

## DIGITAL TV: KEEPING SENIORS CONNECTED

By *Lei Shimizu, LSW*  
Information & Assistance Coordinator

Since the latter part of 2007 and throughout 2008, the local Federal Communications Commission (FCC) worked with the Elderly Affairs Division (EAD) to inform seniors that television signals were changing from analog to digital in early 2009. The last date for analog transmission for Hawaii residents was January 15, 2009 while the rest of the nation was expected to transition to digital television on February 17, 2009. After that, without a converter box or a cable/direct TV connection, analog televisions would go dark.

Hawaii took the lead as all eyes focused on the January 15th transition day. EAD, as the local Area Agency on

Aging, achieved a cooperative agreement with the FCC supported by funding from the National Telecommunications and Information Administration via the National Association of Area Agencies on Aging to provide a community based effort to support older consumers and their caregivers on how to successfully transition to digital transmission.

EAD and FCC personnel staffed the statewide FCC Call Center in Honolulu advising anxious consumers on whether they needed a converter box, coached individuals on wiring their converters to their analog TV sets, explained the scanning process, and provided “trouble shooting” or sent volunteers to homes to install converter boxes.

Staff also helped callers by completing on-line requests for \$40 coupons from the federal

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government that can be applied to the purchase of a converter box. They also applied for and collected donated coupons and converter boxes for distribution to seniors most in need.

The statewide FCC Call Center officially operated until January 30, 2009. Hawaii residents still needing assistance after this date are being assisted by the local FCC and EAD staff. Donations are still being



**EAD personnel staffing FCC Call Center. (Left to right):** Ariel DeJesus, Donna DeBiasi, Johnell Yamamoto, and Ryan Gallardo.

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accepted for coupons or converter boxes by EAD by calling 768-7700.

Seniors who have yet to make the transition from analog to digital television or who need further assistance with transition may call the EAD Senior Helpline at 768-7700. We have a small supply of coupons that we can mail or deliver to those needing one. We also can provide assistance with guiding callers on transition and with linking seniors with volunteers who can install a converter box for them. ☎

### Family Caregivers: Be Akamai About Healthcare Fraud in Hawaii

Video segments to educate the public about preventing healthcare fraud are scheduled to be broadcast on Channel 55 for Oahu, Kauai, and the Big Island. Maui will set their own schedule. Attached please find a schedule of program topics and broadcast dates. ☎

# HAWAII ANTI-FRAUD CONFERENCE

By Adele Ching, SMP Hawaii

The Executive Office on Aging (EOA), Senior Medicare Patrol (SMP) Hawaii, and the Elderly Affairs Division (EAD) will sponsor *PROTECT DETECT REPORT* Hawaii Anti-Fraud Conference on Saturday, April 25, 2009. The conference will address the issue of seniors as targets of fraud and abuse and will take place at the Hawaii Convention Center from 8 a.m. to 1 p.m.

The Hawaii Anti-Fraud Conference will bring together attorneys, police officers, government officials, and corporate security personnel to share information about different types of fraud such as sweepstakes, lottery and charity scams; financial planning and health care fraud; and Ponzi and pyramid investment schemes. These experts will give seniors tips for

protecting themselves from fraud and provide information on how to report fraud.

The cost to attend the conference will be \$10 for seniors (60 years of age and older) and \$30 for non-seniors. Registration for the conference will begin in March, 2009 and forms will be available at the EOA and EAD as well as at State senior centers and City community parks in mid-March.

