



OFFICE OF THE MAYOR  
CITY AND COUNTY OF HONOLULU



**MAYOR'S MESSAGE**

The "Fire Fighter's Safety and Health Guide" is published by the Honolulu Fire Department for the use by the fire department on all of the Hawaiian Islands. I hope you realize the importance of the messages in the guide and learn them well.

Each of us should be prepared for a fire or medical emergency. We start by practicing safety measures both to prevent fires and emergencies. We continue by learning the proper action to take if a fire starts or if someone is injured in our home, classroom or workplace.

I encourage each of you to draw a fire escape plan for your home. Such a plan is very important and has saved local families from being trapped in their homes.

No one wants to be in a burning building full of smoke or have a medical emergency, but if this happens to you, this activity book will teach you what to do.

JEREMY HARRIS, Mayor  
City and County of Honolulu



**A MESSAGE FROM FIRE CHIEF ATTILIO K. LEONARDI**

I hope that you learn the important messages in the "Fire Fighter's Safety and Health Guide."

Everyone should be prepared in case of a fire. Start by learning how to prevent fires. Then learn the proper action to take if a fire starts in your home or classroom.

Each of you should draw a fire escape plan for your home. Fire escape plans are very important, and having a plan has saved your friends and neighbors from being trapped in their homes.

During an emergency every second is important, so it is important for you to remember the guidelines in the "Fire Fighter's Safety and Health Guide."

My warmest aloha to all of you. Please have a safe year.

ATTILIO K. LEONARDI, Fire Chief  
Honolulu Fire Department



# A MESSAGE TO TEACHERS, STUDENTS & PARENTS



Hi! I'm Sparky, the Safety Mascot for the Fire Department. I was given to the Fire Department as a gift from all of the children in Hawaii.

**DEAR TEACHERS:**

Please look over the work that your students have done and discuss fire and health safety with your class. Through your efforts lives have been saved because people were prepared to handle emergencies. We appreciate all you do to help our children be prepared for emergencies.

Mahalo nui loa,  
SPARKY

**DEAR STUDENTS:**

Fire and sickness can be very scary if you aren't prepared for an emergency. This activity book can help you and your family be prepared for emergencies. You and your parents should work on these activities together, and when you're done, turn it in to your teacher.

Work hard and have fun!  
Love,  
SPARKY

**DEAR PARENTS:**

It is important that children of all ages are aware of fire and health safety. Please help your child complete this activity book and talk about fire preparedness and a safe meeting place with your whole family. Activity books should then be signed by you and returned to school.

Mahalo nui loa,  
SPARKY



Eric Nishimoto



Mrs. Joan Tamori

# HI KIDS!

Find 5 pieces of Fire Fighting equipment: Axe, Ladder, Fire hose, Fire Extinguisher and Helmet.



**PARENT AND TEACHER HINT:** What are the pieces of equipment used for? Besides fighting fires, fire fighters must also learn first aid for medical emergencies, mountain and sea rescue techniques, forcible entry techniques for locked buildings and vehicles, salvage operations (saving undamaged property) and overhaul operations (cleaning up after a fire).

