Health, Tobacco Settlement Project, Healthy Hawaii Initiative hosted its 3rd **Physical Activity and Nutrition (PAN) Summit** on **Thursday & Friday, May 23rd & 24th, 2013.**

The conference theme "**Good Health: Good Policy**" focused on the importance of the development and implementation of comprehensive obesity prevention policies for Hawaii, including policies relating to nutrition and physical activity. A comprehensive policy approach to address obesity will help create the population-level changes needed to turn the tide on obesity.

The first day of the conference, Thursday, May 23rd focused on the conference theme and consisted of:

- *A presentation from keynote speaker Dr. Maya Rockey Moore, a public policy expert and consultant, noted speaker, author, media commentator, public health advocate, and President and CEO of Global Policy Solutions in Washington, DC.*
- *A presentation from Kauai Mayor Bernard P. Carvalho, Jr. on envisioning and creating a healthy future for our islands.*
- *A panel of Hawaii legislators and community leaders who provided an overview of past, present, and future obesity prevention policy efforts in Hawaii.*



- *The unveiling and launch of the 2013-2020 Hawaii State Physical Activity and Nutrition (PAN) Plan.*
- *Working sessions that identified priorities and developed next steps for objectives from the 2013-2020 PAN Plan.*
 - *Sessions began the work on the 1st year implementation plan focusing on priorities identified within the five sector areas; worksite, industry & business; community design and access; educational systems; health care systems; and statewide media.*
- *An evening networking reception.*

The second day of the conference, Friday, May 24th consisted of:

- *Breakout sessions featuring prominent local and national speakers who described their approaches to physical activity and nutrition in six thematic areas:*
 - Worksite, Industry, & Business
 - Community Design and Access
 - Nutrition
 - Physical Activity
 - Educational Systems
 - Health Care Systems
 - Statewide Media
 - Mixed Plate

- *Overview and wrap up of 2013 PAN Summit from Dr. Maya Rockeymoore, keynote speaker*

Audience:

This conference was geared towards community agencies, elected officials, advocates, planners, developers, businesses, teachers and administrators, state agencies, city and county agencies, other community groups, and the interested general public.

Conference Objectives were to:

- Highlight the need for obesity prevention policy in Hawaii at the state and county levels
- Educate and inform participants of local and national trends in nutrition, physical activity, and obesity prevention policy
- Rollout the newly revised Hawaii State Physical Activity and Nutrition Plan 2013-2020
- Initiate work on the year 1 implementation plan for the 2013-2020 PAN Plan
- Present best practices that promote physical activity and nutrition, and prevent chronic diseases through sessions from local and national speakers
- Share data and research regarding physical activity and nutrition
- Provide opportunities for networking

'Olelo videotaping of the PAN Summit can be viewed at:

http://olelo.granicus.com/MediaPlayer.php?view_id=30&clip_id=35174

Full conference agenda with names of speakers and panelists, handouts, and other summit materials, can be found at:

<http://health.hawaii.gov/about/files/2013/06/2013-PAN-Summit-Agenda.pdf>

The Healthy Hawaii Initiative wishes to thank all the people who worked on this statewide summit, and all the speakers and attendees for making this a very memorable event.

Community

Kauai Path hosting Bicycling Traffic Skills 101 Classes

By Thomas Noyes

In this comprehensive class, participants learn the bicycle handling skills needed to ride safely and legally in traffic and on the trail. The next class will be held on Saturday, August 10, 2013, from 8:00 AM to 5:00 PM at the Department of

Health's Vector Control Building, 4398-B Pua Loke Street, Lihue, Kauai HI 96766, and will repeat on September 21 and October 19, 2013.

Participants may register at the www.KauaiPath.org web site, or [CLICK HERE TO REGISTER.](#)

Students will improve their bike handling skills and learn about basic bicycle components, maintenance, and how to fix a flat tire! Participants are asked to bring their own:

- helmet
- bike in good working condition
- lunch
- water bottle.

Course content is structured for ages 14+.

FREE--No charge for the class, but the class size is limited to 15 individuals.

