

ABUSE IS GETTING OLD

By **Scott Spallina**
Deputy Prosecuting Attorney
Elder Abuse Justice Unit and Domestic Violence Misdemeanor Unit Supervisor

They have already raised their children (and in some cases their grandchildren), taught them everything from learning to walk to buying a home. They have helped build Hawaii from a territory to the 50th State. They fought in more foreign wars than any other generation in our nation's history. And they have seen technology progress from black and white televisions to pocket-sized telephones that can "surf the web" and watch movies.

They are the seniors in our community. And everyday, they are being abused physically, financially, emotionally and sexually. Despite this fact,

elder abuse is often ignored, seldom spoken about, and rarely reported.

There are three things everyone needs to know about elder abuse in Hawaii:

- 1) Elder Abuse is happening in Hawaii
- 2) Elder Abuse is happening in Hawaii
- 3) Elder Abuse is happening in Hawaii

It is not a mainland crime. No. Everyday, somewhere in Hawaii, someone over the age of 60 is being abused.

Questions about Elder Abuse

Why are seniors being targeted for crimes? Why are these crimes going unreported? Who are abusing seniors? What are some ways to prevent and combat elder abuse? To answer these questions, one needs to first realize that elder abuse comes in many forms.

The most common type of elder abuse is financial exploitation. Some examples of financial exploitation include forging signatures on checks and cashing them; improperly using power of attorneys; misusing or stealing money or possessions; and

INSIDE THIS ISSUE

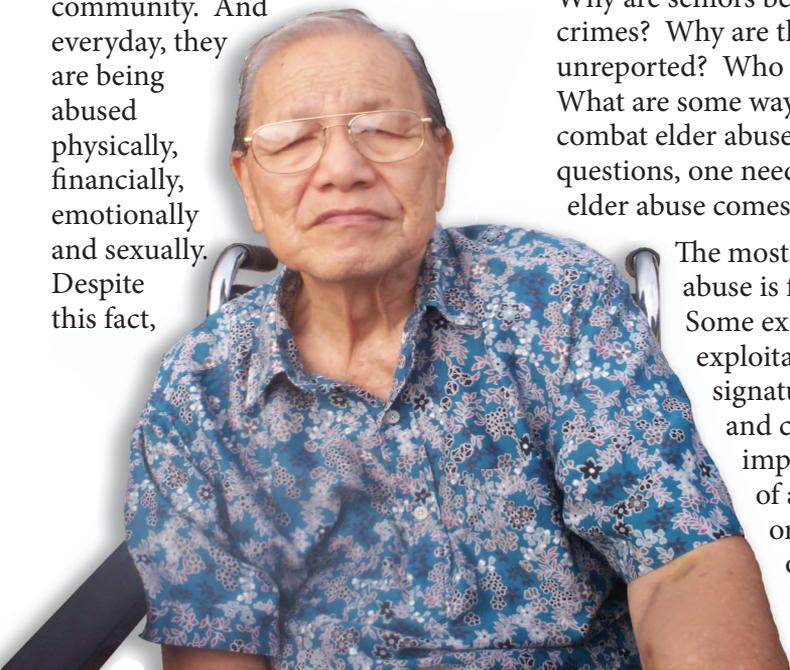
- 1-3 ABUSE IS GETTING OLD
- 4 BITS AND PIECES
- 5 LAWS PROTECTING OLDER PERSONS IN HAWAII
- 6 RAIL TRANSIT WILL BENEFIT ALL
- 7 CALENDAR OF EVENTS

deceiving seniors into signing legal documents – like wills and deeds. Warning signs of financial abuse include: abrupt changes in a will or other documents; unexplained disappearances of valuable possessions; the senior giving expensive gifts to others, unpaid bills despite adequate finances; and missing bank or credit card statements.

Here are two examples of this type of abuse that occurred in Hawaii and handled by the Office of the Prosecuting Attorney's Elder Abuse Justice Unit (EAJU).

