



# ALOHA PUMEHANA

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 Department of Community Services • Mufi Hannemann, Mayor • City & County of Honolulu

## HAPPY 60<sup>th</sup> BIRTHDAY, BABY BOOMERS!

By Pat Tompkins,  
 Chief Planner

**Boom!** The first wave of Baby Boomers has pounded the shores of seniority. Did you feel it? Did you see it? Be watchful, for the Boomer Tsunami is on its way!

2006 marks the first year that Baby Boomers begin to turn 60. More than 78 million Boomers were born between 1946 and 1964. By the time the 1940's ended, some 32 million babies had been born, compared with 24 million in the



1930's. The overall American population was growing twice as fast as before the war. In 1954, annual births passed four million for the first time, and they didn't drop below that mark until 1965. By then, four of every ten Americans were under the age of 20.

Those who are 60 today can expect to live to be 82.3, a full 5 years longer than current seniors. And with continued advances in health care, more and more can expect to live past 100.

How do Hawaii's Boomers compare to Hawaii's current seniors? According to a 2000 report by the State Executive Office on Aging, they will:

- live longer

- have more formal education
- have higher median family and household income (although the cost of living is much higher than it was 20-40 years ago)
- have fewer children
- have higher rates of divorce and remarriage
- if female, be more likely to be in the workforce
- be less likely to own a home
- be more likely to smoke, drink and be overweight



Life as we know it is changing. Everyday, a new wave of boomers comes of age and more will follow. As one wave ebbs, another is on the way. Surf's up!

## WHITE HOUSE CONFERENCE ON AGING

By Karen Miyake, Delegate

It was bitterly cold for the 12 Hawaii delegates who traveled to Washington D.C. in December 2005 to participate in the 5th White House Conference on Aging (WHCOA). With temperatures in the 'teens and twenties and a jam packed schedule, Hawaii delegates gathered in the Marriott Hotel to make their presence and priorities known to the rest of the 1,188 delegates from across the county.

Held every 10 years, the purpose of the WHCOA is to present recommendations to the Presi-

dent and Congress to help guide aging policies.

Hawaii delegates, **Haunani Apoliona, Al Hamai, Brenda Ho, Julie Jow, Roy Katsuda, Carol Kikkawa-Ward, Karen Miyake, Remy Rueda, Pat Sasaki, Kealoha Takahashi, John Tomoso, and Mark Zeug** caucused to develop "Hawaii's Top Picks," a handout listing the top 19 resolutions they were supporting. These resolutions were selected from a list of 73 presented to the delegation by the WHCOA Policy Committee be-

cause they best matched the priorities determined by the June 2005 Hawaii WHCOA statewide conference. Together with a packet of macadamia nuts, the handouts were distributed to other delegates.

Voting on the top resolutions was held early in the conference with results revealed on the last day. Nine of our picks were included in the final top ten selected by WHCOA delegates:

1. Reauthorize the Older Americans Act within the

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## WHITE HOUSE CONFERENCE ON AGING

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first 6 months following the 2005 WHCOA.

2. Develop a coordinated, comprehensive long-term care strategy by supporting public and private sector initiatives that address financing, choice, quality and service delivery.
3. Ensure that older Americans have transportation options to retain their mobility and independence.
4. Strengthen and improve the Medicaid program for seniors.
5. Strengthen and improve the Medicare program.
6. Support geriatric education and training for all healthcare professionals, paraprofessionals, health profession students, and direct care workers.
7. Promote innovative models of non-institutional long-term care.
8. Improve recognition, assessment, and treatment of mental illness and depression among older Americans
9. Attain adequate numbers of healthcare personnel in all professions who are skilled, culturally competent, and specialized in geriatrics.
10. Improve state and local based integrated delivery systems to meet 21<sup>st</sup> century needs of seniors.

Aside from determining priority issues, the heart of the WHCOA was one day devoted to sessions in which delegates developed strategies for the top 50 resolutions. It was during these sessions that Hawaii delegates brought forth their preferred strategies and language that supported Hawaii's priorities.