For more info: Dr. Randy Blake, (808) 635-8823 or [contact us.](#)

These classes have been made possible with funding from the Centers for Disease Control and Prevention, the Hawaii State Department of Transportation, and the Department of Health. Kauai Path, Inc. is a registered 501(c)3 non-profit that envisions Kauai residents working together to preserve, protect, and extend access island-wide through the design, implementation, and stewardship of non-motorized multi-use paths.

[Please click here if you'd like to be notified of upcoming Kauai bicycling events.](#)



Land, Food, and Health: A culturally based diabetes education intervention

By Tricia Usagawa, MS, tusagawa@hawaii.edu

Disproportional rates of chronic diseases, such as diabetes and heart disease, have been consistently reported between subpopulations in Hawaii. The Office of Minority Health reports that in Hawaii, Native Hawaiians are more than 5.7 times likely to die of diabetes than their Caucasian counterparts (1-3). Additionally, in areas in Hawai'i, Asian and Pacific Islanders were reported to have rates of type 2 diabetes at three times the Caucasian population residing in the same area (1-3). While successful strategies for diabetes self-management programs are emerging, they do not incorporate the differing lifestyle, values and beliefs of ethnically distinct groups. The high prevalence of diabetes in Native Hawaiians and Pacific Peoples (NHPP) has prompted the need for culture-based education programs. Culture-based education framework is a well-established approach shown to be effective by education researchers who work with indigenous and ethnically distinct populations (4). This includes components such as employing community health workers to deliver education honoring traditional practices and culturally relevant materials (5,6).

The Department of Native Hawaiian Health and the Center for Native and Pacific Health Disparity Research, at the University of Hawai'i's John A. Burns School of Medicine, established a Land, Food, and Health initiative. This effort combines a culturally-informed diabetes self-management education class with a communal garden as a physical activity option. The gardening component was built on the Pacific value of relationship to land and relationship to others in group

activities. It also creates natural support groups and provides stress reduction, two elements that have been shown to improve diabetes outcomes. In Pacific cultures, the relationship to land includes ancestral, spiritual, and historic implications. Also, family and close community relationships are integral to traditional lifestyle patterns. The growing of food in a garden aims to provide a physical activity with purpose that resonates on many levels with the participants. It also promotes empowerment and healthy culturally-informed behavior. Participants chose the produce they grow and share in the harvest. This provides food security for participants and their families and encourages healthy, culturally preferred meals.

Five community sites have implemented the initiative. The first was Kookaa Kalihi Valley Comprehensive Health Center. Sheryl Yoshimura, RD, developed a culturally relevant educational curriculum now used by all sites. Hui Mālama Ola Na `Oiwī, Na Pu`uwai, Hui no ke Ola Pono, and Waikiki Health Center have all completed groups and Waianae Coast Comprehensive Health Center is currently in the middle of their first group of participants. Collectively, the sites have reported a starting hemoglobin A1C of 9.3% and by the end of the 6-month program, A1C levels were 8.6%, a significant reduction for the participants. Overall, the Land, Food, and Health initiative has been effective in addressing the need for a diabetes self-management program for Native Hawaiians and Pacific People and not only educates, but encourages physical activity and health eating.

References

1. Aluli, N.E., et al., *Diabetes and cardiovascular risk factors in Native Hawaiians*. Hawaii Medical Journal, 2009. **68**(7): p. 152-7.
2. Kim, H.S., et al., *Major dietary patterns, ethnicity, and prevalence of type 2 diabetes in rural Hawaii*. Nutrition, 2008. **24**(11-12): p. 1065-72.
3. Grandinetti, A., et al., *Prevalence of diabetes and glucose intolerance in an ethnically diverse rural community of Hawaii*. Ethnicity and Disease, 2007. **17**(2): p. 250-5.
4. Thackeray, R., R.M. Merrill, and B.L. Neiger, *Disparities in diabetes management practice between racial and ethnic groups in the United States*. Diabetes Educator, 2004. **30**(4): p. 665-75.
5. Satterfield, D.W., et al., *Community-based lifestyle interventions to prevent type 2 diabetes*. Diabetes Care, 2003. **26**(9): p. 2643-52.
6. Mau, M.K., et al., *Mediators of lifestyle behavior change in Native Hawaiians: initial findings from the Native Hawaiian Diabetes Intervention Program*. Diabetes Care, 2001. **24**(10): p. 1770-5.

