

ALOHA PUMEHANA

March 2007 ■ Tony Baccay, Editor ■ Elderly Affairs Division Quarterly Publication
Department of Community Services ■ Mufi Hannemann, Mayor ■ City & County of Honolulu

DESIGNING LIVABLE COMMUNITIES FOR AN AGING SOCIETY

By Shirley Kidani, Executive Office on Aging



Is Hawaii Ready for Our Aging Society? The number and proportion of older adults continues to increase in Hawaii. In 2000, there were 207,000 older adults, representing 17.1% of the total population. By 2030, Hawaii is expected to have over 410,000 older adults, representing 25% of the total population (1 in 4 individuals will be an older adult). The aging of our population will pose significant challenges to our economic, physical and social infrastructures. Is Hawaii ready for this kind of demographic revolution?

Expanding the Dialogue and Planning: To better prepare for Hawaii's aging society, the Executive Office on Aging and the four County Area Agencies on Aging (Honolulu Elderly Affairs Division, Kauai Agency on Elderly Affairs, Maui County Office on Aging, and Hawaii County Office

of Aging) joined forces to expand the dialogue between public and private sectors, non-profit organizations, and community. State and county aging offices convened a statewide planning team led by Co-Chairs **Dr. Dolores Foley**, University of Hawaii Department of Urban and Regional Planning, and **Carol Kikkawa-Ward** (Former Chair, Plans and Project Review Committee, Policy Advisory Board of Elderly Affairs). Members included: representatives from the State and Area Agencies on Aging, the Department of Health, the Department of Business, Economic Development and Tourism, the Department of Transportation, the Hawaii State Legislature, Mayor's Offices and Departments, private sector and commu-

The planning team organized and

held a Conference on Designing Livable Communities for an Aging Society on November 15, 2006, at the East-West Center. Over 150 individuals from across the state attended, including representatives from government, policy makers, private sector, experts in transportation, housing, planning, and the community.

Sandy Markwood, CEO of the National Association of Area Agencies on Aging, served as keynote speaker and reviewed how

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Photo (Left to Right): Pat Sasaki, Alan Parker, Karen Miyake, Sandy Markwood, John Tomoso, and Kealoha Takahashi.



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HAWAII AGING ADVOCATES COALITION

By Harry Mattson and Wes Lum

A new coalition was recently formed among Hawaii's aging advocacy organizations to speak with a united and coordinated voice about aging and family caregiving policies. The first meeting of the newly formed Hawaii Aging Advocates Coalition (HAAC) was held on December 21, 2006. The co-conveners were **Wes Lum** representing the Hawaii Caregiver Coalition and **Harry Mattson** from AARP Hawaii. Members include:

- **Karen Miyake and Craig Yamaguchi** - City and County Elderly Affairs Division
- **Tony Wong** - City and County of Honolulu Service Providers
- **Stan Bain and Jim Howell** - Faith Action for Community Equity
- **Bruce McCullough and Al Hamai** - Hawaii Alliance for Retired Americans
- **Tony Lenzer** - Hawaii Caregiver Coalition
- **Alan Parker and Lito Asuncion** - Hawaii County Office on Aging
- **Debra Nakaji** - Hawaii County Service Providers
- **Lyn McNeff** - Joint Advocacy Committee on Senior Affairs
- **Kealoha Takahashi** - Kauai Agency on Elderly Affairs
- **Larry Geller** - Kokua Council
- **John Tomoso** - Maui County Office on Aging
- **Kathy Louis** - Maui County Service Providers
- **Rita Barreras** - Maui Long Term Care Partnership

- **Gary Simon and Eldon Wegner** - Policy Advisory Board for Elder Affairs

The Coalition is comprised of key state-wide aging organizations, from all levels of government, drawn together by a common goal - to advocate on behalf of constituents. Finding solutions to problems facing seniors and their caregivers will take a well-coordinated effort by all members.

The purpose of the initial meeting was to (a) get organized, (b) establish an internal communication mechanism, and (c) to discuss legislative proposals for

the 2007 legislative session. In all, 46 separate measures were discussed. While no attempt was made to establish priorities, and as its first official action, HAAC agreed to support the recommendations of the Joint Legislative Committee on Family Caregiving, pending review of the actual bills.