For more information, call Adele Ching at 586-7291 or 800-296-9422 toll-free or EAD Senior Helpline at 768-7700. SMP Hawaii, formerly named "SageWatch," is funded by a grant from the U.S. Administration on Aging and is based in the State Executive Office on Aging. ☎

## FAMILY CAREGIVERS: BE AKAMAI ABOUT HEALTHCARE FRAUD IN HAWAII

SERIES TITLE	PROGRAM TITLE	TRT	BROADCAST DATES
<b>Family Caregivers: Be Akamai About Healthcare Fraud in Hawaii</b>  <i>(Local, Non-Credit, Informational Program)</i> <b>Broadcast Days: Wednesdays</b> <b>Broadcast Times: 8:30 PM to 9:00 PM</b> <b>Broadcast Dates: 1/14 - 5/13</b> <b>Channels: Olelo ch. 55, Hoike ch. 55, Na Leo O Hawaii ch. 55</b>  <b>Broadcast Days: Sundays</b> <b>Broadcast Times: 11:00 PM to 11:30 PM</b> <b>Broadcast Dates: 1/18 - 5/10</b> <b>Channels: Olelo ch. 55, Hoike ch. 55, Na Leo O Hawaii ch. 55</b>	SMP Hawaii: "If Your Provider Says..."	0:14:43	1/14, 1/18, 2/18, 2/22, 4/1, 4/5, 5/6, 5/10
	Medical Insurance Fraud	0:14:57	1/21, 1/25, 2/25, 3/1, 4/8, 4/12
	"Healthcare Fraud in Hawaii" with Michael Parish	0:16:29	1/28, 2/1, 3/4, 3/8, 4/15, 4/19
	"Tips for Family Caregivers: How to Spot That Your Family Member is a Scam Target" (AARP Hawaii)	0:16:27	2/4, 2/8, 3/11, 3/15, 4/22, 4/26
	Family Caregiver Role in Prevention and Monitoring	0:30:08	2/11, 2/15, 3/25, 3/29, 4/29, 5/3



# CAREGIVER'S CORNER

By May Fujii Foo

**Caregiver's Conference:** After a one year hiatus, the Elderly Affairs Division (EAD) again partnered with AARP Hawaii to sponsor Caring for Family, Caring for Yourself: A Caregivers Conference held on November 1, 2008 at the Sheraton Waikiki Hotel.

Over 20 sessions on topics helpful to caregivers and family members were offered, ranging from dementia and stroke care, legal and financial issues to long-term planning. In addition to obtaining information about community resources and services from over 40 exhibitors, attendees also participated in self-care activities including lomi lomi, healing touch, and foot and back screenings.

Dr. Bill Thomas, the morning keynote, is an international authority on eldercare and founder of the Eden Alternative, a global non-profit organization that is committed to improving care received by people living in institutions and at home. Dr. Thomas also appears on KGMB's Genius of Aging broadcasts.

The luncheon keynote was delivered by Ms. Jennie Chin Hansen, AARP National President and Senior Fellow at the University of California, who spoke about balancing work responsibilities with caregiving.

During the lunch program, Karen Miyake, EAD County Executive on Aging, presented a congratulatory message from Mayor Mufi Hannemann to Barbara Kim Stanton, AARP Hawaii Director

in celebration of AARP's 50 years of service to people age 50+ and the National Family Caregivers Month.

Program emcee was TV morning news anchor Kirk Matthews, who has been instrumental in initiating KHON's Elderhood Project to provide caregivers with solutions to challenges they face.

**Long Term Care Seminars:** AARP and EAD will be offering seminars dealing with long-term care issues. These seminars are free, but you need to register as space is limited. Call the Senior Helpline 768-7700 for more information.

- Saturday, March 7, 2009 - *Navigating Community Resources for Long-Term Care:* Learn what happens when your loved ones require more care than you can give or afford. Find out how to access services and who pays for what.
- Saturday, June 20, 2009 Kapiolani Community College will be presenting *Practical and Fun Skills for Caregiving.*

- Saturday, August 15, 2009 - *What Do We Do About Mom?* Explore family dynamics in decision making. Learn about finding and providing appropriate care at different stages in caregiving.

- Saturday, October 17, 2009 - *Legal Issues in Caregiving.* An overview of guardianship, power of attorney, living wills and trusts and more.