9th Annual Start Steppin' with Kaiser Permanente

By Nicole Gustie, Nicole.X.Gustie@kp.org

Tamarind Park (corner of Bishop and South King Streets)
Friday, September 6, 2013
11 a.m. – 1 p.m. (the walk begins at noon)

Earn rewards while walking your way to better health. Kaiser Permanente Hawaii hosts the free annual event featuring a mini-health fair and a half-mile walk around Tamarind Park. Walkers will receive healthy rewards at checkpoints as they complete two laps around the one-quarter mile block. First 500 walkers will receive a free pedometer.

"Physical exercise, especially walking, is a great way to stay healthy, improve quality of life, and help prevent and manage chronic conditions such as diabetes and high blood pressure," says Janet Liang, President of Kaiser



Start Steppin'
Annual Event to
Get People
Moving

Permanente Hawaii. "Kaiser Permanente is dedicated to total health so we are honored to host this annual event dedicated to promoting healthy and active living."

Some of the mini-health fair features include:

- *KSSK radio on location with games*
- *Kaiser Permanente Prize Wheel*
- *Great Aloha Run early registration (first 400 get a free Kaiser Permanente giveaway)*



Put on your walking shoes and join Kaiser Permanente on Friday, September 6, at the 9th Annual Start Steppin' event.

Training Opportunity: Rainwater Harvesting for Healthy Environments

An aspect of healthy bodies and healthy environments is water quality and quantity. As an island state of separate island communities or concerns of water sustainability are critically important. Because of this, the University of Hawai'i Sea Grant College Program has collaborated with the American Rainwater Catchment Systems Association (ARCSA) to offer a professional two-day course on rainwater harvesting that prepares one for testing as an "Accredited Professional" (AP) in this field. ARCSA, a 501(c)3 non-profit, is the nationally recognized body addressing rainwater harvesting credentials and is a leader in sustainable water practices.

Accredited Professional (AP) Course, Monday and Tuesday, August 19 & 20, 2013, Honolulu, HI

ARCSA's "Accredited Professional" (AP) Courses are open to the public and any industry professional pursuing greater understanding of rainwater harvesting. The course is required for those seeking ARCSA AP designation.

This two day course provides an in-depth review of rainwater harvesting design and installation; outdoor and in-home rainwater use; sanitation for potable uses; rules, regulations, guidelines and restrictions; business management; project planning; site and installation safety; and system construction and maintenance.

Tentative Inspector Specialist (IS) Workshop, Friday, August 23, 2013 (if there is sufficient interest):

ARCSA's IS Workshop is an Advanced Rainwater Harvesting Specialized course open to the public or any industry professional but to be an ARCSA Accredited Inspector, an individual must first be a current ARCSA Accredited Professional.

This one-day workshop is designed to give attendees the tools needed to

Opportunity to
Become
Certified in
Rainwater
Harvesting

make rainwater harvesting system inspections. The course is required for anyone seeking the ARCSA IS designation. Participants will review parts of rainwater harvesting system, study how to develop an initial assessment of the system, fill out an inspection checklist while making the initial visual inspection of a system and making follow-up inspections.

We hope to see you at the workshop and encourage you to share this information with others who may be interested!

Sincerely,
E. Gordon Grau, PhD
Professor
Director, University of Hawai'i Sea Grant College Program

Please see ARCSA's website for more information (<http://arcsa.org/index.asp>). Dr. Mary Donohue, UH Sea Grant Program Specialist, is also available to answer any questions you may have on this opportunity (donohuem@hawaii.edu or 808-349-4549). Registration and payment is made directly with ARCSA. See the event flyer at: <http://www.arcsa.org//Files/flyerHonolulu.pdf>.

Kauai Mayor-A-Thon 2013

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

Kauai Mayor-A-Thon 2013



What a celebration! On Saturday, June 22, 2013 bicyclists, runners, walkers and strollers came in droves to participate in the 5th Annual Mayor-A-Thon at Kapa`a Beach Park on Kauai. The event was a celebration of Physical Activity and Ke Ala Hele Makala`e; a 4-plus mile segment of Kauai's multi-use path which provides a safe place for Kauai residents and visitors alike, to walk, bike or run. Approximately 1,200 people, including several folks from the mainland who decided to visit Kauai due to this event, enjoyed a beautiful morning full of physical activity dancing, games, Zumba, breakfast and celebration. VIP guests included Lt. Governor Tsutsui, Senator Kouchi, Representative Dee Morikawa, Representative Derek Kawakami and Kauai County Council member, JoAnn Yukimura. This year's turn-out was the largest in the event's brief history.