For more information about HAAC or would like to get involved, contact Wes Lum at **586-7319** or email wes.lum@doh.hawaii.gov or Harry Mattson at **545-6005** or **537-2288** (fax) or email hmattson@aarp.org.

SENIOR CASE MANAGEMENT

By *Janelle Young-Ogata, MSW*

Senior Case Management Program Supervisor • Honolulu Gerontology Program

At some point seniors may find they need a little extra help with their every day life. If this fits your situation, case management may be of some help. Case management can work with a senior to navigate the various services available in the community in a cost effective and respectful manner. Case management is meant to maximize a senior's ability to remain living at home and the situation does not have to be a "crisis" in order to enlist the help of a case manager.

What happens? A case manager will come and talk story with the senior and/or their family to assess their needs and what their situation is like. Then based on the information gathered, the case manager will develop a care plan by discussing possible services that may be of some help. The senior is the one to decide what services they would be interested in, and then the case manager will assist

them in linking to a particular service(s) whether it is home delivered meals, personal case assistance, respite services, chore assistance, transportation, welfare services, etc. The case manager will continue to be involved for a time to ensure that services are in place and if the senior and/or their family have any additional needs that may arise.

The Honolulu Gerontology Program of Child and Family Service provides case management services through a variety of programs. These programs serve seniors over the age of 60 and/or their family who need some assistance in their activities of daily living such as shopping, transportation, house cleaning, bathing, cooking, etc. These services are provided island-wide. For more information, call **543-8497**.

EAD STAFF ATTENDS DC SUMMIT

By May Fujii Foo

EAD staff **Karen Miyake, Tony Baccay, Joel Nakamura** and **May Fujii Foo** were among 1,300 attendees at the Choices for Independence National Leadership Summit held in Washington, DC in December 2006. Sponsored by the Administration on Aging (AoA), the event was designed specifically for aging representatives from the 50 states as well as U.S. territories to work together to build future changes to our nation's system of long-term care.

Many of the sessions focused on providing one-stop centers that offer a menu of services called Aging and Disability Resource Centers (ADRC). Honolulu was awarded a grant to develop a virtual ADRC that will provide in-depth information on services available to seniors and persons with disabilities of all ages. You'll be hearing more about this in future issues of Aloha Pumehana over the next 18 months.

Other sessions included discussions on the implementation of proven evidence-based health prevention strategies. Honolulu received a grant for the implementation of a Healthy Aging project modeled on the Stanford Model for the management of chronic diseases. EAD will be working in cooperation with Alu Like and Lanakila Rehabilitation Center on this pilot project.

One of the post conference sessions presented by Administration on Aging staff provided an overview of the changes brought about by the recent reauthorization of the Older Americans Act. Staff stressed that the changes were made to simplify the Act, increase flexibility, facilitate program integration and coordina-

tion, and enhance efficiency and effectiveness in the delivery of services. Additionally, changes provided broader and more flexible funding for services.

One big change effective immediately is in the National Family Caregiver Support Program. The eligibility age of grandparents or other relatives taking care of children 18 or younger, formerly set at 60 years of age, has been expanded to include grandparents and other relative caregivers 55 years and older. Hawaii has many grandparents younger than 60 years old who are the primary caregivers for their grandchildren, so this change will help many people. Services have also been extended to grandparents or other relatives caring for severely disabled adults over age 18.

The reauthorization also allows service providers to offer individuals not currently served by Older Americans Act programs services as private pay clients. The profit earned from these ventures would help to provide additional services to targeted individuals who

could not otherwise afford them.

The Meals Programs, the largest program under the Older Americans Act, contributes to the nutritional health of older individuals. Changes to both the congregate and home delivery programs will help to further reduce hunger and food insecurity, promote socialization, health and well-being.

Additional changes also expanded and broadened protection to vulnerable elders against abuse, neglect and exploitation and will establish a comprehensive state elder justice system. For more information, call **768-7709**.