# CIRCLE THE PICTURE THAT IS THE SAME SIZE AND SHAPE AS THE FIRST.



		A	B	C	D
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

# "FIRE DRILLS: THE GREAT ESCAPE!"

Lincoln Elementary School, Oahu

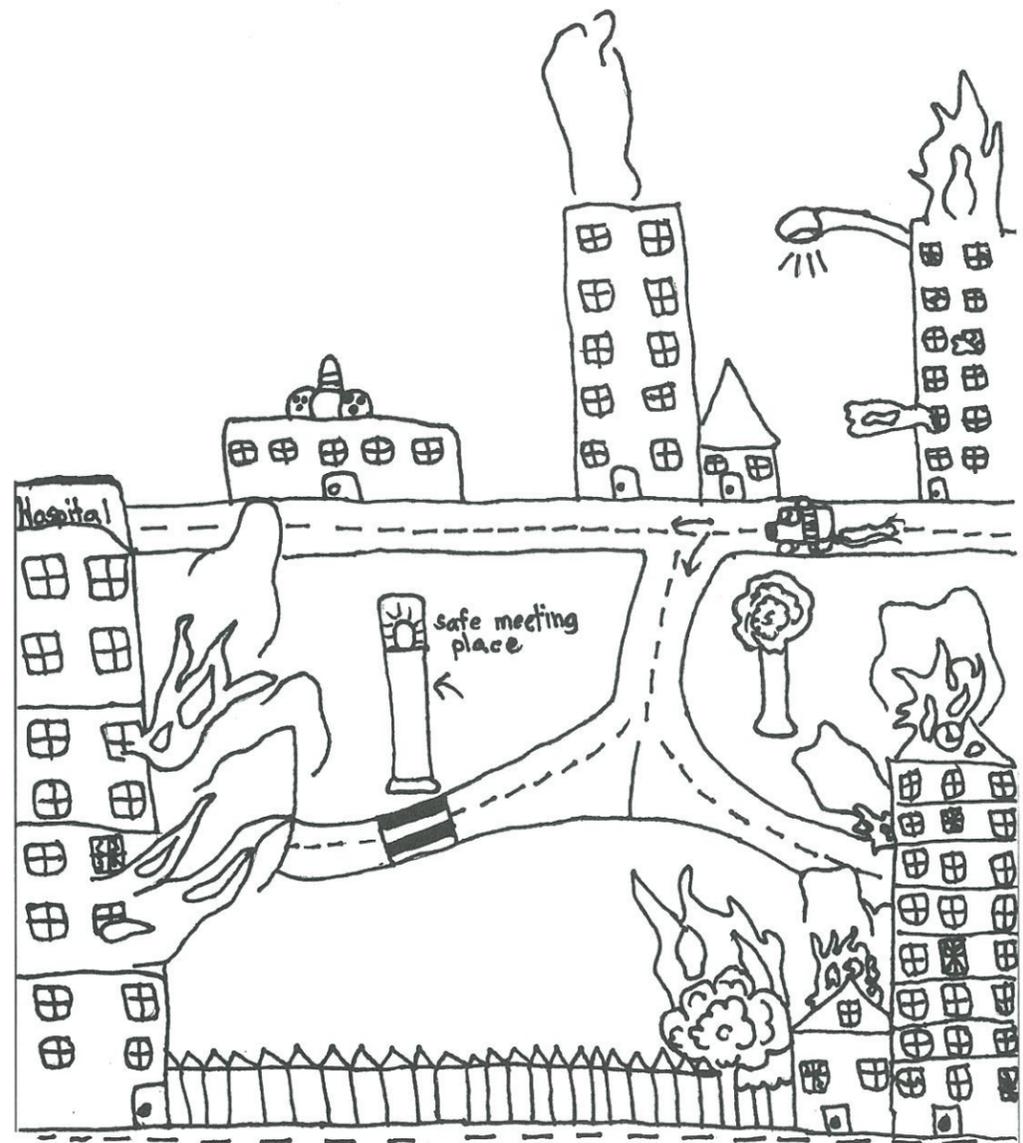


Marlon Flores



Evelyn Akai

Call 911



**PARENT AND TEACHER HINT:** What is a good "safe meeting place?" One that is far away enough to protect your family if the whole structure is on fire. A landmark like a neighbor's mailbox, street corner, or utility pole would be ideal. It can be on either side of the street, depending on the situation of each home.

Kealakehe Elementary School, Hawaii



Dominic Hong & Drew Lincoln



Shelia McNeal

# "FIRE DRILLS: THE GREAT ESCAPE!"



**PARENT AND TEACHER HINT:** Why should I meet if I'm already safe? So your parents know you are safe. Fire fighters have entered unsafe burning buildings looking for children who escaped and went to play at a friend's house without telling their parents.



THERE ARE 30 FIRE SAFETY WORDS HIDDEN IN THE PUZZLE. FIND THEM AND CIRCLE THEM.

**HINT:**  
WORDS MAY BE WRITTEN DIAGONALLY OR BACKWARDS TOO!

S P A R K Y Y U I O P L K J H E  
 K A K C U R T E R I N F Y T C F X  
 S C M A S K H U J N G F W O Q T  
 C F R E J F G Y H B Q L U O H I  
 O P L K H O S E D S A A X K V N  
 S A F E T Y G U I D E M G I Y G  
 A D D R E S S K N R F M Q N N U  
 N G F W A Q Z S E C F A W G F I  
 F I R E S A F E T Y A B L K J S  
 D S A Z X C U S N M L Y T S H E  
 E 9 1 1 G T Y C U J I E F T A E  
 E C S E R I W A Y H L D O D R R U  
 A Y N Q L D H P A M Y O L O O U  
 X Q W L R T Y E I O B O K J L G  
 E A I X C V B E N O H P T G L R Z  
 S R F G T C R A W L G F W A Q Z  
 D F I R E F I G H T E R S R H Y  
 M E E T I N G P L A C E X E V B  
 K W A T E R R D E S C F G S Y H  
 R O T C E T E D N T F R Q C N G  
 H A Z A R D Z S E O F R W U F S  
 O E K O M S T Y U P O R D E T H  
 S T A Y L O W D N M K V Y O G F

**FIRE SAFETY WORD LIST:**

- |            |               |              |               |             |
|------------|---------------|--------------|---------------|-------------|
| FIRE TRUCK | SAFETY GUIDE  | BOOTS        | RESCUE        | FAMILY      |
| HOSE       | AXE           | STAY LOW     | ROLL          | ESCAPE      |
| MASK       | 911           | DROP         | PHONE         | STOP        |
| ADDRESS    | FIRE FIGHTERS | COOKING      | MEETING PLACE | FIRE SAFETY |
| SPARKY     | CRAWL         | EXTINGUISHER | DETECTOR      | WIRES       |
| DRILL      | HAZARD        | WATER        | FLAMMABLE     | SMOKE       |

**TEST DETECTOR FOR LIFE**



SMOKE KILLS!

Crawl UNDER smoke



**A. USE THIS WORD LIST TO COMPLETE THE FOLLOWING SENTENCES**

- Year      Beep      Month      Smoke Detector
- Every home should have a \_\_\_\_\_.
  - The sound a smoke detector makes is \_\_\_\_\_.
  - Smoke detectors should be tested at least once a \_\_\_\_\_.
  - Batteries should be replaced once a \_\_\_\_\_.