Since the inception of the first Mayor-a-thon June 27, 2009, which coincided with the blessing of Ke Ala Hele Makala'e, Phase II, the people of Kauai have become more educated on the need for safer places to be active in our community. The Mayor-a-thon is a great display of what is possible in creating a safe environment for physical activity.



The Mayor-a-thon is a free zero-waste event, co-sponsored by Get Fit Kauai (funded by DOH, Healthy Hawaii Initiative), the County of Kaua'i and our newest sponsor, HMSA!! Other sponsors of the event included Kauai Coffee, Menehune Water, Ho`ola Lahui Hawai`i, Kauai Path, Zero Waste Kauai, Garden Isle Portable Toilets, State Farm Insurance, Kauai Family Magazine, KONG Radio Group, The Kauai Bus and Lihue Boys and Girls Club.

Organizers are already looking forward to next year's Mayor-A-Thon which is scheduled for Saturday, June 21, 2014. Mark your calendars now to attend this awesome event!

Built Environment

Poipu Road Design Charrette

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

What a success!!! The Po'ipū Road Design Workshop, was an example of the great partnership between Get Fit Kaua` (funded by DOH, Healthy Hawaii Initiative), and the County of Kauai. Simultaneously 18 people were trained in the "Charrette" process, including County staff and Get Fit Kaua'i Built Environment Task Force members; and a concept plan was developed for Po'ipū Road from Kōloa Road to the roundabout through Kōloa Town, and from the roundabout to the Hyatt in the Po'ipū resort area. The 5-day Charrette included; two community walk audits on Po'ipū Road, four focus group meetings and three community meetings that attracted more than 100 people. The Charrette was also a great opportunity to educate the public about complete streets design principles. The County of Kauai is now refining the concept designs, continuing public outreach, and defining its next steps to move from concept to implementation. The workshops and training were facilitated by Dan Burden and Samantha Thomas of the WALC Institute and Michael Moule of Nelson Nygaard.

Road Design
Charrette



South Shore Plan launched on Kauai

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

Get Fit Kauai (funded by DOH, Healthy Hawaii Initiative), joined the County of Kauai Planning Department to help launch the South Kaua'i Community Plan on June 8th. It is the first time the plan has been updated in 35 years. It is the first time in history that the County of Kauai kicked off their outreach efforts by listening to and gathering a list of concerns and suggestions from community members. Using photographs and maps of the Kalaheo to Poipu areas, residents expressed their opinions by writing notes and making suggestions on the maps provided. A straw poll was taken, and from those polled almost 50% of community members felt unsafe when walking in their community and said more pedestrian and bike paths should be added along community roadways.



Bev Brody, and Get Fit Kauai Built Environment task force members (acting in the capacity as county staff and community partners) Marie Williams, Lee Steinmetz, Ruby Pap, Lea Kaiaokamalie, Mike Dahilig, Celia Mahikoa and Peter Nakamura participated.

Other

Hawaii PAN Plan presented to Kauai County Council

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

Jodi Drisko, Get Fit Kauai's Chairperson and Bev Brody, the Director of Get Fit Kauai (funded by DOH, Healthy Hawaii Initiative), presented a draft of the State PAN Plan to Kauai County Council on Wednesday, March 13, 2013. Reasons behind creating the plan were explained as well as an overview of the history of this and previous PAN plans, the four sectors in the present plan and the need for focus on policy, system and environmental changes. A preview of the plans objectives was also presented. Kauai County Council members appeared impressed and engaged in a host of questions and comments following the presentation.



Get Fit Kauai Annual Meeting

By Bev Brody-Skerik, bbrody1@hawaii.rr.com

Over 100 people attended Get Fit Kauai's Annual Meeting celebration at the Courtyard Marriott on Friday, June 14, 2013. Among the 100+ individuals, were



Mayor Carvalho, who provided the Opening Address, Representative Dee Morikawa, Kauai County Council Members, Mel Rapozo, JoAnn Yukimura, and Nadine Nakamura. Other dignified guests included, Gary K. Heu, Managing Director of the County of Kauai, Kauai District Health Officer, Dileep G. Bal, and County of Kauai Communications Director, Beth Tokioka. Bill Buley, the Editor of the Garden Island newspaper along with Coco Zickos of MidWeek Kauai were also present.