FREE ADMISSION
'ASK A PHARMACIST' • MASSAGE THERAPY • DOOR PRIZES • GAMES • BINGO!
FREE KUPUNA IDs • COOKING DEMO • POTTERY DEMO • ENTERTAINMENT

13TH ANNUAL
For Ages 50+
PrimeTime
Wellness Fair

GUEST SPEAKERS
Shari Kogan MD & Kris Tsutomi
Sponsored by HMSA
"Getting 'Less' from your Medications - Less Cost, Less Risk, Less Hassle"
Christina Bell MD
Sponsored by Kuakini Health System
"Osteoporosis & Bone Health"

COOKING DEMONSTRATION
by Umeke Market

THURSDAY, MARCH 29, 2007
8:30 am - 1:00 pm • Neal Blaisdell Exhibition Hall

GRAND PRIZE - NEIGHBOR ISLAND GETAWAY FOR 2
Courtesy of Creative Holidays

PLUS:
Health information, fraud prevention seminar, glucose and cholesterol screening (fasting is not necessary, limited number of tests available).
For more information, please call 844-4444 on Oahu.

Includes round trip air tickets and two nights hotel accommodations for 2.
PLUS complimentary car rental arrangement from Avis Rent A Car.

First Hawaiian Bank
HMSA
Kuakini Health System • Blue Cross Blue Shield of Hawaii • DEPT. OF PARKS & RECREATION

FREE HEALTH SCREENINGS
Glucose & Cholesterol • Blood Pressure • Dental Screening • Breast Cancer Risk Assessment
Hearing Screening • Risk for Injuries Assessment • Spinal Screening • Foot Screening • and much more!

the coming age wave will impact housing, health, transportation, land use planning, public safety, parks and recreation, workforce development, volunteerism, arts and cultural activities and economic development. She presented best practices from across the country and offered specific strategies to take in creating livable communities for older adults. She asked the audience to think about 3 major questions:

1. Is your community a good place to grow up and to grow old?
2. Will your community meet your needs when you are 65, 75, 85, 95 or even 105?
3. If not, what can you do now to begin to make your community a livable community for all ages?

(Source: *Sandy Markwood, National Area Agencies on Aging, November 15, 2006.*)

Other speakers included the Hawaii County Mayor, **Harry Kim**, who offered a strong, values-based message to participants in making life better for all of the people of Hawaii; **Dr. Pearl Iboshi**, State Economist, Department of Business, Economic Development and Tourism, who provided Hawaii specific data; **May Mendleson, PhD**, who shared her personal ideas of what is needed; and **Ramsay Taum, PhD**, University of Hawaii School of Tourism, who added cultural perspectives to the discussion. The speeches highlighted the conference participants' work in identifying issues, strategies and opportunities and actions to be explored and taken.

Follow-up meetings are being held across the State. The Honolulu Elderly Affairs Division held an informational forum a day after the statewide conference. On January 16, 2007, the Kauai Agency on Elderly Affairs held a

similar meeting. For further information on the conference or information on planning processes on Oahu, please contact: Honolulu Elderly Affairs Division at **808-768-7705**.

Get Out and Grow! GARDENING FOR SENIORS

FRIDAY, MAY 18, 2007

9:00 AM—12 NOON

URBAN GARDEN CENTER
955 KAMEHAMEHA HWY.
PEARL CITY, HAWAII

FREE ADMISSION

FREE PARKING

FREE TROLLEY RIDE AT THE GARDEN

EDUCATIONAL DISPLAYS

OHANA PLANT SALE

FREE DOOR PRIZES (WHILE SUPPLIES LAST)

WALKING GARDEN TOURS BY U.H. MASTER GARDENERS

Event is sponsored by the University of Hawaii, College of Tropical Agriculture and Human Resources and the Oahu Urban Garden Ohana. Educational Displays include fruit fly program, bonsai, CTAHR display, "Senior Idea Garden" featuring vegetable display containing 100 different varieties, container gardening, and garden products. Participate in the "Water the Plant Game"

The Urban Garden Center is in Pearl City. Via H-1 Eastbound, take the Pearl City Off Ramp. Via H-1 Westbound, take the Waimalu/Pearl City Off Ramp. Go to the Pearl City Home Depot parking lot and drive to the diamond head/mauka end of the parking lot where Public Storage is located. Enter the facility for free parking.