**B. FILL IN THE MISSING LETTERS BELOW TO BREAK THE CODE AND UNCOVER A MESSAGE ABOUT WHAT YOU SHOULD DO IN A SMOKE FILLED ROOM.**

SMOK \_ \_ ONTAINS POISONOUS G \_ S AND IS THE MOST HA \_ MFUL PAR \_ OF FIRE. IF A \_ IRE \_ TARTS, Y \_ U HAVE ON \_ Y A FEW \_ INUTES TO ESCAPE. IF YO \_ ARE TRAPPED IN A ROOM, OPEN A \_ INDOW, \_ EEP CLOSE TO IT AND SI \_ NAL FOR HELP \_ Y WAVING A PIECE OF CLOTHING AND \_ ELLING.

2 4 3 12 9      15 1 9 8 12      7 10 8 13 1  
 5 8      14 1 5      8 11 5  
 7 3 6 1 9 16



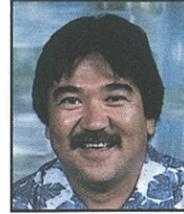
ANSWERS:  
 1. SMOKE DETECTOR  
 2. BEEP  
 3. MONTH  
 4. YEAR

# YOU'RE AT HOME, AND YOU SEE A HOUSE BURNING, WHAT WOULD YOU DO?

Kalaheo Elementary School, Kauai



Brandee Matsushima



Mr. Clyde Hashimoto

YOU'RE AT HOME, AND YOU SEE A HOUSE BURNING, WHAT WOULD YOU DO?

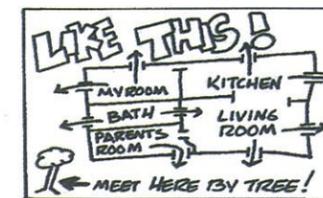
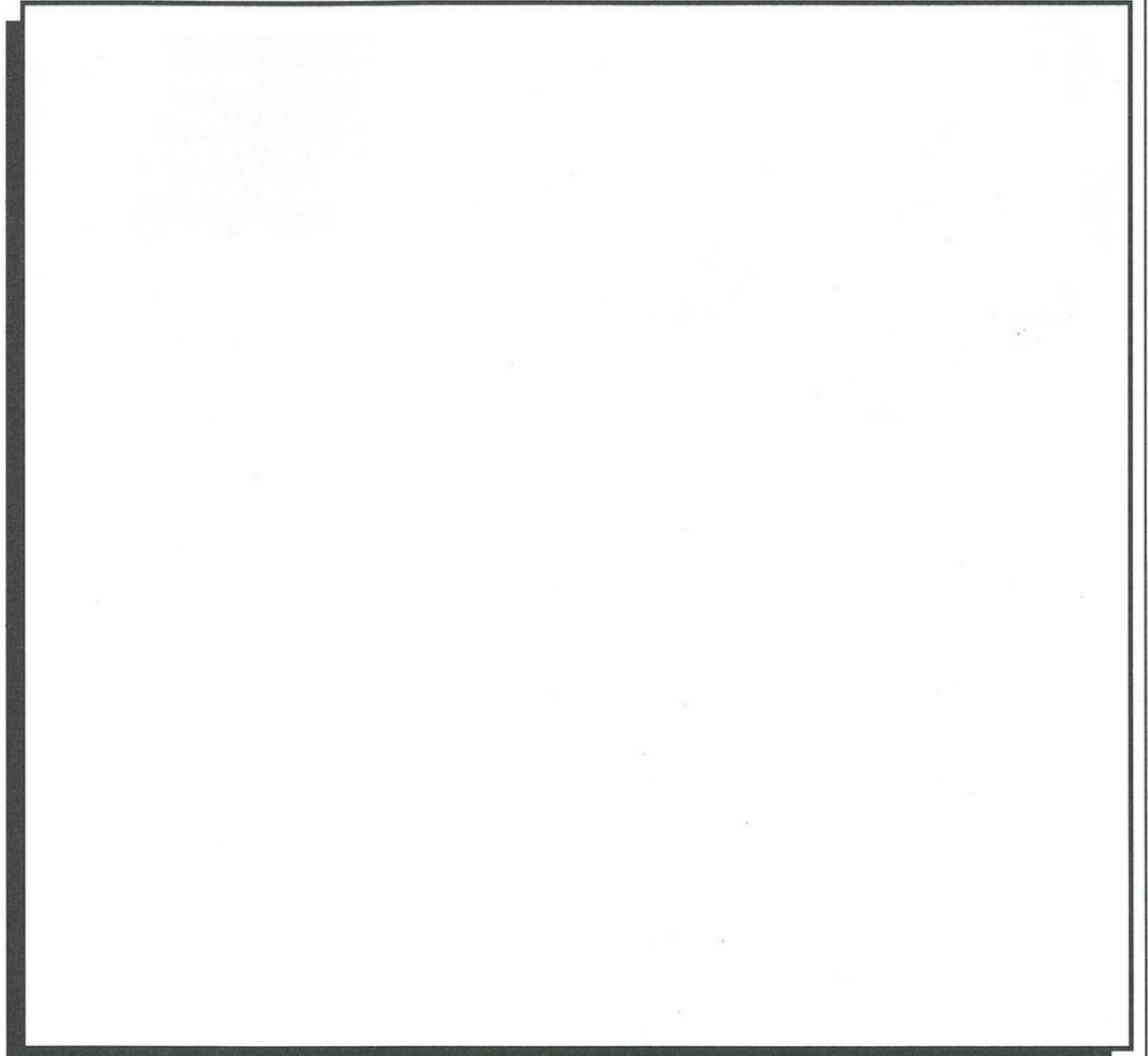


PARENT AND TEACHER HINT: DIAL 911. Then tell the operator the location or address of what is burning.