**2008 Family Caregiving Awards Program:** Project Dana's Caring for the Caregiver Program was recognized for the Support Award category at the Hawaii Family Caregiver Coalition's annual awards program held on December 4, 2008 at the Outrigger Reef Hotel. Kapiolani Community College received the Education Award and The Executive Office on Aging's Policy Advisory Board for Elder Affairs received the Advocacy Award. The individual Family Caregiver Award was presented to Tien Nguyen.

The Hawaii Family Caregiver Coalition was established to develop partnerships to advance a coordinated approach to address the needs of family caregivers. For more information about the coalition, contact Wes Lum at 586-7319 or the Senior Helpline at 768-7700.

**Grandparents Raising Grandchildren: Know Your Options:** Free seminars for grandparents raising grandchildren were held statewide in December. Attorneys from the Legal Aid Society of Hawaii presented topics on visitation rights, power of attorney, child



(Left to right): Karen Miyake, and Barbara Kim Stanton.

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# BITS & PIECES

By Tony Baccay

**Disaster Assistance:** Residences and businesses in the Leeward and North Shore areas sustained heavy damages or losses from the severe storms and flooding that hit Oahu on December 10-16, 2008. Homeowners, renters, and business owners may be eligible for disaster assistance through grants from the Federal Emergency Management Agency (FEMA) and loans from the U.S. Small Business Administration (SBA). Grant funds may be for rental assistance if your home or apartment is uninhabitable because of the disaster. If you're a homeowner, you may use the funds for essential repairs to make your residence safe, sanitary and functional. For more information or to apply for assistance, call 1-800-621-FEMA (3362) between 8 a.m. and 6 p.m. any day of the week or apply online at [www.disasterassistance.gov](http://www.disasterassistance.gov) where valuable information is available.

The SBA helps homeowners and renters, businesses of all sizes, and private nonprofit organizations fund repairs or rebuilding efforts. SBA loans will cover the cost of replacing lost or damaged property, repair or replacement of damaged or destroyed real estate and personal property. For more information, please call the SBA Customer Service Center at 1-800-659-2955 or visit SBA at [www.sba.gov/services/disasterassistance](http://www.sba.gov/services/disasterassistance)

**Hulu Makua:** A Senior Day Care: In traditional Hawaiian culture, when most of the relatives of the parent's

generation were gone, the few that were left were referred to as hulu makua, or "feather parents," and were considered as precious and cherished as feathers. Hulu Makua, located at 1029 Kapahulu Avenue, Suite 408, Honolulu, HI 96816, is a day care with access to a safe and nurturing environment that can enhance a person's quality of life and provide for their physical, mental, and emotional needs. They offer wide range of services including exercise, arts and crafts, computer access/tutorials, resource information, excursions, and other activities. For more information, please call 218-7828.

### *It All Began On December 1, 1941:*

The journey back in history begins at Pearl Harbor Naval Air Station on historic Ford Island in the hangars that survived the Japanese attack on December 1, 1941. The Pacific Aviation Museum Pearl Harbor is a must-visit destination. Located near the Arizona Memorial, Bowfin and the Mighty Mo, the museum's docents will take you on a visual, verbal and often moving tour of vintage aircraft and displays as they share intriguing stories of WWII battles and aviation history. The tour includes: introductory video, guided tour of the Exhibit Hangar, and riveting interactive demonstrations in the Restoration Shop. The museum is open 9 a.m. - 5 p.m. 7 days a week (except Thanksgiving, Christmas, and New Years). For more information and to reserve your tour, call 441-1012.

**Senior Residence at Kapolei:** The Senior Residence at Kapolei is scheduled to open its doors in March, 2009

and consists of 59 one-bedroom apartments located in 13 one-story four and six-plex buildings. Funded by The HUD Section 202 and the Hawaii Rental Housing Trust Fund programs, the complex provides rental housing for those ages 62 years and older. The tenant's portion is based on 30% of their adjusted household income and HUD makes up the rent difference. The owner provides water, sewer and parking and the tenants are responsible for the electricity, telephone, and cable television. In addition, there is a detached resident community center, project office, two laundry rooms and 66 resident and 7 guest parking stalls. For more information on eligibility and criteria, call Management Specialist Company at 949-7611 ext. 157 or 133.