Recently widowed, Harry (not his real name) was approached by his adult daughter with an offer to help with doing his bills and other finances. He gave her a General Power of Attorney, a legal document that allows a person to have all the legal rights of another person,

Continued on page 2



Continued from page 1

including having control over their bank accounts, home, car, and trusts and stocks. After several years, Harry began receiving notices that his utility bills were not being paid, even though he had set up automatic payments for these services. To his knowledge, he had over \$200,000 in his bank accounts. It was later discovered that his daughter emptied his bank accounts, including his retirement savings.

Mary (not her real name) hired a company to send caregivers to care for her bed-ridden husband, while she was running errands outside the home. After several months of using this service, Mary discovered that her jewelry was missing from the living room entertainment center where she hid it. When the police were called, they opened an investigation and discovered which one of the caregivers stole the jewelry. The caregiver confessed and returned the jewelry she took from Mary.

Another type of abuse is physical abuse and is defined as inflicting pain or injuries or withholding treatment or medication to the senior so that their disabilities and ailments will cause them pain. Visible signs of physical abuse can be bruising (in various stages of healing), black eyes, bone fractures, open cuts, burns, sprains, and injuries that reflect the outline of an object (belt, hand, rope, etc.). EAJU has seen physical abuse take the form of offenders punching, kicking, stabbing, tackling, pushing, hitting with various objects, and burning older persons.

Betty (not her real name), age 65, was punched multiple times in the face by her adult son, who was upset with her because she did not clean his bathroom to his satisfaction. The assault was so brutal that it fractured a bone in her skull.

In addition to seniors being targeted for financial and physical abuse, they are also the victims of emotional and sexual abuse. Emotional abuse is inflicting mental pain, anguish, or distress through verbal or non-verbal acts. This may involve someone constantly harassing or threatening to harm them. Sexual abuse is defined as non-consensual contact of any kind to another's intimate areas. EAJU has prosecuted cases of sexual abuse where the victims have been subjected to fondling/touching of a senior's breasts and genitals.

Why are seniors targeted for abuse?

To the criminal, a senior citizen is viewed as being weaker and less likely to defend themselves. EAJU has seen an increase in crimes where offenders take advantage of their size and physical strength over a senior and have violently assaulted or robbed them. One case occurred to an elderly woman who was withdrawing money from an ATM machine. A young male approached her from behind, pushed her down to the ground and grabbed her purse and fled. Another case involved an older gentleman waiting at a bus stop when a homeless man approached him and asked what time it was. When the gentleman looked down at his watch, the other man grabbed the backpack the older man had and ran away.

Another reason why seniors are targeted is that they may be suffering from physical or mental disabilities that make them vulnerable to becoming victims of abuse. EAJU and the Honolulu Police Department have seen an increase in crimes involving seniors suffering from dementia or other disabilities that prevented them from defending themselves or even being aware that they were being

victimized. These crimes have ranged from thefts of personal property to sexual assaults.

For property crimes, the elderly are targeted because they have greater access to more assets. In other words, seniors have more stuff. Criminals know this and will target homes in more established or older neighborhoods in search of anything they can throw in the backseat of a car. Criminals will risk going to jail for stealing something small or relatively inexpensive such as pots and pans, an aquarium with a fish, ashtrays of coins, DVDs, and even rubber slippers.

Despite the fact that any one can be the victim of elder abuse and that it occurs frequently and all over the State, this crime is rarely reported. It is estimated that for every case of elder abuse that is brought reported, 25 cases remain unreported. Among the reasons this crime remains hidden is that the victims are either too embarrassed or afraid to admit that they were a victim of a crime.

Imagine a retired individual who was scammed out of thousands of dollars. That person may be reluctant to report the crime if they are afraid their children will try and take over their finances. This fear of losing their independence is worsened if the perpetrator is a family member that the victim relies on for transportation or companionship.

Another reason for these crimes going unreported is if the victim is suffering from a disability that would prevent them from reporting a crime (or even just realizing that they were a victim of a crime). EAJU has prosecuted cases where the victims could not report the cases themselves, but eyewitnesses saw the offense and notified the police.

Continued on page 3



Continued from page 2

Just as there is no one form of elder abuse, or one reason why it is underreported, there is also no one type of person that targets the elderly. In Hawaii, the abusers have included construction workers, doctors, yardmen, accountants, entertainers, homeless, lawyers and hairdressers. If there was one category of people that most victimize seniors, however, it would be their own family members.