**PARENT AND TEACHER HINT:** DIAL 911. Then tell the operator the location or address of what is burning.



# PLAN YOUR ESCAPE ROUTE!!



**PARENT HINT:** DISCUSS YOUR SAFE MEETING PLACE WITH THE **WHOLE** FAMILY.

**PARENT AND TEACHER HINT:** Parents should help their children draw an escape plan. An escape plan is good only if the whole family knows the same plan.

## SCRAMBLED WORDS

Re-arrange the scrambled letters below to form words naming 5 pieces of safety gear that help to prevent injuries while doing the things we all enjoy...like rollerblading, bicycling, skateboarding or riding a scooter.

METHEL

--	--	--	--	--	--	--	--

TWIRS

--	--	--	--	--	--

SUGARD

--	--	--	--	--	--	--	--

WOBLE

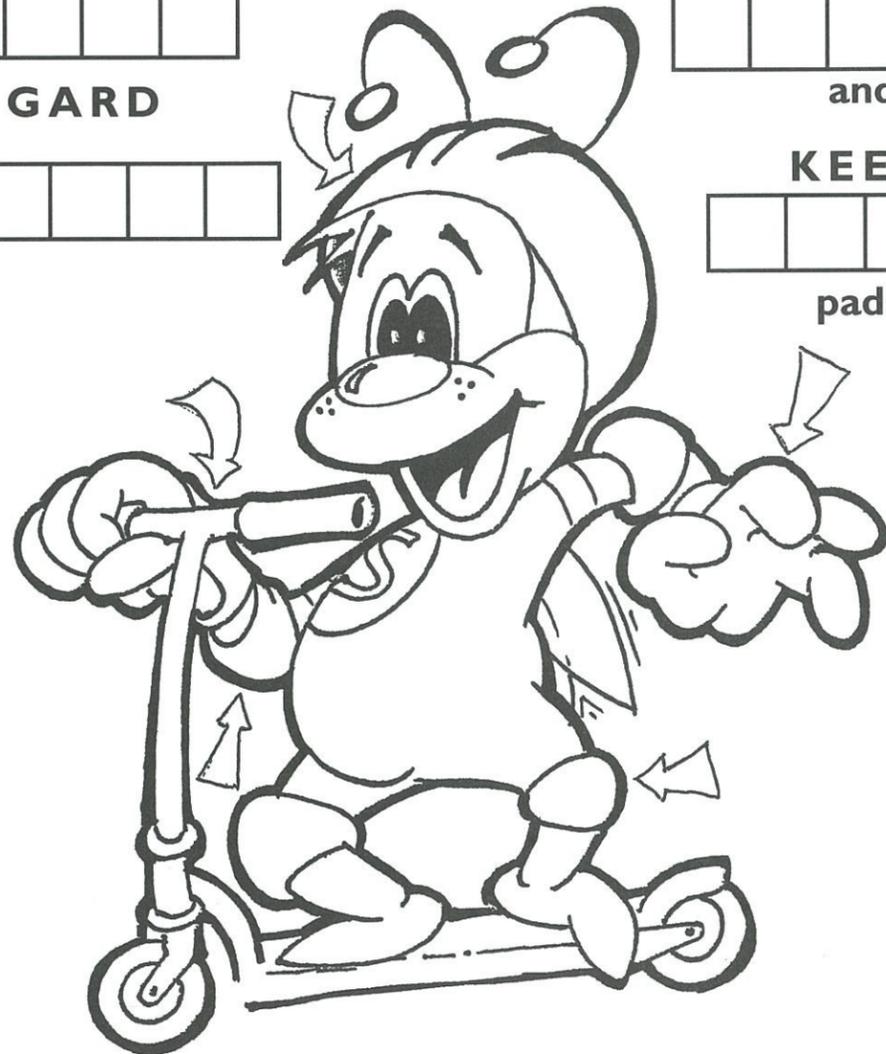
--	--	--	--	--	--

and

KEEN

--	--	--	--

pads



VOGLES

--	--	--	--	--	--	--	--

## FIRE SAFETY CHECK-UP...

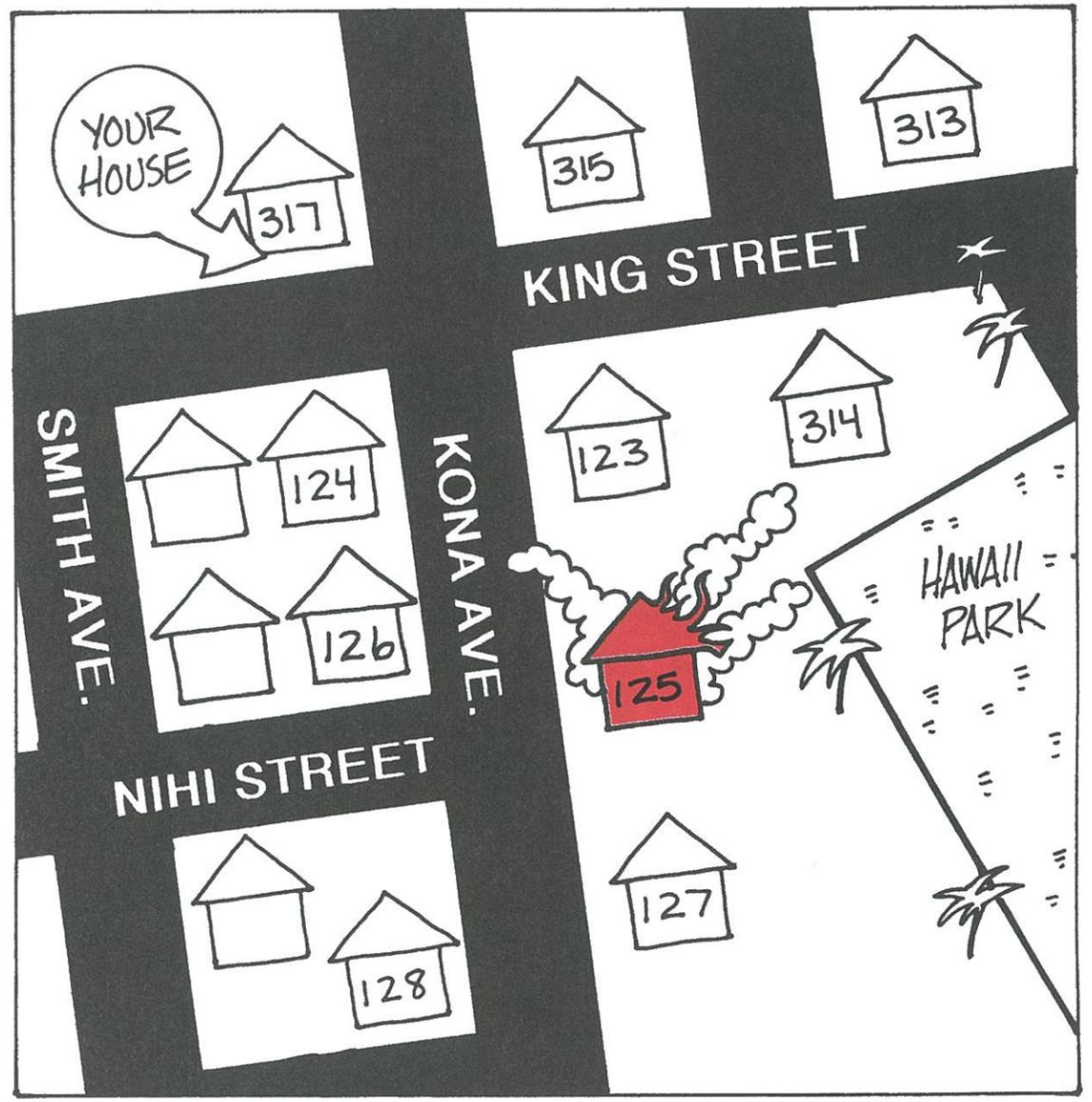
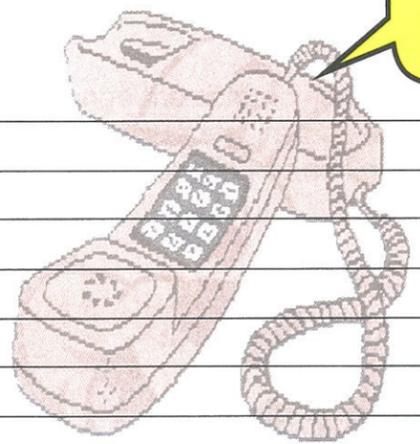