FOR MORE INFORMATION CALL 453-6050



By Joel Nakamura

www.hawaii.gov/dcca/areas/ocp/landlord_tenant Know your rights as a tenant; includes the Landlord-Tenant Handbook by the Department of Commerce and Consumer Affairs.

www.elderlyaffairs.com/housingguide.html Looking for government subsidized elderly housing? To be eligible you must be 62 or older and meet income

limits. Plan early as they have waiting lists. Listing includes eligibility criteria.

www.opala.org Want to know when your trash pick-up is or how to recycle certain items? Go to the Department of Environmental Services website.

www.hawaiianhumane.org Volunteer, adopt a kitty, or report animal abuse at the Hawaiian Humane Society. Is your health condition making it harder for you to care for your pet? The PALS program may be able to help.

www.parks.honolulu.gov/sdi/home.html

Looking for an activity? Want to learn how to swim? Do craft projects? Play games? Here is the listing of the Department of Parks & Recreation activities available

at neighborhood park facilities around Oahu.

www.hawaii.gov/ag/hcjdc/main/hawaii_id_cards No longer have a driver's license and need a current ID? Go here for information on what you need to obtain a Hawaii State Identification card.

www.librarieshawaii.org Did you know you could request books from other Hawaii State Public Libraries to be transferred to your local library? Check your account to see due dates or fees owed and create your own book list. You can even borrow eBooks and audio books online.

www.irs.gov Download federal income tax forms and instructions or file online.

www.hawaii.gov/tax State Income Tax website. Download forms and instructions.



HEALTH RELATED SERVICES FOR KALIHI VALLEY SENIORS AND THEIR FAMILIES

By Merlita Compton, MPH
KKV Elderly Services Program Coordinator

Situated in the heart of Kalihi Valley, next to a gentle flowing stream and surrounded by mango, marungay, and ulu trees is the Kokuia Kalihi Valley (KKV) Elder Center. Here you will find a friendly neighborhood setting where elders come to exercise, talk-story, access case-managed services, and see doctors and dentists. KKV Elderly Services is one of 16 health programs operated by KKV Comprehensive Family Services. KKV's mission statement commits to "work toward healing," to serve "families and individuals" through "strong relationships" that "honor culture and foster health and harmony." KKV provides health services to multi-ethnically diverse residents with interpreter and translation services available in 17 languages.

The Elder Center serves Kalihi Valley seniors and their families, including Kuhio Park Terrace and Kalihi Valley Homes, the State's two largest public housing projects. The overall goal of KKV's program is to provide effective community-based care and health services aimed at preventing premature institutionalization. Supporting frail or disabled adults helps them to remain living in their own homes as independently and safely as possible, while maintaining or increasing their quality of life. KKV currently provides community-based Case Management, Caregiver Respite and Support Groups. These programs are Kupuna Care Services, which receive funding through grants from the State of Hawaii Executive Office on Aging and administered by the Elderly Affairs Division of the City and County of Honolulu.

In addition, KKV offers Health

Maintenance Programs which provide exercise, health screening, health education, counseling, socialization, and hands-on activities, including a dance group called, "The Staying Alive Kupunas' Dance Ensemble." Lunch is provided daily by Lanakila Meals on Wheels to all Health Maintenance participants. Van transportation is provided to and from program activities and medical appointments. Dental and medical clinics, group visits and consultations with nutrition and behavioral health specialists are scheduled twice monthly at the Gulick Center. In addition, the center's geriatrician provides home visits for clients as needed.

If you are a senior or caring for a senior, call **848-0977** or come to 1846 Gulick Avenue for a visit anytime. Our staff will be happy to provide information about our program.



By Tony Baccay

DCS Welcomes new Senior

Advisor: "I truly am excited about



Mark Oto

returning to the City," says **Mark Oto**, Senior Advisor to the Director of the Department of Community Services (DCS).

Having worked in the larger State setting, Mark appreciates the collegiality and efficiency of working in the City's smaller organization. He especially appreciates working with a department that touches the lives of neighbors most in need - members of the aging community, youth, individuals and families struggling to find a home to live in, and those seeking employment to improve the quality of their lives. It has turned out to be exciting and rewarding and he is impressed with the employees' "can-do" attitude and their commitment to helping the public. "When Mayor Hannemann appointed me to this position, he impressed upon me his goal of leaving the City in a better place than when he entered," Mark said. "I am appreciative of the opportunity to work with all of our staff and volunteers to do just that - make the City a better place."