Kahanu Keawe; Get Fit Kauai Administrative Assistant and Task Force Chairs Rachelle Bachran, Michelle Martinez, Lyle Tabata and Marie Williams gave an overview and update on task force accomplishments and plans for the coming year.

Some of those accomplishments included:

- *A new internal/external communication plan*
- *Conceptualized a program that addresses obesity and environmental equity for Native Hawaiian children through school gardens and edible landscaping*
- *The passage and beginning to implement the Multi-modal plan*
- *Changing how we (Kauai) design roads*
- *Implemented Safe Routes to Schools programs ins 5 schools; Monthly walk to school days continue to grow*
- *Identified permanent remote drop-offs at 3 of those schools.*
- *Infrastructure changes around schools; repainted crosswalks, striping and inroad signage*

Get Fit Kauai (funded by DOH, Healthy Hawaii Initiative), was privileged to have special guest speaker Florentina Salvail from DOH who gave an enlightening presentation on the BRFSS health data collected on Kauai. As part of the Centers for Disease Control and Prevention's (CDC) Communities Putting Prevention to Work grant that the Kauai District Health Office received in 2010, an oversample of the Behavioral Risk Factor Surveillance System was completed. This telephone survey asked adults questions about their health and health behaviors.

Approximately 1,000 surveys were completed by Kauai residents from August to December in 2010 and 2012. Some of the data reported:

- *About 18% of Kauai adults report fair or poor health status*
- *Over half (54%) are overweight or obese*
- *61% participate in 150 minutes of physical activity per week (recommended amount of aerobic activity)*
- *Almost one quarter of adults do no physical activity in an average week*
- *About 80% do not eat enough fruits and vegetables each day*
- *22% drink one or more soda or sugar sweetened beverage each day*

We were also honored to have Keynote Speaker, Jerry Ornalles. In 2011 Jerry was appointed to a four year term on the Hawaii Board of Agriculture representing the island of Kauai. He is a long time member and President of the Kauai County Farm Bureau and past vice-president of the Hawaii Farm Bureau Federation. Jerry also serves on the Kauai Economic Development Board's Food and Agriculture Committee as well as Chair of the Kauai County Agricultural Advisory Committee.

Jerry strongly believes that Kauai needs to increase its food security and its food self-sufficiency and is encouraged seeing others join in this effort.

Survey results of the meeting will be available next month. The results we have received from attendee thus far have been very positive.



National Highlighted Programs, Projects, and Initiatives

Solicitation for INVEST Implementation Projects, Federal Highway Administration (FHWA) (no deadline)

- FHWA wants to partner with state departments of transportation (DOTs), metropolitan planning organizations (MPOs), federal lands, and local governments on using INVEST 1.0—FHWA's voluntary self-assessment tool—to assess and enhance the sustainability of their projects and programs.
- FHWA's ultimate goal is to improve the sustainability triple bottom line—social, economic, and environmental outcomes—of highway programs and projects.
- Multiple awards of approximately \$25,000 to \$150,000 are anticipated, though projects may be larger or smaller depending on the context, scope, and approach. By federal statute, a 100% nonfederal match (50-50 cost share) is required. In-kind contributions such as staffing can count toward the match requirement.
- Information:
http://www.sustainablehighways.dot.gov/project_solicitation.aspx



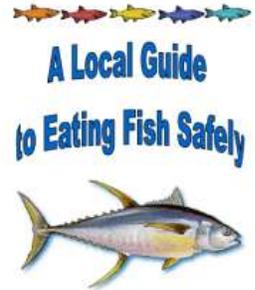
Featured Resources and Research

Hawaii

- Resources

A Local Guide to Eating Fish Safely

Fish is a healthy high-protein, low-fat food that can be a part of a balanced diet for you and your family. But some fish have levels of mercury that may be harmful, particularly for pregnant and nursing women and young children. To access the brochure, go to: <http://health.hawaii.gov/wic/files/2013/05/mercury.pdf>



- Research

Hawaii Journal of Medicine & Public Health



Please enjoy your complimentary copy of the Hawaii Journal of Medicine & Public Health, a joint effort between the Hawaii Department of Health and the University Clinical Education & Research Associates at the John A. Burns School of Medicine (JABSOM).