UNSCRAMBLE THE LETTERS TO FIND THE CORRECT ANSWERS. THEN FILL IN THE BLANKS.



- NALESDH 1. WHEN POTS ARE ON THE STOVE, THE \_\_\_\_\_ SHOULD BE TURNED INWARD SO THEY CAN'T BE BUMPED.
- DILIGNUB 2. NEVER GO BACK INTO A BURNING \_\_\_\_\_. NOT EVEN FOR A PET.
- GULPS 3. ARE ALL OF YOUR ELECTRICAL WIRES IN GOOD CONDITION? BROKEN OR WORN \_\_\_\_\_ CAN BE DANGEROUS.
- EEMNTGI 4. DOES YOUR FAMILY HAVE A FIRE ESCAPE PLAN? MAKE SURE THAT YOU HAVE TWO WAYS OUT AND A SAFE \_\_\_\_\_ PLACE.
- ASEV 5. SMOKE DETECTORS \_\_\_\_\_ LIVES.

**PARENT AND TEACHER HINT:** The information above is to assist families and teachers in reviewing fire safety precautions in homes and schools.

You're at home and you see a house burning. What would you do?



# Cover the bases & STRIKE OUT FIRE



To report a fire or an Emergency, dial...

**911** Don't Stall  
**Call**

- Tell the Fire Fighter:
1. What is burning, and
  2. Your address or location of fire.