**Is Rail Coming to a Neighborhood Near You?** Do you live or work in the Waipahu area? Are you interested in the plans for Rail and Transit Oriented Development (TOD) surrounding the rail line and stations? Then join the City and County of Honolulu's Departments of Planning and Permitting and Transportation Services at the Waipahu Neighborhood TOD Community Workshop. Join your neighbors, elected officials, City staff and consultants to hear about and have input to the latest 4th draft of the Waipahu Neighborhood TOD Plan at the Waipahu Elementary School Cafeteria on March 17, 2009, 6:30 p.m. - 9:00 p.m.

**Free Computer Classes at Kapolei Public Library:** Open to all, but a great opportunity for seniors! Monday



mornings, 8:30 a.m. - 9:45 a.m.

**March 9:** Email Basics -learn about free email account providers, how to set up an account, and how to send a message, reply, or send an attachment. (If you have a flash drive, bring it to class.)

**April 6:** Sharing Digital Photos -learn what free programs are available to store digital photos online, how to upload photos from your digital camera and share them with friends.

**May 11:** Facebook Basics -learn what makes this social networking site so popular and how to establish an account.

**June 8:** Creating a Blog -learn what a blog is, what free sites are available and how to set up your own blog.

#### Requirements:

- A library card (bring it with you)
- Basic knowledge of a computer keyboard and mouse. Classes are held in the mornings before the library is open to the public, so wait by the door on the parking lot side of the library. Staff will meet you at the door. If you require a Sign Language Interpreter or other special accommodations, please inform the library staff 2 weeks in advance. Call the library at 693-7050 or stop by the Adult Fiction Desk. Space is Limited. ♻️

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protective services, guardianship, adoption, and social security. Attorneys from the Child Support Enforcement Agency were also available to answer questions.

Sponsored jointly by the Executive Office on Aging, Legal Aid Society, Alu Like, Child Support Enforcement

Agency, Queen Liliuokalani Children's Center, EAD and the other County Offices on Aging, the seminars helped the growing number of older adults caring for their grandchildren how to access services, deal with the myriad of concerns with the legal, schools and health care systems. ♻️



## SENIOR GROUP TOURS

Open 9am - 5pm  
7 days a week  
(Except Thanksgiving,  
Christmas, & New Years)



Discover the People, Planes and the Places surrounding

### Special Senior Educational Tour \$10.00

#### Tour includes:

- Introductory video
- Guided tour of the Exhibit Hangar
- 'Riveting' interactive demonstration in the Restoration Shop

Visit the Laniākea Restaurant for lunch or a snack. Overlook the planes while you enjoy freshly made island favorites.

The air conditioned museum is wheelchair accessible and public restrooms are available.

Reservations Required for tour. Tour bus access to Ford Island available with reservation.

Call to Reserve your tour today 808-441-1008



## ORAL HISTORY PROGRAM

Do you have first hand accounts of World War II, the attack on Pearl Harbor, and/or life as an aviator? Do you remember life in Hawaii during the war?

Share your stories with Pacific Aviation Museum and become a part of our Oral History Archive. Contact the Museum and set up an appointment for your interview.

Visit [www.pacificaviationmuseum.org](http://www.pacificaviationmuseum.org) for more information

★ Reservations Required ★ 808-441-1008 ★ [tourcoordinator@pacificaviationmuseum.org](mailto:tourcoordinator@pacificaviationmuseum.org) ★



# WALK WISE HAWAII

By *Gina Baurile, Communications Executive, The Limtiaco Company*

STOP - Wait - Look is one of seven tips that the State Department of Transportation's Walk Wise Hawai'i (WWH) program helps pedestrians to remember. The campaign, focused on pedestrian safety and driver awareness concerning pedestrians, has made such an impact these past six years that the Federal Highway Administration plans to use the materials and tactics developed as a model for other communities.