Over 60% of elder abuse is committed by those related to their victims.

This fact helps to explain why this crime often goes unreported. Just like domestic violence, it is the family members in elder abuse cases that know how to take advantage of those they are suppose to show love to. The attorneys of EAJU have seen family members commit a wide variety of offense against their older relatives, including stealing money and possessions, hitting them, threatening them, and stabbing them to death.

Elder abuse is a very serious crime and presents many issues that must be addressed in order to effectively combat it. It is for precisely these reasons that the Elder Abuse Justice Unit, a team of senior deputy prosecuting attorneys who are trained in handling the complexities of elder abuse cases, was created two and half years ago. This unit's agenda is to enhance prosecution, awareness, and prevention of elder abuse.

In working towards accomplishing their first goal of enhancing prosecution of elder abuse cases, EAJU has adopted a "vertical prosecution" method of handing criminal cases involving the elderly. Vertical prosecution is when one deputy prosecuting attorney or team handles a criminal case from beginning to end. This results not only understanding all the fine details of the facts involved in

the crime, but also establishing a good rapport and frequent communication with the victims. Another added benefit to vertical prosecution is that criminals are arrested sooner, remain in jail longer, and the cases are resolved in the court system faster.

Vertical prosecution does necessitate, however, the EAJU attorneys be on-call around the clock, seven days a week, including holidays. In other words, when a crime affecting the elderly occurs, the attorneys will find themselves at the police station at all hours of the day or night, reviewing evidence gathered by the detectives, and requesting follow-up investigations from the police to ensure that a criminal prosecution will be successful.

In order to achieve the other two goals of raising awareness and prevention of elder abuse, the attorneys have had to think outside the box and do things that are typically not associated with the role of a deputy prosecuting attorney. For instance, at major events where seniors and caregivers are likely to gather and at various caregiver conferences around the State, attorneys will staff information booths to answer questions and provide information concerning elder abuse and tips on how to prevent becoming a victim.

Additionally, community, church, civic, and business organizations can request speakers to talk on a wide variety of topics relating to elder abuse, whether it is evenings, weekends or during the weekday.

EAJU attorneys also coordinate their efforts with outside agencies, including the City and County of Honolulu's Elderly Affairs Division and the Adult Protective Service program under the State Department of Human Services. The EAJU has conducted trainings to police recruits, bank employees, care home workers, medical students and other first responders to identify the

warning signs that indicate that elder abuse is occurring. The idea is not only to address the various problems elder abuse causes its victims, but to also reduce the severity of the abuse or to prevent it all together.

Elder abuse has to be approached from several different angles. Education as to the different forms it can take, as well as knowing who are targeting seniors, goes a long way towards preventing and combating elder abuse. If one suspects this crime is occurring, and if it is an emergency, call **911**.

If there is only a suspicion of elder abuse, the Adult Protective Services at **832-5115** has a full time staff of investigators and social workers that can investigate suspected incidents of elder abuse. For more information or to request a speaker, contact the Elder Abuse Justice Unit at **768-7536**. 



BITS & PIECES

By Tony Baccay

AGING AND DISABILITY RESOURCE CENTER (ADRC):

Can someone help me get to the doctor's office? Since I'm homebound and no longer able to cook, can meals be delivered to me? What is the difference between Medicare and Medicaid? Who can help care for my elderly mother? If you are caring for an elderly family member or loved one, or if you have questions relating to disability, the ADRC is your one-stop resource for long-term care information and services. We make it easy for you to get answers about aging, disability and caregiving. Call the Honolulu ADRC, a program of the Elderly Affairs Division, City and County of Honolulu, at **643-ADRC (643-2372)**, TTY **643-0889** or **www.HawaiiADRC.org** for answers.

KEEP YOUR INDEPENDENCE!

One out of three elders, 65 years and older, will fall each year! Injuries from falls can result in nursing home care and/or death! 30% to 40% of falls are preventable! Some things you can do:

1. Keep physically strong with proper diet, drinking lots of liquid and proper exercise.
2. Get periodic checkups for health, eyes, hearing etc.
3. Use prescription drugs properly, especially in combination with other drugs, even over-the-counter ones.
4. Use proper lighting, night lights, etc.
5. Clear pathways of obstacles, clutter, etc.
6. Remove loose area rugs and repair bad flooring.