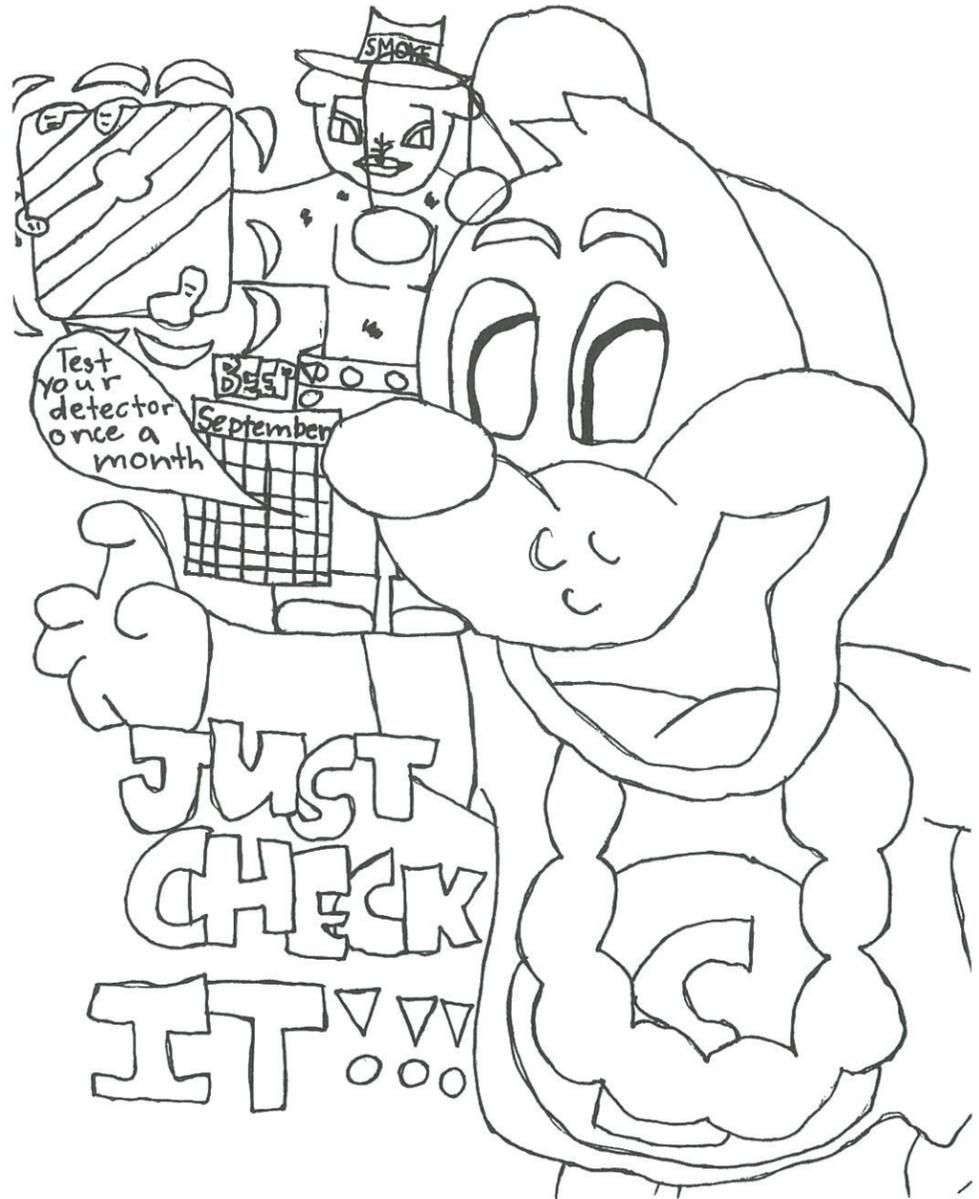


Kevin Pascual



Jensen Hirayama

**SMOKE DETECTORS  
INCREASE YOUR  
CHANCES OF GETTING OUT  
IN CASE OF A FIRE!!!**



Test your detector once a month

BEST  
September

**JUST  
CHECK  
IT!!!**

**A. USE THIS WORD LIST TO COMPLETE THE FOLLOWING SENTENCES**

Year      Beep      Week      Smoke Detector

1. Every home should have a \_\_\_\_\_.
2. The sound a smoke detector makes is \_\_\_\_\_.
3. Smoke detectors should be tested at least once a \_\_\_\_\_.
4. Batteries should be replaced once a \_\_\_\_\_.

ANSWERS:  
1. SMOKE DETECTOR  
2. BEEP  
3. WEEK  
4. YEAR



**PARENT AND TEACHER  
KEY INFORMATION**

1. **THE KICKOFF IN SEPTEMBER 2002**  
Your local fire department will deliver the "Fire Fighter's Safety and Health Guide" (FFSHG) to all public and private elementary school offices. The school offices will then distribute the proper number of FFSHG's to each classroom.
2. **REVIEWING THE FFSHG IN OCTOBER 2002**
  - A. The teachers should give one FFSHG to each student with instructions on how to complete the guide.
  - B. Teachers and students are encouraged to review the guide as soon as it is given to the students. After the review, the guide should then be taken home.
3. **COMPLETING THE FFSHG IN OCTOBER 2002**  
Students and parents should complete the FFSHG together. Then the FFSHG's should be returned to the teachers no later than October 28, 2002. (Oahu only).  
**PARENTS SHOULD:**
  - A. Assist children in working on the safety and health guides and in developing home fire safety escape plans.
  - B. Sign the safety guide and return them to their children's teachers no later than October 28, 2002, (Oahu only).**TEACHERS SHOULD:**
  - A. Review the completed guides with their students.
  - B. Select the student who has the best FFSHG in each class to be eligible for the student grand prize drawing. **Note:** Selection of the student should be based upon completeness, neatness, and correct answers. The name of the selected student and other information should be entered on the student grand prize information form and other information should be entered on the student grand prize information form provided on the back page.
  - C. Fill out the teacher grand prize information form only if class participation requirements are attained (ninety percent or better).
  - D. Submit one completed student grand prize information form for each class and your teacher grand prize information form, if applicable (see C. above), to the school office no later than November 4, 2002, (Oahu only). Your local fire department will pick up the forms and deliver the incentive coupon books.
4. **DELIVERY OF INCENTIVE COUPON BOOKS AND GRAND PRIZE DRAWING FORMS PICK-UP IN NOVEMBER 2002, (Oahu only).** Student incentive coupon books will be delivered to your school office by fire fighters during the week of November 12-15, 2002, (Oahu only). The school staff should distribute the coupon book to all the students who participate in the program. At the same time, the fire fighters will pick up the grand prize information forms from the school's administrative office.
5. **AWARD CEREMONIES SCHEDULE**  
Student and teacher grand prize ceremonies will be held at designated sites in each county. Their schools and fire departments regarding the locations and times of the award ceremonies will contact winning students and teachers. Families and friends please come join us for entertainment, refreshments and especially to congratulate the winners. See you there!  
Oahu: March 22, 2003 at 10:00 am in the Neal Blaisdell Center Concert Hall  
Maui: award ceremony will be announced  
Kauai: award ceremonies will be announced  
Hawaii: award ceremonies will be announced
6. **QUESTIONS?** Questions should be directed to (Oahu only 831-7746, 831-7747) or local fire departments.