Welcome Aboard, Mark!

Senior Recognition Program:

For the 41st consecutive year, **Mayor Mufi Hannemann** and the Honolulu Committee on Aging are honoring senior volunteers who gave their time and talents to make a difference in their communities. "Healthy Living by Sharing Aloha"

is an awards program for outstanding senior volunteers. Family, friends, and the public are invited to celebrate the accomplishments of each senior nominee as they are recognized and presented with a Certificate of Recognition. The gala event, hosted by KGMB's **Kim Genaula** and **Guy Hagi** and entertainment by **Melveen Leed**, will be held on Thursday, April 12, 2007 at the Sheraton Waikiki Hotel, 9:00 a.m. - 11:30 a.m. For more information, call the Senior Hotline at 523-4545.

Fukumoto Adult Day Care, LLC: Located above Aiea High School and in its second year of operation, the Fukumoto Adult Day Care provides a comfortable and safe environment with meaningful and enjoyable activities to stimulate

the mind and body. Indoor basketball, darts, balloon volleyball, horseshoes, etc. are not only physically demanding but mentally and emotionally stimulating. "I believe that mental exercises are important to deter or slow down the process of dementia," says owner/operator, **Donald Fukumoto**. "My current participants can remember all 50 state capitals with little helpful hints." Physical and mental exercises are conducted twice daily. The Fukumoto Adult Care operates Monday - Friday, 7:30 a.m. - 5:00 p.m. The rates are \$60/day plus tax, with \$180 deposit, including lunch and two snacks. Participants should be ambulatory and continent. For more information, call Donald Fukumoto at **487-7582** or email at ussmile@yahoo.com.

2007 AARP TAX-AIDE SITE LISTINGS: OAHU

Harris United Methodist Church

20 S. Vineyard Blvd. Rm 11
Honolulu, HI 96813
Wed 9 a.m. - 1 p.m.
Chinese & Filipino spoken
e-file available

Waikiki Ala Wai Community Park

2015 Kapiolani Blvd.
Honolulu, HI 96815
Tues & Thur 8:30 a.m. - 12:30 p.m.
Chinese spoken
e-file available

AARP Information Office

1199 Dillingham Blvd. Unit 106
Honolulu, HI 96817
Tues & Thurs 3 p.m. - 6 p.m.
Sat 9 a.m. - 12 noon
e-file available

Lanakila Multipurpose Senior Center

1640 Lanakila Ave.
Honolulu, HI 96817
Mon 8 a.m. - 12 noon
Closed March 26,
Open Tues Mar 27
Appointments Required
Japanese spoken
e-file available

Liliha Public Library

1515 Liliha St.
Honolulu, HI 96817
Tues & Thur 9 a.m. - 12 noon
e-file available

Kalihi/Palama Public Library

1325 Kalihi St.
Honolulu, HI 96819
Fri 9 a.m. - 1 p.m.
Closed April 13
e-file available

Susanna Wesley Community Center

1117 Kaili St.
Honolulu, HI 96819
Sat 9 a.m. - 12 noon
Closed Mar 24
e-file available

Aina Haina Public Library

5246 Kalaniana'ole Hwy.
Honolulu, HI 96821
Fri 10 a.m. - 2 p.m.
Sat 12 noon - 3 p.m.
Closed Mar 24
e-file available

Hawaii Kai Public Library

249 Lunalilo Road
Honolulu, HI 96825
Sat 9 a.m. - 12 noon
Closed Mar 24
e-file available

Central Union Church

1660 S. Beretania St.
Honolulu, HI 96826
Tue & Thur 8:30 a.m. - 11:30 a.m.
e-file available

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Calendar of Events 2007

March 2007

6 AARP Driver Safety Program is a comprehensive nationwide course designed especially for the older driver. It takes into consideration the physical changes of the mature driver and identifies ways they may compensate for those changes. The cost is \$10 and a Certificate of Completion will be issued upon completion of the two 4-hour course. Registration is required. Windward Community College, **235-7363**, Mar 6 & 13, 8 a.m. - 12 noon; Kaiser Health Clinic Hawaii Kai, **432-2260**, Mar 3 & 10, 8 a.m. - 12 noon; Queen's Hospital, **537-7117**, Mar 4 & 11, 9 a.m. - 11 a.m.; St. John Vianney, **262-7806**, Mar 13 & 15, 9 a.m. - 1 p.m.; Waikiki Community Center, **923-1802**, Mar 19 & 21, 9 a.m. - 1 p.m.; Honolulu Kaiser Clinic, **432-2260**, Mar 20 & 27, 12 noon - 4 p.m.; AARP Information Center, **843-1906**, Mar 23 & 30, 12 noon - 4 p.m.; Lanakila Senior Center, **847-1322**, Mar 28 & 30, 8 a.m. - 12 noon;