7. Be careful in the bathroom, use grab bars, and assistive devices.
8. Don't RUSH! Take your time, be ready ahead of time.
9. Get a FREE Home Safety Assessment from Project DANA
Call **945-3736** Today!

FURLOUGH FRIDAYS: As part of the City and County of Honolulu, the Elderly Affairs Division will observe the following Furlough Friday schedule for Fiscal Year 2010-2011:

Aug 6 & 27; Sep 3 & 24; Oct 8 & 29;
Nov 12 & 26; Dec 10 & 17; Jan 14 & 28;
Feb 11 & 25; Mar 4 & 18; Apr 15 & 29;
May 13 & 20 and Jun 3 & 24.

KUPUNA EDUCATION CENTER:

Learning and Caring As We All Age: Are you prepared for the Tsunami of Aging? With the explosive growth of Hawaii's senior population being nearly 3 times that of the national average, many aspects of our life will be affected. There will be more demands on services, for more workers and more training. The Kupuna Education Center at Kapi'olani Community College (KCC) wishes to meet the challenges of this Aging Revolution by offering a variety of informative, affordable and practical Elder Care and Elderhood workshops.

Under the **Family Caregiver Training Series**, KCC is offering several workshops designed specifically for family caregivers interested in learning skills for the care of their elderly parents, spouse or relative. These classes include: **Hands-On Skills for Family Caregivers; What Family Caregivers Want & Need to Know; and Dealing With Your Parents' Stuff.**

Under the **Elder Stay @ Home - Home Care Worker Training Series**, curriculum courses offered are:

Elder Pal; Personal Care Assistant; Home Care Assistant; and Dementia and Alzheimer's Disease Training. The curriculum was developed by Arkansas' Schmieding Center for Elder Health and Education and each level builds on the training of the previous level. Upon successful completion of each level of training, students will receive a certificate which may be used to apply at home care agencies or to be hired directly by elders or their families. Family caregivers may be interested in taking the courses to increase their skills in caring for their own family elders.

The **Active Aging Series** addresses training and education to assure Boomers and active retirees remain fit or well in all aspects of their lives. This means being physically, socially, financially, spiritually, nutritionally well and fully capable of participating in our communities. The following courses are offered: **Fall Prevention; Career Transitions for Boomers; and the Boomer Entrepreneur.**

Earn a **Certificate of Competence in Activity Aide** at Kapi'olani Community College. The **Occupational Therapy Assistant Program** offers this excellent opportunity for those working in **Care Homes, Foster Homes, Assisted Living Facilities, Nursing Home, Adult Day Centers and other senior care programs.** Increase your skills and strengthen your marketability in senior care. The Certificate requires two classes: HLTH 118 Therapeutic Interpersonal Skills (3 credits) and OTA 119 Therapeutic Activities (2 credits). For more information, call Carol Paul Watanabe at **734-9227** or Email her at **paulwata@hawaii.edu.**

For course registration, course synopsis, dates, times, or for more information, please call **734-9211** or visit **www.kupunaeducation.com.**



LAWS PROTECTING OLDER PERSONS IN HAWAI'I

By **James H. Pietsch**, Professor of Law and Director, University of Hawaii Elder Law Program (UHELP)

While, unfortunately, there are no specific laws in Hawai'i to address elder abuse, a wide range of laws can be used to protect abused older persons. For example, the Hawai'i Penal Code provides criminal penalties for crimes against all persons in Hawai'i. Much elder abuse can be considered criminal and the prosecutor may often seek enhanced penalties upon conviction if the crime is directed against an older or vulnerable person. If you suspect that a crime has been committed you should call **911**.

A significant number of older persons are disabled and the Hawai'i Disability Rights Center (**949-2922**) may be able to assist certain disabled victims. Many times elder abuse takes the form of violence directed against a family member. Domestic violence organizations such as the Domestic Violence Action Center (**531-3771**) may be able to assist victims who are abused by household members. Also private legal remedies, including actions for breach of contract, and tort and civil fraud may also be pursued.