PLEASE CUT OUT AND RETURN

# TEACHER GRAND PRIZE INFORMATION FORM

Teacher Name \_\_\_\_\_ Grade/Room \_\_\_\_\_

School: \_\_\_\_\_ School Phone: \_\_\_\_\_

Fill out the teacher grand prize information form only. If class participation requirements are attained (ninety percent or better).

## DATES TO REMEMBER

Contact your local fire department for exact dates.



- SEPTEMBER 2002: FFSHG Kickoff. Guides delivered to schools.
- OCTOBER 2002: Teachers & Students review the guides. Students take guides home as soon as the schools distribute the FFSHG.
- OCTOBER 2002: Parents & Students complete the guides by October 28, 2002.
- NOVEMBER 2002: Incentive coupons are delivered and grand prize drawing forms are picked up during the week of November 12-15.
- MARCH 22, 2003: Oahu — grand prize awards ceremony at the Neal Blaisdell Center Concert Hall at 10 a.m.
- TO BE ANNOUNCED Maui — grand prize awards ceremony.  
Kauai — grand prize awards ceremony.  
Hawaii — grand prize awards ceremony.

PLEASE CUT OUT AND RETURN

# STUDENT GRAND PRIZE INFORMATION FORM

Student Name \_\_\_\_\_ Grade/Room \_\_\_\_\_

School: \_\_\_\_\_ School Phone: \_\_\_\_\_

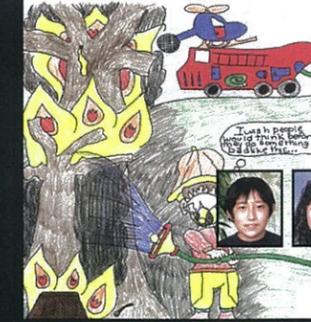
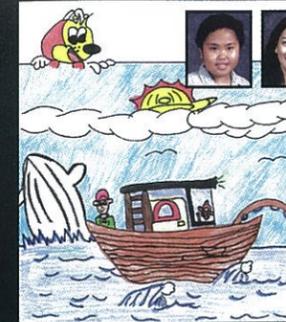
Teacher's Name: \_\_\_\_\_

Class Enrollment: \_\_\_\_\_ Number of Guides Completed \_\_\_\_\_

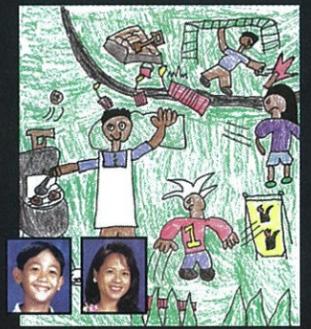
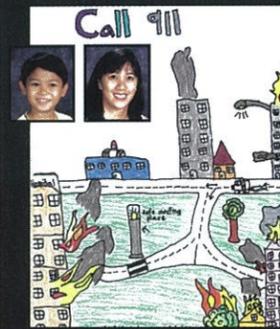
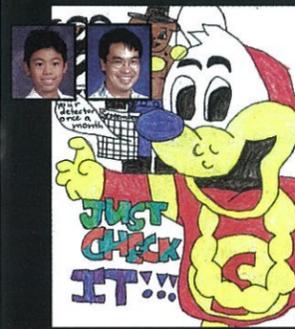
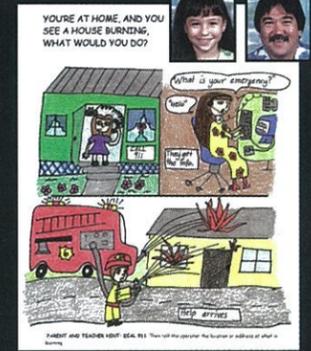
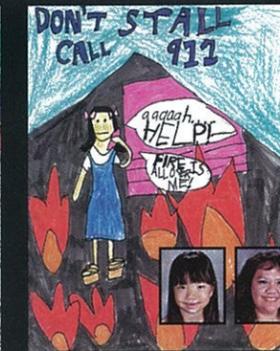
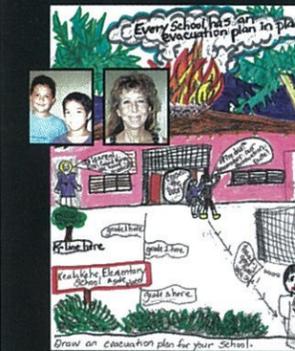
## Congratulations!

This completes the "Fire Fighter's Safety & Health Guide". Soon you will receive a booklet with valuable coupons from the supporters listed below.

