



**City & County of Honolulu
Department of Parks & Recreation
Backwards Plan**

Program Name: SEL for Summer Fun	Duration: 45 minutes per activity; each activity must be completed within a 1-week period. It is recommended that each activity be conducted on a different day over the period of 1-week. However, if necessary, they may be completed all in one day but it is not recommended. Activities must be done in the sequence provided in the plan below (1-Bingo, 2-Four Corners, 3-Skit or Dance).
District/Park: Various	DPR Staff: Various

STEP 1: IDENTIFY DESIRED RESULTS

Program Outcome (check all that apply)

<p>Health and Wellbeing <i>Increase habits that support healthy minds, bodies, hearts, and spirits.</i></p> <p><input checked="" type="checkbox"/> Engage in healthy habits, fitness, and behaviors</p> <p><input checked="" type="checkbox"/> Engage in positive social interactions</p> <p><input checked="" type="checkbox"/> Promote wellness in others</p>	<p>Sense of Place and Community <i>Increase connection to home, park, and community.</i></p> <p><input type="checkbox"/> Know about the place I live and engage during program.</p> <p><input checked="" type="checkbox"/> Know the host and community names, people, histories, stories, culture, languages, and practices.</p> <p><input checked="" type="checkbox"/> Help take care of my home, park, and community</p>	<p>Leadership</p> <p><input type="checkbox"/> Continue to integrate leadership skills in programs</p>
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Overall Learning Purpose:
To build social emotional learning in participants

Essential Learning:
To learn the Hawaiian value mālama and relate it to oneself

Learning Purpose:
To build and engage social emotional learning into the summer fun participants' everyday lives using the Hawaiian value mālama to connect them with the Hawaiian culture

STEP 2: DETERMINE HOW YOU WILL KNOW

Success Criteria: Active engagement with multiple-way conversations, movement of participants to each other, sharing personal experiences, sharing of what mālama means, sharing why mālama is important

STEP 3: PLAN ACTIVITY

Session 1

Duration: 45 minutes

Activity Description: Mālama BINGO

Activity Outline/Steps:

1. Welcome (10 minutes)

Explain what the Hawaiian Value mālama is and why it is important to know this value.

Talk with the participants about:

- WHAT the word is.
- WHY the word is important.
- WHAT the Hawaiian proverb is.
- WHAT makes this value important.

Encourage participants to take part in sharing out personal reasons on why this is important.

Explain that summer fun is a safe space, and anything said will remain in the room, unless it is life threatening.

2. BINGO (25 minutes)

Hand out the bingo sheets and writing utensils to the participants. Instruct participants not to touch the sheet or utensil during your directions.

Explain that they need to go to other participants to find someone that has done any activity in one of the spaces on the bingo sheet. The person that they find will need to initial in the space on the bingo sheet.

Instruct participants to continue to find others until all the spaces on their bingo sheet have initials. They are not allowed to have 1 person initial 2 or more spaces. Each space is for 1 person only.

Demonstrate the activity.

Remind participants to walk and hold writing utensils properly to ensure safety of all participants.

Ask junior leaders to assist participants as needed. If no junior leaders are present, you will need to assist participants complete this activity.

Give participants 20 mins to complete this activity.

3. Reflection (10 minutes)

Tell participants to read through the bingo sheet and ask them if there is any box that relates to them the most.

Ask 5 – 7 participants to share why that box stood out to them.

Tell participants to keep their bingo sheet and encourage them to talk with their families about the activity.

4. Clean up

Put away writing utensils.

Resources/Materials:

BINGO sheets, writing utensils (crayons, markers, pencils, erasers, etc.)

STEP 2: DETERMINE HOW YOU WILL KNOW

Success Criteria: Completed worksheets, identifying what mālama looks like to them, identifying how they implement mālama in their daily life, identifying how they can implement mālama more/differently in their life, sharing of their completed worksheet with group

STEP 3: PLAN ACTIVITY

Session 2

Duration: 45 minutes

Activity Description: Four Corners

Activity Outline/Steps:

1. Welcome (10 minutes)

Recap the Hawaiian Value mālama.

Talk with the participants about:

- WHAT the word is.
- WHY the word is important.
- WHAT makes this value important.

Ask participants to give examples of how they mālama.

2. Four Corners (25 minutes)

Hand out the Four Corners worksheets to the participants. Instruct participants not to touch the sheet during your directions.

Explain the worksheet and read each of the questions on the corners on the worksheet.

Instruct participants to write in the Hawaiian and English words in the circle in the middle of the worksheet, and to draw and/or fill in the four corners of the worksheet.

Show a sample of a completed worksheet and keep it posted so the participants can use it as reference.

Distribute drawing utensils and encourage participants to be creative.

Ask junior leaders to assist participants as needed. If no junior leaders are present, you will need to assist participants complete this activity.

Give participants 20 minutes to complete this activity.

3. Reflection (10 minutes)

Ask 3 – 5 participants to hold up their completed worksheet and share with the group.

Tell participants to keep their worksheet and encourage them to talk with their families about the activity.

4. Clean up

Put away drawing utensils.

Resources/Materials:

Four Corners worksheets, drawing utensils (crayons, markers, colored pencils, pencils, erasers, etc.)

STEP 2: DETERMINE HOW YOU WILL KNOW

Success Criteria: Active engagement with social multiple-way conversations, coming to an agreement of what mālama means within their small group, creating a relevant skit to share the meaning of mālama within their small group, sharing performance of skit/dance with larger group

STEP 3: PLAN ACTIVITY

Session 3

Duration: 45 minutes

Activity Description: Mālama skit or dance

Activity Outline/Steps:

1. Welcome (5 minutes)

Recap the Hawaiian Value mālama.

Talk with the participants about:

- WHAT the word is.
- WHY the word is important.
- WHAT makes this value important.

Ask participants to give examples of how they mālama.

2. Mālama skit or dance (30 minutes)

Explain to participants that they will need to create a 1-minute skit or dance that explains mālama (including the proverb).

Separate participants into smaller groups (about 4 – 5 per group).

Instruct participants to brainstorm ideas, be creative, decide as a group what to do, and then practice.

Remind participants to be safe during this activity (no running, handstands, etc.) to ensure safety of all participants.

Allow participants to use the music players and speakers with supervision.

Ask junior leaders to assist participants as needed. If no junior leaders are present, you will need to assist participants complete this activity.

Give participants 20 minutes to complete this activity.

3. Reflection (10 minutes)

Ask each group to perform their 1-minute skit or dance with the group and share how they mālama.

Encourage participants to talk with their families about the activity.

4. Clean up

Turn off and put away music players and speakers.

Resources/Materials:

Portable speakers, music players (mp3 player, CD player, phone, etc.)