There are laws that have established governmental agencies to investigate and prevent further abuse against certain members of society who are often older persons. The State of Hawai'i Office of the Long-Term Care Ombudsman (LTCO) has the power to investigate incidents of alleged abuse in long-term care facilities such as nursing homes and care homes. Established by federal and state statutes, its mission is to identify, investigate, and resolve complaints that are made by, or on behalf of residents, and related to action, inaction, or decisions that may adversely affect the health, safety, welfare, and rights of residents of long term care facilities such as nursing homes, adult residential care homes, assisted living facilities, and other long-term care facilities. You can call the LTCO at **586-7268**.

The Medicaid Investigations Division (MID) of the Department of the

Attorney General of the State of Hawai'i has the power to investigate and prosecute alleged incidents of abuse in health care facilities that receive Medicaid funding and many older persons are in such facilities, whether they receive Medicaid assistance or not. The Attorney General also has the authority under the Elder Justice Act to seek damages from institutional caregivers who abuse or neglect their residents. You can contact the MID at **586-1058**.

The Office of the Consumer Protector (OCP) has the authority to protect consumers from unfair and deceptive practices, including practices directed against older persons. The OCP investigates consumer complaints alleging unfair or deceptive trade practices, in a broad range of areas, including advertising, refunds, motor vehicle rentals, door-to-door sales, credit practices. OCP also maintains the Landlord-Tenant information hotline. You can contact the OCP at **587-3222**.

The main system established to address the continuing problem of elder abuse is found in Hawai'i's Adult Protective Services (APS) law. Significant changes to the law took effect on July 1, 2009 and these changes enhance protections available to vulnerable individuals, effectively including many older abused persons. The changes give the Department of Human Services (DHS) the jurisdiction to investigate cases of abuse of a vulnerable adult who has incurred abuse or is in danger of abuse if immediate action is not taken. Certain mandated reporters are required to report cases of abuse of a vulnerable adult who has incurred abuse or is in danger of abuse if immediate action is not taken but anybody can report suspected abuse and the department is required to investigate such reports.

The Adult Services Unit of the DHS takes reports of suspected abuse on behalf of

APS. On O'ahu, you can call **832-5115**. APS is required to investigate reports of alleged abuse against a dependent adult and to take action to prevent abuse. By law, APS is entitled to have access to the allegedly abused vulnerable adult and may seek the assistance of the police to gain access.

If APS cannot resolve the issue through its own intervention, they may ultimately take legal action in the Family Court, which has overall jurisdiction over cases of dependent adult abuse. It should be noted that DHS can only act with the consent of the victim, unless it obtains court authorization to provide necessary services.

Under the new provisions of the law, a "vulnerable adult" means a person eighteen years of age or older who, because of mental, developmental, or physical impairment, is unable to:

- Communicate or make responsible decisions to manage the person's own care or resources;
- Carry out or arrange for essential activities of daily living; or
- Protect oneself from abuse.

Under the new provisions of the law, "abuse" means any of the following, separately or in combination:

- Physical abuse,
- Psychological abuse,
- Sexual abuse,
- Financial exploitation,
- Caregiver neglect, or
- Self-neglect.

While we continue to work on a more comprehensive "elder abuse" law, older persons, their families and their caregivers need to know that there are currently several important resources available to help prevent, to detect, and to intervene in suspected cases of elder abuse. When in doubt you should call one of the agencies mentioned in this article. Please do your part to help protect older persons from neglect, abuse and exploitation. 📞



RAIL TRANSIT WILL BENEFIT ALL

By Kirk Caldwell, Acting Mayor
City & County of Honolulu



This has been a historic summer for the Honolulu Rail Transit Project with the release of the project's Final Environmental Impact Statement (Final EIS).

We are now a giant step closer to breaking ground for this project. The Final EIS addresses the benefits and impacts of the rail project in detail. When the final EIS is accepted by the Governor and the federal agency, we are poised to move forward with rail transit, create jobs and deliver a long-awaited mobility option for commuters and business travelers between West O'ahu and town.

The planned Honolulu Rail Transit Project is a 20-mile elevated rail system connecting East Kapolei with Ala Moana Center in only 42 minutes travel time.