15 Senior Classic Games, Halawa District Park, 9 a.m. For more information, call **973-7258**.

29 13th Annual PrimeTime Wellness Fair, Thursday, Mar 29, 2007, Blaisdell Exhibition Hall, 8:30 a.m. - 1 p.m. Free admittance. Focus on the physical, mental, and financial well-being of Oahu's senior citizens.

31 Reframing the Grief Journey: A Workshop Using the Creative Arts to Restore the Soul, Saturday, March 31, 2007, 8:30 a.m. - 3 p.m., Koolau Golf Club, 45-550 Kionaole Road, Kaneohe, \$50 per person (includes lunch, refreshments, and workshop materials. Late registration: \$55 per person after March 8, 2007). This workshop is designed to help us discover our creative spirit and to use it to improve our daily life. The creative activities (art, music, song, plan and more) help to express grief responses. For more information, call Sandy Pohl at **521-1812** or Felicia Marquez-Wong at **547-6822**.

April 2007

5 AARP Driver Safety Program is a comprehensive nationwide course designed especially for the older driver. It takes into consideration the physical changes of the mature driver and identifies ways they may compensate for those changes. The cost is \$10 and a Certificate of Completion will be issued upon completion of the two 4-hour course. Registration is required. Kaiser Health Clinic, **432-2260**, Apr 5 & 12, 8 a.m. - 12 noon; St Francis Medical Center, **547-6410**, Apr 7 & 14, 8:30 a.m. - 12:30 p.m.; Mililani Kaiser Clinic, **432-2260**, Apr 14 & 21, 9 a.m. - 1 p.m.; Queen's Hospital, **537-7117**, Apr 29 & May 6, 9 a.m. - 1 p.m.

12 Mayor's 41st Senior Recognition Program, Sheraton Waikiki

Hotel, 9:30 a.m. - 11:30 a.m. The public is invited to share the entertainment and refreshments. Free. For more information, call **523-4545**.

17 *Try Fest*, 9 a.m. - 12 noon. For more information, call **973-7258**.

May 2007

8 AARP Driver Safety Program is a comprehensive nationwide course designed especially for the older driver. It takes into consideration the physical changes of the mature driver and identifies ways they may compensate for those changes. The cost is \$10 and a Certificate of Completion will be issued upon completion of the two 4-hour course. Registration is required. St. John Vianney, **262-7806**, May 8 & 10, 9 a.m. - 1 p.m.; Mililani Kaiser Clinic, **432-2260**, May 5 & 12, 9 a.m. - 1 p.m.; Honolulu Kaiser Clinic, **432-2260**, May 22 & 29, 12 noon - 4 p.m.

18 *Get Out and Grow! Gardening for Seniors*, Friday, May 18, 2007, 9 a.m. - 12 noon, Urban Garden Center, 955 Kamehameha Hwy., Pearl City. Free admission, Free parking, Free trolley ride at the garden, educational displays, ohana plant sale, free door prizes, walking garden tours by UH Master Gardeners. Sponsored by the UH College of Tropical Agriculture and Human Resources and the Oahu Garden Ohana. For more information, call **453-6050**.