Delegates had an opportunity to attend exhibits. This was the first time an exhibit was included at a WHCOA. Also a first was the "no



From Left to Right, Front Row: Helene Katsuda, Carol Kikkawa-Ward, Pat Sasaki, Brenda Ho. Back Row: Alan Parker, Albert Hamai, Sarah Miyake, Karen Miyake, John Tomoso, Remy Rueda, Kealoha Takahashi, Senator Daniel Inouye, Julie Jow, Helen Zeug, Roy Katsuda and Mark Zeug.

Delegates From Left to Right: Julie Jow, Alan Parker, Roy Katsuda, Mark Zeug, Karen Miyake, Albert Hamai, Brenda Ho, Haunani Apoliona, Pat Sasaki, Carol Kikkawa-Ward, Remy Rueda, John Tomoso and Kealoha Takahashi.



show" of the President of the United States.

The conference included what totaled a full day of speeches from federal administrators, sponsors, politicians, and a sprinkling of others. A few sessions were disrupted. In one session, a group of seniors attempted to present a "Call for Democracy" petition signed by 23% of the delegates asking the Policy Committee to allow amendments to resolutions. The Policy Committee Chair did not recognize the presenters and asked them to leave the petition on the stage floor. In another, the speaker was interrupted by people shouting "This is an infomercial," clearly an objection to the drug and high tech sponsors who were given key speech time.

In comparison to the WHCOA I attended 10 years ago, this Conference was not well executed. There were many complaints that pre-conference and conference procedures were modified late in the game, white papers were not distributed, and resolutions were disseminated very late. Despite the

poor execution, Hawaii delegates felt that the conference was a success. The message delivered by delegates was as clear as the conference held 10 years ago—it is important to provide basic supports and address core concerns that help older adults remain healthy, well, and independent, and government has a key responsibility.

After the conference closed on the 4<sup>th</sup> day, the Hawaii delegates braved the cold weather and visited **Senator Daniel Inouye, Senator Daniel Akaka's staff, Representative Neil Abercrombie, and Representative Ed Case**, asking for their support of priority objectives including reauthorization of the Older Americans Act and adequate funding.

All in all, it was a satisfying venture. The key now is to work on the priorities identified and assure their success. Please call me at **523-4853** if you would like to join me and others in the effort.

For more information on the White House Conference on Aging, see its website

[www.whcoa.gov](http://www.whcoa.gov)

## “FROM GRUMBLE TO RUMBLE”

By Laura Manis, Kokua Council  
Legislative Chair

“From Grumble to Rumble,” the 2005 Hawaii Silver Legislature, was held at the State Capitol November 16-18.

More than 150 participants ages 50-94 engaged in a mock legislative process to propose, lobby and vote on bills and resolutions that concern seniors. The participants’ careful work and impassioned advocacy alerted legislators to the issues affecting Hawaii’s seniors, their families and caregivers, and community.

The event laid the groundwork for individual and groups of seniors to take their bills and resolutions for constructive change to the 2006 Hawaii State Legislature that opened on January 17<sup>th</sup>. Participants realize it is unlikely that all proposals will pass this session, but they have committed to being vigilant so their concerns will not be overlooked.

Key members of the Legislature are already establishing a Kupuna Caucus, one of the suggestions that resulted from the Hawaii Silver Legislature. Other bills passed included:

- Prohibit fundraising during the Legislative session.
- Develop a method for the comprehensive public funding of elections.
- Repair empty state housing units and provide rental subsidies for low-income units.
- Urge the Governor and the Legislature to use the state’s surplus funds to meet the critical unmet social, educational, health, long-term care, transportation, and

other needs in the best interest of our State, rather than issuing a tax refund.

- Establish a Long-Term Care Insurance Premium to provide home and community based care services.
- Increase funding for and expand the services provided under Kupuna Care.
- Develop and fund a comprehensive family caregiver assistance program.
- Appropriate funds to hire permanent staff for the University of Hawaii Center on Aging.
- Establish Geographic Partnerships that organize locally accessible alternative shelter and care resources.
- Develop a long-term care resource initiative at Kapiolani Community College to train and educate a workforce for Hawaii’s elder and healthcare needs.
- Authorize Death with Dignity (physician assisted suicide).
- Establish a Task Force to advocate visitation rights for grandparents and hanai individuals who are informally raising minor children.
- Release funds for the Makiki library.
- Increase the length of “walk time” for pedestrian crosswalk signal lights.
- Require supermarkets to refund recycling deposits.
- Increase fines to \$5,000 for each violation of law or rule that falls within the State Ethics Commission’s jurisdiction.
- Require electrical utilities to meet a renewable energy standard of 15% by 2010 and 20% for 2015.
- Urge President Bush and Congress to NOT privatize Social Security.

