

*We Add Quality To Life!*

CITY AND COUNTY OF HONOLULU  
DEPARTMENT OF PARKS AND RECREATION

### Therapeutic Recreation Unit

# INCLUSION SERVICES

“AN INVITATION TO INCLUSION”

RECREATION



**IS FOR EVERYONE!**

## For More Information Contact:



### Therapeutic Recreation Unit

*Specialist: Colleen Casey, M.A., TRS*

*Specialist: Debbie Hirata-Humphrey, TRS*

1000 Uluohia Street, Suite 309

Kapolei, Hawai'i 96707

Phone: (808) 768-3027

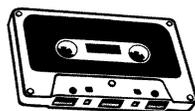
Fax: (808) 768-1917

E-mail: [parks-tru@honolulu.gov](mailto:parks-tru@honolulu.gov)

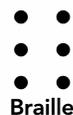
Website: [www.honolulu.gov/parks/programs/trunit.htm](http://www.honolulu.gov/parks/programs/trunit.htm)

### ALTERNATIVE FORMATS

This brochure is available in the following formats: Large Print, Braille, Cassette Tape, Computer Diskette or CD.



Large  
Print



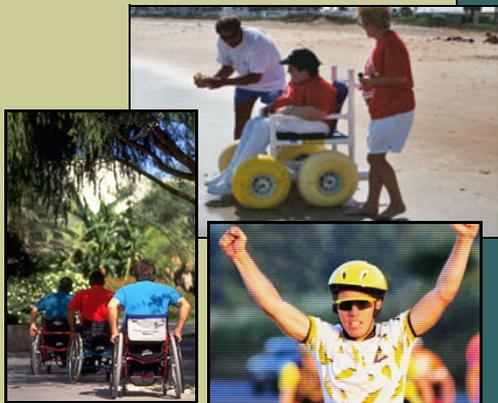
Braille

### Activities Are Accessible



The Department of Parks and Recreation, City and County of Honolulu is committed to making all of its programs and leisure services accessible to everyone, including persons with disabilities. If you have need for reasonable modification, please call your local park or Therapeutic Recreation Unit at (808) 768-3027.

If assistance from Therapeutic Recreation is needed, an assessment will be conducted. A Therapeutic Recreation Specialist (TRS) will call you for more information in addition to setting up a time for observation at school or other appropriate location. An Inclusion Plan will be developed and shared with you and the Recreation Staff at the park. The Therapeutic Recreation Staff will work with you and the Recreation Staff in order to facilitate training and support that will enhance participation to the fullest.



# INCLUSION SERVICES

## WELCOME

The City and County of Honolulu supports the belief that a community with integrity is one which people with and without disabilities recreate, play, and learn together.

The Department of Parks and Recreation offers hundreds of recreational opportunities such as: *Sports, Nature Activities, Swimming, Aerobics, Music, Arts & Crafts, Tiny Tots Activities, Senior Citizen and Active Adult Clubs & Programs, Programs for Adults, Teen, and Pre-Teen Activities, Cultural and Art Programs, After School & Summer Fun Activities for Kids, etc...*



**CIRCLE OF INCLUSION**

Did you know that all these programs are open to all people, including people with disabilities?

## WHAT DOES “INCLUSION” MEAN?



Simply stated “inclusion” means that individuals with disabilities attend the same recreation programs as people without disabilities.



## WHAT SUPPORT SERVICES ARE AVAILABLE?

Reasonable modifications will be made such as:

- Sign Language Interpreters
- Materials in alternate formats such as Braille, Large Print, Cassette Tape, Computer Disk, or CD.
- Assistance with registration
- Adapted equipment, modified rules or procedures
- Positive Behavior Supports
- Support Staff (DPR)
- Accommodations for Non-DPR Support

Personnel to accompany you (*No registration fees will be charged for the companion, however, the participant is responsible for any additional fees for excursions, etc.*)

## HOW DO I REGISTER?

*EXPLORE* the many opportunities with Parks and Recreation. Stop by your local park and pick up one of their flyers and choose one or more activities to try!



Register at the park on the days and times indicated on the program flyer. If you need a Reasonable Modification to register or if the registration period has passed—please call the park..

Request a Reasonable Modification if needed for participation in the program by marking **YES** on the Registration Form and complete the Modification Request Form.

Recreation Staff will work with you to make the Reasonable Modification or refer to Therapeutic Recreation for assistance.