There will be 21 rail stations along the route, in communities such as Waipahu, Pearl City, Aiea, Kalihi,

Chinatown, downtown Honolulu and Kakaako. There are also stations at activity centers such as Pearlridge Center, Aloha Stadium, Honolulu International Airport and Ala Moana Center.

Seniors and those with disabilities already make up 25 percent of our city bus riders. Building a fast, reliable elevated train that travels above traffic congestion will enhance mobility for these two important groups. Even if there is a traffic accident or delay below, the trains will still run on time, arriving every three minutes during rush hour.

But mobility means more than just convenient commuting. Mobility means independence: providing reliable access to doctor's appointments, family, work, shopping and recreational activities without needing to drive.

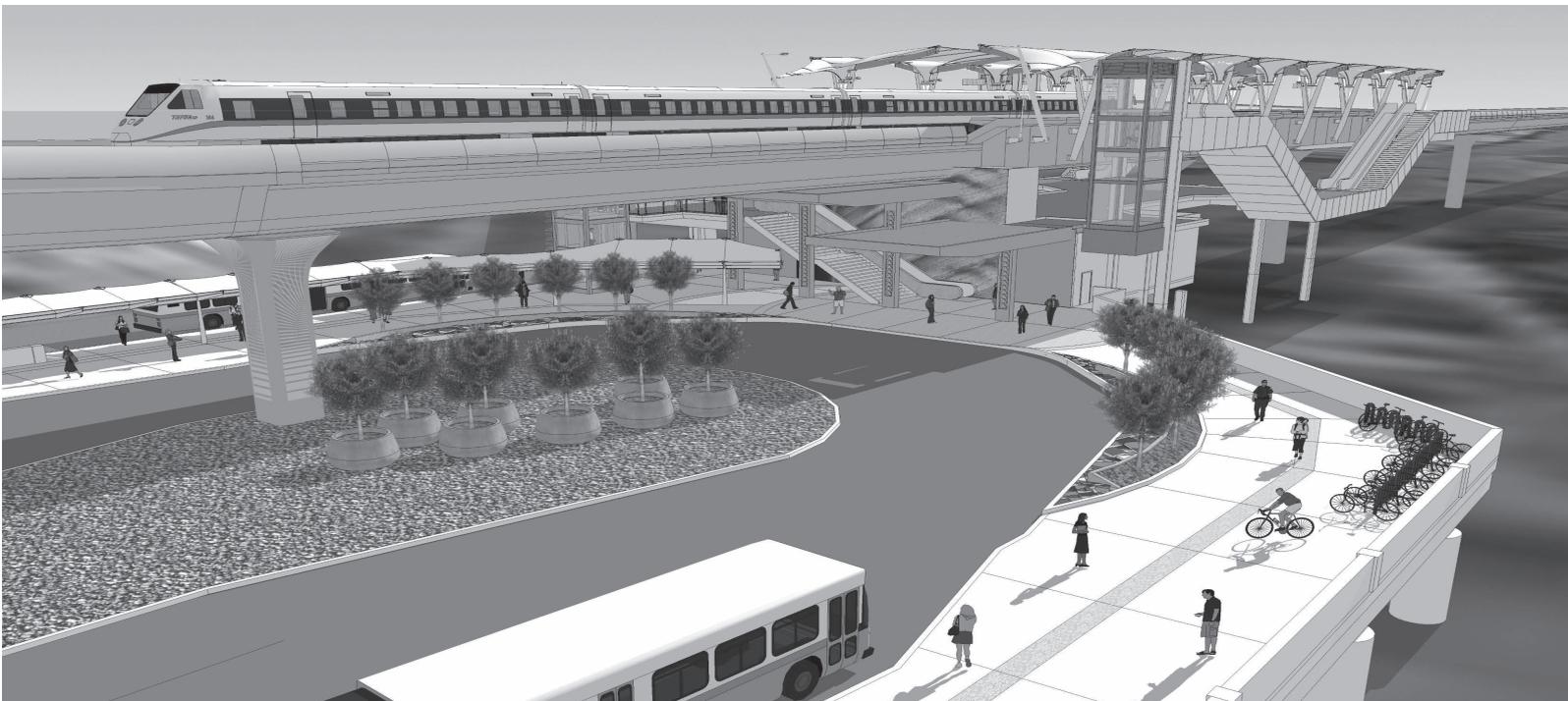
The City has already begun designing the train system and stations to comply with Americans with Disabilities Act (ADA) standards and ensure trains and

train stations are a comfortable and convenient experience for everyone. Escalator and elevator service will be provided to all levels of the elevated train stations. There will also be easy access from the station platform onto the trains, with wide train entrance doors and no steps.