To view the full edition, please click on the hyperlink in the title above while pressing the Ctrl key or visit the website at www.hjmph.org.

National

- Resources

Evaluating Obesity Prevention Efforts: A Plan for Measuring Progress – IOM Report Release

A public web-based informational session will be held on Friday, **August 2, 2013** from 11:00am - 12:00pm EST for the release of the IOM report Evaluating Obesity Prevention Efforts: A Plan for Measuring Progress. Registration is open to the public. For more information, go to: <http://www.iom.edu/Activities/Nutrition/EvaluatingProgressObesityPrevention/2013-AUG-02.aspx>

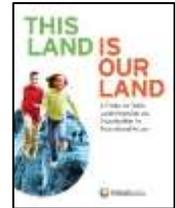
Nutrition and Wellness Handbook: Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program

Now available in print. For more information, see: <http://www.teamnutrition.usda.gov/Resources/nutritionandwellness.html>

Prevention Means Business, a new infographic produced by the Public Health Institute in partnership with the American Public Health Association, graphically illustrates the connection between healthy places and thriving businesses. Access the infographic here:
<http://www.phi.org/resources/?resource=prevention-means-business>



This Land Is Our Land discusses the legal and policy issues involved in transforming public property into active public space. Go to:
<http://changelabsolutions.org/publications/public-land-primer>



- Research

Perceived Weight Discrimination and Obesity

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0070048>

- Recommended Reading and Viewing

Let's Remember What SNAP Is For

With the uncertainties around the Farm Bill reauthorization, it might be a good time to remember what SNAP was designed to do and what it was designed to prevent.

<http://www.offthechartsblog.org/lets-remember-what-snap-is-for/>

Federal Plain Language Guidelines can be helpful when writing health information for the public. An outline that allows the reader to jump to specific content can be found at:

<http://www.plainlanguage.gov/howto/guidelines/FederalPLGuidelines/TOC.cfm>

What Does an Item with 200 Calories Look Like?

Based on the pictures, which would you eat?

<http://www.wisegeek.com/what-does-200-calories-look-like.htm>

Study on Fat Deposition

"Although the common mantra is that a calorie is a calorie and 3,500 extra calories eaten equals a pound of fat on the body, that is not what happens in real life, [the researcher] found."

Quote from: <http://www.nytimes.com/2013/07/19/health/overweight-maybe-you-really-can-blame-your-metabolism.html>

Abstract: <http://www.sciencemag.org/content/341/6143/275.abstract>



Grants and Awards

Institute for Strategic Funding Development Grant Writing Course

Can be contacted to put on a grant writing class in Hawaii.

More information: <http://www.isfdonline.com/programs-and-services>

Johns Hopkins Global Center on Childhood Obesity

The NIH-funded Johns Hopkins Global Center on Childhood Obesity (JHGCCO) is seeking applications for research that focuses on time-sensitive changes in environments or policies that may reduce the prevalence of childhood obesity. Deadline August 5, 2013. Informational Teleconference: July 23, 2013. More information:

http://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-global-center-on-childhood-obesity/opportunities/RFA_july_2013.html

2014 Cancer Control Career Development Award for Primary Care Physicians

This award from The American Cancer Society is for Primary Care Physicians who will pursue academic careers with an emphasis on cancer control. More information:

<http://www.cancer.org/research/applyforaresearchgrant/granttypes/cancer-control-career-development-awards>

Hawaii Community Foundation Calendar (Grant Deadlines)

As one of the oldest community foundations in the country, established in 1916, HCF manages a repository of more than 600 charitable funds that have been set up by generous individuals, families, and businesses across the state to benefit the people of Hawaii. Many grants have deadlines in August 2013. Calendar at:

http://hawaiicomunityfoundation.org/sites/default/files/submissiondeadlines_2013_01.pdf

Atherton Family Foundation

Grant Application Deadline: October 1, 2013

More information: <http://www.athertonfamilyfoundation.org/>.