### FIRE FIGHTERS SAFETY AND HEALTH GUIDE



### STUDENT ARTISTS 2003



	HAWAIIAN WATERS ADVENTURE PARK	HONOLULU STAR-BULLETIN
JAMBA JUICE	MISSION HOUSES MUSEUM	SENATOR FONG'S PLANTATION & GARDENS
MEADOW GOLD DAIRIES, INC.	WAIMEA FALLS PARK	WAIKIKI AQUARIUM
DOLE PLANTATION	ATLANTIS SUBMARINES	HAWAIIAN SPRINGS WATER
BATTLESHIP MISSOURI MEMORIAL	FUJI	SEA LIFE PARK
USS BOWFIN SUBMARINE MUSEUM & PARK	NAVATEK ROYAL HAWAIIAN CRUISES	HIGH PERFORMANCE KITES
MAUI OCEAN CENTER	MAUI PRINCE KUHIO WHALE WATCH	MAUI SUGAR CANE TRAIN

# Hey, Kids! Congratulations! Here are the GRAND PRIZES!



Honolulu Star-Bulletin



**AT&T (Oahu) - Students and Teachers:** Seven students and seven teachers will each receive an AT&T Beach pack filled with items for outdoor activities.

**ATLANTIS CRUISES - Students and Teachers:** Seven students and seven teachers will receive a free dinner cruise (or seasonal Whale Watch Lunch cruise) aboard Navatek I

**ATLANTIS SUBMARINE - Students and Teachers:** Seven students and seven teachers will receive a submarine tour pass good for 2 people.

**BATTLESHIP MISSOURI - Students and Teachers:** Seven students and seven teachers will receive a one-time admission pass good for four people.

**DOLE - Students and Teachers:** Seven students and seven teachers will each receive a prize pack that includes: Four general passes to the Pineapple Garden Maze, one Dole Plantation T-shirt, one Pineapple Garden Maze poster, one collectible Piney Baby and a box of chocolate covered macadamia nuts.

**FUJIFILM HAWAII - Students:** Seven students to each receive a Fujifilm compact camera. **Teachers:** Seven teachers to each receive a Fujifilm compact camera. Each of the seven teachers will also receive up to 30 Fujifilm ruler/pencil sets for their class.

**HAWAIIAN AIRLINES - Students:** Seven students will each receive an inter island round-trip. **Teachers:** Seven teachers will each receive an inter island round-trip.

**HAWAIIAN SPRINGS NATURAL WATER- Students and Teachers:** Seven students and seven teachers will receive 1 Hawaiian Springs Natural water T-shirt, 1 Bottle Tote Bag and 5 cases of Hawaiian Springs Natural Water. Additionally, the teachers will receive free water for their annual class picnic/function.

**HAWAIIAN WATERS ADVENTURE PARK- Students and Teachers:** Seven students and seven teachers will receive a one-day admission pass into the park.

**HIGH PERFORMANCE KITES (Oahu) - Students:** Seven students will receive their choice of any single-line kite (Value up to \$40) and one Stealth Brain YoYo. **Teachers:** Seven teachers will each receive a high performance LME Sports Kite, flying lines and strap handles and one Stealth Fire YoYo.

**HONOLULU STAR-BULLETIN- Students and Teachers:** Seven students and seven teachers will win a 1-year subscription to the Honolulu Star-Bulletin (Monday to Sunday home delivery).

**JAMBA JUICE- Students and Teachers:** Seven students and seven teachers will put a party in their cup with a Jamba Juice smoothie party. Winners will receive up to thirty - 16 ounce smoothies for their class, prepared and delivered by Jamba Juice team members.

**MEADOW GOLD DAIRIES INC. (Oahu) - Students:** Four students will each receive a years supply of ice cream. (24 half-gallon containers of MEADOW GOLD VERY SPECIAL ICE CREAM) **Teachers:** Four teachers will each receive an ice cream party for their class. (6 half-gallon containers of MEADOW GOLD VERY SPECIAL ICE CREAM)

**SEA LIFE PARK - Student and Teachers:** Seven teachers and seven students will receive a one-time admission pass good for four people.

**U.S.S. BOWFIN SUBMARINE MUSEUM (Oahu) - Students:** Seven students will each receive a complimentary family pass good for one year. **Teachers:** Seven teachers will each receive a complimentary class field trip to the U.S.S. Bowfin Submarine Museum and Park.

**WAIKIKI AQUARIUM - Students:** Seven students will each receive a "Family" membership to the "Friends of the Waikiki Aquarium" for one year. **Teachers:** Seven teachers will receive (2) admit one tickets to visit the Aquarium.

**WAIMEA FALLS PARK - Student and Teachers:** Seven teachers and seven students will receive a one-time admission pass good for four people.

## **MAUI:**

**MAUI OCEAN CENTER - Students:** Seven students will each receive family membership, each covering up to two adults and up to six children (ages 3-18). **Teachers:** Seven teachers will each receive a field trip for their class at the MAUI OCEAN CENTER.

**PRINCE KUHIO MAUI-MOLOKAI SEA CRUISES - Student and Teachers:** Seven students and seven teachers will each receive a free whale watch cruise for two.

**SUGAR CANE TRAIN (Maui) - Students:** Seven students will each receive an annual train ride pass for a family of four. **Teachers:** Seven teachers will each receive a field trip for their class aboard the SUGAR CANE TRAIN.