Because seniors, in particular, have been identified as vulnerable walkers, WWH has an active presence at senior events. Their speaker's bureau trains

seniors to speak to other seniors, carrying the message of safe walking. WWH also uses extensive and proactive outreach methods, including a broad-based media campaign, partnerships with public and private entities, ethnic and religious organization outreach, collateral development and public service announcements.

Pedestrian tips include:

- Cross the street only at the corner or at a crosswalk; keep to the right of the crosswalk.
- When crossing at a lighted intersection, be sure to use the pedestrian signal button and wait for the walk light indicator.
- Be sure to look left-right-left before crossing and continue to look while crossing. Always walk across the street; never run.

- Walk on the sidewalk if there is one; if there is no sidewalk, walk on the left side of the roadway facing traffic.
- Wear bright or light colored clothing when out walking or jogging. Wear retro-reflective materials at night.
- Watch for cars backing out of driveways; drivers don't always see you.
- Stand on the side of the road while waiting for the bus. Always stand at least 10 feet away from where the bus will stop.

From February through April, pedestrian safety brochures will be available at all Oahu Longs Drugs pharmacies. To obtain copies of the handout or to book a presentation for your group, contact [info@TheLimtiacoCompany.com](mailto:info@TheLimtiacoCompany.com) or call 535-9099 ext. 106. ☎

## 2009 HAWAII SITE LISTINGS



### OAHU - Honolulu

#### Harris United Methodist Church (O-22)

20 S Vineyard Blvd., Rm 11, Honolulu, HI 96813  
Tues & Wed 9am - 1pm  
Chinese, Japanese & Filipino spoken  
e-File available

#### Waikiki: Paki Hale (O-3)

3840 Paki Avenue, Honolulu, HI 96815  
Tues & Thurs 8:30am-11:30 pm  
Closed Mar 26  
Cantonese & Mandarin spoken • e-File available

#### AARP Information Office (O-30)

1199 Dillingham Blvd, Unit A-106, Honolulu, HI 96817  
Tues & Thurs 3pm - 6pm  
Sat 9am - noon • e-File available

#### Lanakila Multipurpose Sr. Center (O-1)

1640 Lanakila Avenue, Honolulu, HI 96817  
Mon 8am - Noon • Closed Feb 16  
Appointment Required  
Iris Hiramoto (808)-847-1322  
Japanese & Korean spoken • e-File available

#### Oahu WorkLinks (O-33)

1505 Dillingham Blvd, #110, Honolulu, HI 96817  
Tues & Thurs 11am - 3pm  
Appointment Required 843-0733  
Closed Mar 26 • e-file available

#### Kalihi/Palama Public Library (O-44)

1325 Kalihi Street, Honolulu, HI 96819  
Fri 9am - 1pm • e-File available

#### Susanna Wesley Community Center (O-31)

1117 Kaili Street, Honolulu, HI 96819  
Sat 9am - Noon  
Chinese, Laotian, Thai spoken • e-File available

#### Aina Haina Public Library (O-4)

5246 Kalaniana'ole Hwy., Honolulu, HI 96821  
Feb 6 - April 11: Fri & Sat: 10:30 pm - 2:30 pm  
Except Fri 2/20 & Fri 3/13: 12:00 pm - 2:30 pm  
Closed Sat Feb 14 & Fri Apr 10 • e-File available

#### Hawaii Kai Public Library (O-42)

249 Lunaliilo Home Road, Honolulu, HI 96825  
Sat 9am - Noon • Closed Feb 14 & Apr 11  
e-File available

#### Central Union Church (O-9)

1660 S. Beretania Street, Honolulu, HI 96826  
Tues & Thurs 8:30am - 11:30am • e-File available

#### Nursing Homes/Home-bound (O-32)

Sat ONLY 9am - Noon  
Cantonese, Mandarin & Vietnamese spoken  
Appointment Required  
Jodi Poaha (808)-737-7720 • e-File available