- Establish a single payer universal health insurance program.

Kokua Council, a long-time senior advocacy group, spearheaded the mock legislative session. For more information on the legislative process or to join Kokua Council, please contact **Laura Manis** at **597-8838**.

## The Planning, Education, Advocacy Subcommittee (PEAS)

By Michael Cheang, DrPh

The Honolulu Committee on Aging’s (HCOA) Planning, Education, and Advocacy Subcommittee (PEAS) was formed to concentrate on and coordinate HCOA’s interest in providing education about, and advocacy of issues related to aging. PEAS membership consists primarily of HCOA members, supplemented by persons from the community who have expertise in the priority issues about which the committee is concerned. Members worked to provide more detailed data and information on specific areas of concern such as health, housing, policy and volunteerism and drafted their own Goals and Objectives for FY2006. The data, obtained from various sources, provide a concise and useful perspective on the state of affairs vis-à-vis the older adult population in Honolulu. The data have been summarized on a one-page document entitled, “*State of elderly affairs in Honolulu, Hawaii, 2005.*” Some major points from this summary:

- More older adults (in absolute numbers as well as in proportions) are living longer but not necessarily better;
- Government and other aging related service providers have to

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# HAWAII CAREGIVER COALITION

By May Fujii Foo

The Hawaii Caregiver Coalition was formed to develop new partnerships at local and state levels to address the needs of Hawaii's family caregivers. Over 40 organizations and many individual caregivers participate in the statewide coalition whose mission is to improve the quality of life for those who give and receive care.

The Coalition's advocacy issues include:

- **Training and Education** - partner with government agencies and other stakeholders to provide education and training to family caregivers such as developing caregiver training centers in Community Colleges and producing multimedia modes of communication.



*Holo Imua Kakou participants at State Capitol Reception (From Left to Right): Representative Michael Magaoay, Richard Weimer, Representative Marilyn Lee, Ululani Hoopii, Senator Rosalyn Baker and Mike Freidel.*

- **Respite Services** - support initiatives that promote respite care.
- **Financial Incentives** - develop financial incentives to ease the burdens of caregiving such as reimbursements, tax credit and cash and counseling consumer-directed models.
- **Balancing Work and Caregiving** - support workplace friendly policies such as flextime, work-at-home options, job-sharing, dependent care accounts.
- **Coordinated Services & Policies**

coordinate family caregiver support services and policies statewide such as developing a single access system.

On January 17, 2006, the coalition's Holo Imua Kakou (Moving Forward Together) reception was held at the State Capitol to reach out to policy makers. Coalition members and 25 legislators listened to caregivers **Mike**

**Freidel, Keoni Devereaux, and Richard Hoopii** talk about caring for a disabled spouse, frail elderly parents, and grandchildren whose parents are absent.

The Holo Imua Kakou reception also highlighted family caregiver related themes from the Hawaii Silver Legislature, the White House Conference on Aging and proposed legislation for 2006.

For more information, please contact **Wes Lum** at **586-7319** or email at [wes.lum@doh.hawaii.gov](mailto:wes.lum@doh.hawaii.gov).

## THE PLANNING, EDUCATION, ADVOCACY SUBCOMMITTEE (PEAS)

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meet serious and pressing needs of overwhelming magnitude faced in the older adult population;

- Within 6 years, the first wave of baby boomers transitioning into older years may significantly intensify this already serious problem;
- EAD follows a policy to focus on secondary and tertiary support to meet the greatest needs, and therefore few resources are available to engage in primary prevention efforts.

The committee analyzed the problem of addressing our older

adults' health and well-being needs, and eventually generated a problem analysis map. This conceptual map called, "*Problem analysis map of older adults' health and well-being in Hawaii*" looks at the supply and the demand sides of the situation, and identifies the various contributing factors and the consequences given the existing system of care. A copy of this map can be seen on EAD's website at [www.elderlyaffairs.com](http://www.elderlyaffairs.com). This conceptual map provides the parameters for the series of discussions and prioritizing activities that the PEAS members engaged in.