Security cameras will be installed throughout the rail system to monitor our trains, stations and park-and-rides. Emergency buttons will be available around the stations to alert station attendants, and heart defibrillators are being studied for the trains and train stations.

By moving ahead with rail, we are taking a giant step forward to deal with our ever-growing traffic woes. We must think of the bigger picture and ensure mobility around O'ahu.

We ask for your continued support as we move closer to construction of this groundbreaking project that will help shape not only our future, but the future of generations to come. ♻️



CALENDAR OF EVENTS 2010

SEPTEMBER 2010

1 AARP Driver Safety Program: This is the first and most recognized comprehensive nationwide course designed especially for the older driver. This course is presented in a one-day, 4-hour session. There is a \$14 fee for each attendee. A \$2 discount will be given to AARP members who bring in their 10-digit membership card number. A valid driver's license is also required. A Certificate of Completion will be issued to each attendee at completion of the course. Registration is required.

Waikiki Community Center, 923-1802, Wed, Sep 1, 9 a.m. – 1 p.m.
AARP Information Center, 843-1906, Fri, Sep 3, 12 noon – 4 p.m.
Kaiser Hawaii Kai Clinic, 432-2260, Thu, Sep 9, 8:30 a.m. – 12:30 p.m.
Lanaila Multipurpose Senior Center, 847-1322, Fri, Sep 10, 9 a.m. – 1 p.m.
Queen's Medical Center, 537-7117, Sun, Sep 19, 9 a.m. – 1 p.m.
Kaiser Honolulu Clinic, 432-2260, Tue, Sep 28, 12 noon – 4 p.m.

11 33rd Annual Cavalcade of Stars Variety Show, sponsored by the Lions Club of Honolulu, Saturday, Sep 11, 2010, 10 a.m. – 11:30 a.m., McKinley High School Auditorium. Enjoy dancing by The Movement Center and Cambodian Royal Dance Group of Hawaii, music by Jon Osorio, magic tricks by Alan Arita, laughter with Chris the Clown, and comedy with Master of Ceremonies Kaleo Pihanca! Free admission, prizes and refreshments! Parking is available at the Pensacola Street side of the McKinley High School campus ground. Doors will open at 9:15 a.m. for early arrivals.

24 Hawaii Senior Fair – The Good Life Expo! Fri – Sun, Sep 24-26, 8:30 a.m. – 4:30 p.m. The expo showcases relevant and interesting products, services, facilities, programs and organizations in a major three-day event designed especially for the 50-plus community. It will feature over 250 exhibits, live entertainment on 2 stages, flu and pneumonia vaccinations available, seminars and workshops, food, and much more. Admission is free!

28 Living with Parkinson's, presented by Attention Plus Care, Tue, Sep 28, 9 a.m. – 11 a.m. Gain better knowledge on the symptoms and treatments of Parkinson's disease. Learn from a Registered Nurse on how to manage daily activities, mobility, safety, and locate helpful resources. Call **440-9372** for reservations.

OCTOBER 2010

1 AARP Driver Safety Program:

AARP Information Center, 843-1906, Fri, Oct 1, 12 noon – 4 p.m.
Waikiki Community Center, 923-1802, Wed, Oct 6, 9 a.m. – 1 p.m.
Kaiser Waipio Clinic, 432-2260, Sat, Oct 9, 8:30 a.m. – 12:30 p.m.
Kaiser Waipio Clinic, 432-2260, Mon, Oct 25, 8:30 a.m. – 12:30 p.m.