### OAHU - Windward

#### Kahuku Public/School Lib. (O-18)

56-490 Kamehameha Hwy., Kahuku, HI 96731  
Thurs 9am - 1pm • Closed Mar 26  
e-File available

#### St Christopher's Episcopal Church (O-5)

93 N. Kainalu Drive, Kailua, HI 96734  
Mon & Wed 9am - 11:30am • e-File available

#### Community of Christ Church (O-6)

45-119 Kaneohe Bay Drive, Kaneohe, HI 96744  
Tues & Thurs 8am - Noon  
Appointments (247-4178) & Walk Ins  
Japanese & Chinese spoken • e-File available

### OAHU - Central/Leeward

#### Aiea United Methodist Church (O-13)

99-101 Laulima St., Aiea, HI 96701  
Tues 8am - 12pm • e-File available

#### St. Jude Catholic Church (O-23)

92-455 Makakilo Drive, Kapolei, HI 96707  
Thurs 9am - 1pm • Closed Mar 26  
e-File available

#### Waiialua Community Assoc. (O-12)

66-434 Kamehameha Hwy., Haleiwa, HI 96712  
Tues 9am - 1pm • e-File available

#### Wahiawa Public Library (O-7)

820 California Avenue, Wahiawa, HI 96786  
Wed 9am - 1pm, Thurs noon - 4pm, Fri 9am - 1pm  
Closed Mar 26, Apr 10  
Japanese spoken • e-File available

#### Waianae Community Center (O-16)

85-670 Farrington Hwy., Waianae, HI 96792  
Tues & Wed 8:30am - noon  
Filipino spoken • e-File available

#### Waipahu United Church of Christ (O-26)

94-330 Mokuola Street, Waipahu, HI 96797  
Wed & Fri 8:30am - 12:30pm  
Tagalog, Visayan & Ilocano spoken  
e-File available



# CALENDAR OF EVENTS 2009

## MARCH 2009

**1 AARP Driver Safety Program:** This is the first and most recognized comprehensive nationwide course designed especially for the older driver. This course is presented in a one-day, four-hour session. There is a \$14 fee for each attendee. A \$2 discount will be given to AARP members who bring their 10-digit membership card number. A valid driver's license is also required. A Certificate of Completion will be issued to each attendee at completion of the course. Registration is required.

- **QUEEN'S MEDICAL CENTER**, 537-7117 / Sunday, March 1
- **ST. JOHN VIANNEY PARISH**, 262-7806 / Tuesday, March 3
- **WAIKIKI COMMUNITY CENTER**, 923-1802 / Wednesday, March 4
- **QUEEN'S MEDICAL CENTER**, 537-7117 / Sunday, March 8
- **KAISER HONOLULU**, 432-2260 / Tuesday, March 24
- **KAISER HONOLULU**, 432-2260 / Tuesday, March 31

**6 National Consumer Protection Week Consumer Education Fair**, Friday, March 6, King Kalakaua Building Courtyard, 335 Merchant Street, 10:30 a.m. - 1:30 p.m.

**7 Navigating Community Resources for Long Term Care**, Saturday, March 7, Mission Memorial Auditorium, 550 S. King St., 9:30 a.m. - 11:30 a.m.

**12 Family Caregiver Awareness Day and Resource Fair**, Thursday, March 12, State Capitol, 9 a.m. - 1 p.m. Free admission.

**19 Senior Classic Games**, Thursday, March 19, Halawa District Park. For more information, call the Department of Parks and Recreation at 973-7258.

## APRIL 2009

**1 15th Annual PrimeTime Wellness Fair**, sponsored by First Hawaiian Bank, Kuakini Health System, and the City & County Department of Parks and Recreation, Wednesday, April 1, Neal Blaisdell Exhibition Hall, 8:30 a.m. - 1 p.m. Free admission.

**2 The Mayor's 43rd Annual Senior Recognition Program**, Thursday, April 2, Hawaii Convention Center, 9 a.m. - 11:30 a.m. Free admission. For more information, call 768-7700.