We eventually agreed on the following broad outcomes to guide policy making, program planning, and resource allocation efforts and

initiatives as depicted in the document entitled, "*Framework for prevention efforts*":

- Older adults are able to live independently in their homes for as long as possible;
- Better quality of life for older adults and their family caregivers;
- Effective primary prevention program resulting in lower per capita costs.

Various members of PEAS have already done some education, planning and advocacy work through their community involvements. For example, all PEAS members have either given input or data in this process. **Wes Lum** and **Laura Manis**

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# 2006 AARP TAX-AIDE SITES - OAHU LISTINGS

The power to make it better.™

Each year, the AARP Tax Foundation, in cooperation with the IRS, provides free tax preparation services to taxpayers with middle or low income, giving higher priority to seniors. Many of the sites have electronic filing (e-file) available. The 2006 AARP Tax Aide Site season is February 1 through April 15.

## Harris United Memorial Church

20 S. Vineyard Blvd., Rm. 11  
Honolulu, HI 96813  
Wed., 9 am -1 pm  
Chinese & Filipino spoken 

## International Christian Church

2322 Kanealii Ave.  
Honolulu, HI 96813  
Mon., 9 am -1 pm 

## Waikiki: Ala Wai Comm. Park

2015 Kapiolani Blvd.  
Honolulu, HI 96815  
Tue. & Thur., 8:30 am -12:30 pm  
Chinese spoken 

## AARP Information Office

1199 Dillingham Blvd., Unit A-106  
Honolulu, HI 96817  
Tue. & Thur., 3 pm - 6 pm  
Sat., 9 am -12 noon 

## Lanakila Multipurpose Sr. Center

1640 Lanakila Ave. • Honolulu, HI 96817  
Mon., 8 am -12 noon; Closed Feb 20;  
OPEN Tue Feb 21; Appointment required  
Iris Hiramoto **847-1322**  
Japanese spoken 

## Liliha Public Library

1515 Liliha St. • Honolulu, HI 96817  
Tue. & Thur., 9 am -1 pm 

## Kalihi/Palama Public Library

1325 Kalihi St. • Honolulu, HI 96819  
Fri., 9 am - 1 pm 

## Susannah Wesley Community Center

1117 Kaili St. • Honolulu, HI 96819  
Sat. 9 am - 12 noon  
Feb 4 and Mar 25 ONLY

## Aina Haina Public Library

5246 Kalanianaʻole Hwy.  
Honolulu, HI 96821   
Fri., 10 am-2 pm & Sat 12 noon-3 pm

## Hawaii Kai Public Library

249 Lunalilo Home Rd.  
Honolulu, HI 96825  
Sat., 9 am - 1 pm; Closed Feb 18  


## Central Union Church

1660 S. Beretania St.  
Honolulu, HI 96826  
Tue. & Thur. 8:30 am -11:30 am 

## Kahuku Public/School Library

56-490 Kamehameha Hwy.  
Kahuku, HI 96731  
Thur., 9 am -1 pm  
e-file available

## St. Christopher's Episcopal Church

93 N. Kainalu Dr. • Kailua, HI 96734  
Mon. & Wed., 9 am -11:30 am 

## Community of Christ Church

45-119 Kaneohe Bay Dr.  
Kaneohe, HI 96744  
Tue. & Thur., 8 am -12 noon  
Appointments and walk-ins  
Staff, **247-4178**  
Japanese & Chinese spoken 

## Key Project

47-200 Waihee Rd. • Kaneohe, HI 96744  
Fri. & Sat., 8:30 am -12:30 pm  
Closed Mar. 24, 25 & Apr 15 