OCTOBER 2010

1 Life, Love, Grief ... and You: A Conference for Professionals and Laypersons, Fri, Oct 1, 8 a.m. – 5 p.m., Koolau Ballrooms and Conference Center, 45-550 Kionaole Road, Kaneohe, Hawaii. Presented by St. Francis Hospice, the conference is designed for those who want to be a caring presence for those who grieve and to learn how to assist them in finding comfort after the loss of a loved one. For more information and registration, please call **547-6883** or **547-8145**.

10 HPGS 2010 Biennial Conference: Preparing for the Aging Tsunami: Hawaii and Pacific Rim Perspectives, Oct 18-19, 2010, 7:30 a.m. – 4:30 p.m., Hilton Hawaiian Village. Listen to keynote speakers who will present "Views from Asia – Aging Policy and Programs in Japan and Korea", "National Aging Policy Agenda", and Innovations in Aging Programs by States", along with concurrent sessions on various topics. Visit www.hpgs.org for information regarding the program and registration.

26 Prevent Falls, presented by Attention Plus Care, Tue, Oct 26, 9 a.m. – 11 a.m. Are you or a loved one at risk for a fall? Falls can change the quality of an elder's life in an instant. A Registered Nurse will provide some simple steps to prevent falls in the home and community. Call **440-9372** for reservations.

NOVEMBER 2010

4 AARP Driver Safety Program:

Waikiki Community Center, 923-1802, Wed, Nov 3, 9 a.m. – 1 p.m.
AARP Information Center, 843-1906, Fri, Nov 5, 12 noon – 4 p.m.
Kaiser Waipio Clinic, 432-2260, Mon, Nov 8, 8:30 a.m. – 12:30 p.m.
Kaiser Hawaii Kai Clinic, 432-2260, Sat, Nov 13, 8 a.m. – 12 noon
Kawaiahao Church, 522-1333, Sat, Nov 20, 8:30 a.m. – 1 p.m.
Queen's Medical Center, 537-7117, Sun, Nov 21, 9 a.m. – 1 p.m.
Kaiser Honolulu Clinic, 432-2260, Tue, Nov 23, 12 noon – 4 p.m.

16 Diabetes Care, presented by Attention Plus Care, Tue, Nov 16, 9 a.m. – 11 a.m. Familiarize yourself with treatments and healthy living tips to manage this increasingly common disease. Learn from a Registered Nurse about blood glucose levels, the symptoms of hypo- and hyperglycemia, and how to prevent diabetic emergencies. Call **440-9372** for reservations.

20 Mayor's Craft and Country Fair, Saturday, Nov 20, Blaisdell Exhibition Hall, 8:30 a.m. – 3:00 p.m. Admission is free. Enjoy entertainment, arts and crafts, delicious foods and holiday gifts. ☺



ALOHA PUMEHANA

ELDERLY AFFAIRS DIVISION
715 South King Street, Suite 200
Honolulu, Hawaii 96813
Phone: 768-7705

Elderly Affairs Division is the Area Agency on Aging for Oahu. Our mission is to develop and support opportunities that enable older adults to live their fullest capacity in their own homes and communities.

County Executive on Aging
Elizabeth Bethea

- STAFF -

Aging & Disability Resource Center Coordinator

Budget Analyst
Donghwan Kim

Caregiver Information Specialist
Joel Nakamura

Chief Planner
John Hinkle

Clerk Typists
Melanie Hite, Kelly Yoshimoto

Community Service Aides & Kupuna Care Intakers
Teresa Bright, Roger Clemente,
Donna DeBiasi, Ariel De Jesus,

Barbara Evans, Sharra Feliciano,
Tauamatu Marrero, George Miyamoto,
Susan Tambalo, Carolyn Tellio,
Mona Yamada, Johnell Yamamoto

Community Service Aide Supervisors
Tony Baccay, Ryan Gallardo

Data Coordinator
Carlton Sagara

Grants Managers
May Fujii Foo, Craig Yamaguchi

Information & Assistance Coordinator
Lei Shimizu

Secretary
Alex Blackwell

Senior Service Specialist
Rebecca Drake

ALOHA PUMEHANA is published four times a year to provide the public with information on aging issues and programs. To be placed on the mailing list, please send us your e-mail address or call **768-7700**. Written contributions are welcomed.



Kirk W. Caldwell
Acting Mayor of Honolulu