**3 AARP Driver Safety Program:**

- **LANAKILA SENIOR CENTER**, 847-1322 / Friday, April 3
- **WAIKIKI COMMUNITY CENTER**, 923-1802 / Wednesday, April 8
- **AARP INFORMATION CENTER**, 843-1906 / Friday, April 10
- **KAISER WAIPIO CLINIC**, 432-2260 / Wednesday, April 15
- **QUEEN'S MEDICAL CENTER**, 537-7117 / Sunday, April 26

## APRIL 2009

**25 PROTECT DETECT REPORT: Hawaii Anti-Fraud Conference**, Saturday, April 25, co-sponsored by SMP Hawaii (formerly known as Sage Watch) and Elderly Affairs Division, 8 a.m. - 1 p.m. Hawaii Convention Center. Information from experts to help seniors protect themselves from becoming victims of fraud. For more information, call 586-7291 or 768-7700.

## MAY 2009

**1 May Day Program, Kapiolani Bandstand**, Friday, 9 a.m. - 5 p.m. Lei Queen Investiture, 11 a.m. Free admission. For more information, call Makua Alii at 973-7258.

**3 AARP Driver Safety Program:**

- **QUEEN'S MEDICAL CENTER**, 537-7117 / Sunday, May 3
- **NANAIEOLA CLINIC**, 432-2260 / Thursday, May 7
- **KAISER WAIPIO CLINIC**, 432-2260 / Tuesday, May 12
- **KAISER WAIPIO CLINIC**, 432-2260 / Thursday, May 14
- **KAISER HONOLULU**, 432-2260 / Tuesday, May 19
- **KAISER HONOLULU**, 432-2260 / Tuesday, May 26

*the*  
Mayor's  
43<sup>rd</sup>  
Senior  
Recognition  
Program



An Awards Program for  
Outstanding Senior Volunteers

For the 43<sup>rd</sup> consecutive year, the Mayor and the Honolulu Committee on Aging are honoring senior volunteers.

**Thursday, April 2, 2009**

**9:00 - 11:30 a.m.**

**Hawaii Convention Center**

Family, Friends and Nominators are invited to attend the program.

All Nominees will be presented to the audience and receive a certificate.

Admission is **FREE** and the public is invited to share in this celebration!



First Hawaiian Bank



Choices for a Healthier Hawaii



# SAVE THIS DATE!

**Navigating Community Resources  
for Long Term Care**  
**Saturday, March 7, 2009**  
**9:30 a.m. - 11:30 a.m.**  
**Mission Memorial Auditorium**

Find out how to access services and who pays when your loved one requires more care than you can give or afford.

# SAVE THIS DATE!

**PROTECT DETECT REPORT-  
Hawaii Anti-Fraud Conference**  
**Saturday, April 25, 2009**  
**8:00 a.m. - 1:00 p.m.**  
**Hawaii Convention Center**

Find out how to protect yourself from scams and schemes that target seniors.

## ELDERLY AFFAIRS DIVISION

715 South King Street, Suite 200  
 Honolulu, Hawaii 96813  
 Phone: 768-7705

*Elderly Affairs Division is the Area Agency on Aging for Oahu. Our mission is to develop and support opportunities that enable older adults to live their fullest capacity in their own homes and communities.*

### County Executive on Aging

Karen Miyake

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**ALOHA PUMEHANA is published four times a year to provide the public with information on aging issues and programs. To be placed on the mailing list, please send us your e-mail address or call 768-7700. Written contributions are welcomed.**



**MUFI HANNEMANN**  
 Mayor of Honolulu

PRSTD, STD,  
 U.S. POSTAGE  
**PAID**  
 HONOLULU, HI  
 PERMIT NO. 178

DEPARTMENT OF COMMUNITY SERVICES  
 CITY AND COUNTY OF HONOLULU  
 715 SOUTH KING STREET, SUITE 200  
 HONOLULU, HAWAII 96813