Cooke Foundation, Limited

Grant Application Deadline: September 3, 2013

More information: <http://www.cookefdn.org/>.



Conferences, Trainings, and Professional Development

Hawaii

Permaculture Design Course

August 5-18, 2013

A 2 week intensive at Green Rows Farm in Waimānalo with site visits to other farms. For more information, go to:

<http://www.transitionoahu.org/85---818-permaculture-design-course-waimanalo.html>

6th Annual Hawai'i Conference on Language Access

Ola Pono - Language Access in the Community Health Setting

Wednesday and Thursday, August 7-8, 2013, 8:00 a.m. to 4:30 p.m.

Hawai'i Imin International Conference Center, East-West Center, Honolulu
Registration is free and limited to 250 attendees. For more information, go to: <http://labor.hawaii.gov/ola/language-access-conference/>

Hawaii Food Policy Council Annual Meeting

Wednesday, August 14, 2013, 6 p.m.

Fresh Café, 831 Queen Street, Kaka'ako

Please join us for the HFPC's Full Council Meeting on August 14, 2013, where we will introduce our advisory and governing boards, and discuss our policy priorities for the coming year.

For more information, go to:

<http://www.hawaiifoodpolicycouncil.org/featured/hfpc-all-council-meeting/>

2013 ARCSA ANNUAL CONFERENCE: Rainwater - The "Alternate" Water Source

August 19-20, 2013, Hawai'i Institute of Geophysics (HIG), Room 210, University of Hawai'i at Mānoa, 2525 Correa Road, Honolulu, HI 96822

For more information or to register, go to: www.arcsa.org

ARCSA Contact: water@interisland.net - (360) 317-4192

Hawai'i-Pacific Evaluation Association (H-PEA) 2013 Conference

September 13, 2013 Ko'olau Ballrooms, 8:30am-5:00 pm

For more information, go to: <http://h-pea.org/>

Online Training

Geographic Information Systems (GIS) and Public Health Training

Available from CDC (Division for Heart Disease and Stroke Prevention)

<http://www.cdc.gov/DHDSP/maps/GISX/training/>

National and International

School Nutrition Association Annual Conference

July 14-17, 2013

Kansas City, MO

For more information, [click here](#).

Association for Commuter Transportation International Conference

July 27 -31, 2013

San Antonio, TX

For more information, [click here](#).

Society for Nutrition Education and Behavior

August 9-12

Portland, OR

For more information, [click here](#).

Reclaiming Vacant Properties Conference

September 9-11, 2013

Philadelphia, PA

For more information, [click here](#).

20th International Congress of Nutrition 2013: Joining Cultures through Nutrition

September 15 – 20, 2013

Granada, Spain

For more information, [click here](#).

Second Annual National Health Impact Assessment Meeting

September 24-26, 2013

Washington, DC

For more information, [click here](#).

13th Annual International Conference on Health Impact Assessment

October 2-4, 2013

Geneva, Switzerland

For more information, [click here](#).

National Recreation and Park Association Congress and Exposition

October 8-10, 2013

Houston TX

For more information, [click here](#).

Evaluation 2013: The State of Evaluation Practice in the Early 21st Century 27th Annual Conference of the American Evaluation Association

October 16-19, 2013

Washington, DC, USA

For more information, [click here](#).

The Food and Nutrition Conference and Expo

October 19-22, 2013

Houston, TX

For more information, [click here](#).

2013 Rail-Volution Conference

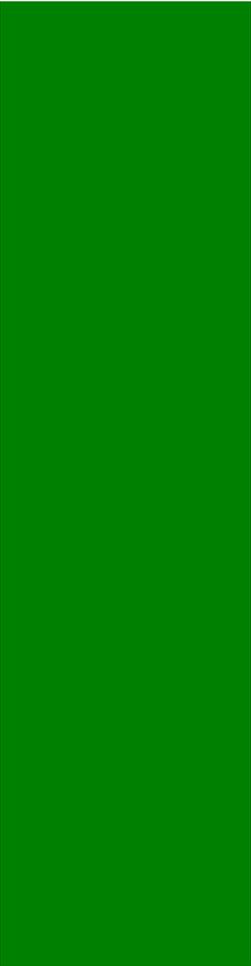
October 20-23, 2013

Seattle, WA

For more information, [click here](#).

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