AAARP TAX-AIDE *Continued from page 6*

Nursing Homes/Home-Bound
Sat 9 a.m. - 12 noon ONLY
Appointments Required
Carolyn Abney **(808) 949-0119**

OAHU - WINDWARD

Kahuku Public/School Library
56-490 Kamehameha Hwy.
Kahuku, HI 96731
Thur 9 a.m. - 1 p.m.
e-file available

St. Christopher's Episcopal Church
93 N. Kainalu Drive
Kailua, HI 96734
Mon & Wed 9 a.m. - 11:30 a.m.
e-file available

Community of Christ Church
45-119 Kaneohe Bay Drive
Kaneohe, HI 96744
Tue & Thur 8 a.m. - 12 noon
Appointments **(247-4178)** & Walk-ins
Japanese & Chinese spoken
e-file available

Key Project
47-200 Waihee Road
Kaneohe, HI 96744
Fri & Sat 8:30 a.m. - 12:30 p.m.
Closed Mar 23, 24 & April 6, 13, & 14
e-file available

OAHU - CENTRAL/LEEWARD

Aiea Public Library
99-143 Moanalua Road
Aiea, HI 96701
Tue 8:30 a.m. - 12:30 p.m.
e-file available

Continued on page 8

St. Jude Catholic Church
 92-455 Makakilo Drive
 Kapolei, HI 96707
 Thur 9 a.m. - 1 p.m.
 e-file available

Waialua Community Association
 66-434 Kamehameha Hwy.
 Haleiwa, HI 96712
 Tue 9 a.m. - 1 p.m.
 e-file available

Wahiawa Public Library
 820 California Ave.
 Wahiawa, HI 96786
 Thur 12 noon - 4 p.m.; Fri 9 a.m. - 1 p.m.
 Japanese Spoken
 e-file available

Olaloa Retirement Village
 95-1050 Makaikai St.
 Mililani, HI 96789
 Wed 8:30 a.m. - 12:30 p.m.
 e-file available

Waianae Community Center
 85-670 Farrington Hwy.
 Waianae, HI 96792
 Tue & Wed 8:30 a.m. - 12 noon
 e-file available

Waipahu United Church of Christ
 94-330 Mokuola St.
 Waipahu, HI 96797
 Tue & Thur 8:30 a.m. - 12:30 p.m.
 e-file available

Information and assistance for family and friends who reside on the Neighbor Islands:

Kauai Agency on Aging
 Phone: 1-808-241-4470
 4444 Rice Street, Suite 330
 Lihue, HI 96766

Hawaii County Office on Aging
 Phone: 1-808-961-8600
Hilo Office
 101 Aupuni Street, Suite 342
 Hilo, HI 96720

Kona Office
 Phone: 1-808-327-3597
 75-5706 Kuakini Hwy., Suite 106
 Kailua-Kona, HI 96740

Maui County Office on Aging
 Phone: 1-808-270-7755
Information Assistance & Outreach
 Phone: 1-808-270-7774
 200 S. High Street, Wailuku, HI 96793

Molokai
 Phone: 1-808-553-5241

Lanai
 Phone: 1-808-565-7114

To Obtain State information, contact:
State Executive Office on Aging (EOA)
 Phone: 1-808-586-0100
 250 S. Hotel St., Suite 406
 Honolulu, HI 96813

For Out-of-State information, contact:
National Eldercare Locator
 Phone: 1-808-677-1116

**Department of Community Services
 ELDERLY AFFAIRS DIVISION**

*The Area Agency on Aging for the
 City and County of Honolulu*
**715 South King Street, Suite 200,
 Honolulu, Hawaii 96813**

County Executive on Aging Karen Miyake

S T A F F

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 Budget Analyst Eugene Fujioka
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 KCI Teresa Bright, Roger Clemente,
 Donna DeBiasi, Amy Noborikawa,
 Marilyn Wong
 Secretary Alex Blackwell

ALOHA PUMEHANA is published four times a year to provide the public with information on aging issues and programs on Oahu. To be placed on the mailing list, please call **523-4545**. Written contributions to the newsletter are welcomed.



MUFI HANNEMANN
 Mayor of Honolulu

*Mayor Mufti Hannemann
 cordially invites you to attend
 the 41st Annual Recognition Program
 for the Outstanding Senior Citizens
 of the City and County of Honolulu*

on Thursday, April 12, 2007
 from 9:00 a.m. until 11:30 a.m.
 Sheraton Waikiki Hotel - Ballroom
 2255 Kalakaua Avenue
 Honolulu, Hawaii 96815

8:30 a.m. - Pre-program Entertainment
 Aloha Attire

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ELDERLY AFFAIRS DIVISION
 DEPARTMENT OF COMMUNITY SERVICES
 CITY AND COUNTY OF HONOLULU
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