## Aiea Public Library

99-143 Moanalua Rd. • Aiea, HI 96701  
Tue., 10 am - 2 pm 

## St. Jude Catholic Church

92-455 Makakilo Dr. • Kapolei, HI 96707  
Thur., 9 am -1 pm 

## Waihua Community Assoc.

66-434 Kamehameha Hwy.  
Haleiwa, HI 96712  
Tue., 9 am -1 pm 

## Our Lady of Good Counsel Catholic Church

1525 Waimano Home Rd.  
Pearl City, HI 96782  
Wed., 9 a.m. -12:30 pm 

## Wahiawa Public Library

820 California Ave. • Wahiawa, HI 96786  
Thur., 12 noon - 4 pm & Fri., 9 am -1 pm  
Japanese spoken 

## Olaloa Retirement Village

95-1050 Makaikai St.  
Mililani, HI 96789  
Wed., 8:30 am -12:30 pm 

## Waianae Community Center

85-670 Farrington Hwy.  
Waianae, HI 96792  
Tue. & Wed., 8:30 am -12 noon 

## Hawaii Plantation Village

94-695 Waipahu St. • Waipahu, HI 96797  
Tue. & Thur., 8:30 am -12:30 pm 

## Nursing Homes/Home-bound

Sat., Apr 1, 8 & 15 ONLY  
Appointment required  
Bankole Idowu, **341-3813**

## THE PLANNING, EDUCATION, ADVOCACY SUBCOMMITTEE (PEAS)

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have been extensively involved in the Silver Legislature to advocate for older adults in many areas such as economic support for family caregivers, longer walk signals, and preservation of social security. **Michael Cheang** has done a public lecture on "Perspectives on Aging: What is Normal" at the Governor's Faith-Based Conference, and **Cullen Hayashida** has done a series of community pre-

sentations on the state of long-term care in Hawaii.

Based on the data and discussion, PEAS is recommending the following four broad goals to the HCOA for consideration:

- Older adults are able to make informed decisions and have access to services in a timely manner;
- Family caregivers have supportive programs and services that address their needs so that they can continue to provide care for their older adults;

- Public and private sectors support workforce development for better care of our older adults; and
- Government policy and resource allocation efforts support primary prevention efforts for healthy/successful aging.

For more information, call EAD's Chief Planner **Pat Tompkins** at **523-4546** or **Michael Cheang**, Co-Chair of PEAS at **956-2252**.

# SENIOR HOTLINE & PROPERTY TAX HELP

By Rachelle Yamamoto

Last year, there was much anxiety caused by a newspaper article on property tax exemptions. City phone lines were clogged for days. Frustrated seniors often called the Senior Hotline for help and reached staff that had been trained to answer these inquiries.

There are two ways a homeowner can save money: home exemption and tax credit.

## HOME EXEMPTION:

Home exemptions reduce the net taxable assessed value of a property. You are entitled to a home exemption if:

- You own and occupy the property as your principal residence.
- Your ownership is recorded with the Bureau of Conveyances before September 30<sup>th</sup> of the prior year that you are filing.
- You file a claim for home exemption (Form P-3) with the Real Property Assessment Division before September 30<sup>th</sup> of the prior year that you are filing.

## Home Exemption Amounts:

Under age 55 (*basic*

<i>home exemption</i> ):	\$40,000
Age 55 to 59:	\$60,000
Age 60 to 64:	\$80,000
Age 65 to 69:	\$100,000
Age 70+:	\$120,000

## Form to File (Only Once):

- Form BFS-RP-P-3. If this is the initial filing of an exemption, include proof of age (driver's license, birth certificate, state identification, or other government or legal documents).

Any change that may affect exemption status must be reported to the Real Property Assessment Division within 30 days.

## More Help If You Are 75+ Low-Income:

- In Lieu Of Home Exemption For Homeowners Age 75 Years And Older Whose Household Qualifies As Low-Income (Form BFS-RP-P-4): This exemption may be filed if the homeowner is 75 and older and the combined household income qualifies as low-income.

## Other Home Exemptions:

- Blind, Deaf, or Totally Disabled (Form BFS-RP-P-6): Requires cer-

tified physician's report.

- Hansen's Disease (Leprosy) (Form BFS-RP-P-6): Homeowner has been declared by law to be affected by leprosy and is confined.
- Totally Disabled Veterans (Form BFS-RP-P-6B): Homeowner is a veteran who is totally disabled due to injuries received while on active duty with the U.S. Armed Forces and includes widows/ widowers who remain in the home unmarried.

For more information, call the Real Property Assessment Division at **527-5510**, **527-5539** or **692-5541**.

## TAX CREDITS:

A tax credit for seniors is available for the tax year that begins July 1, 2006, and ends on June 30, 2007. An application for tax credit can be submitted if:

1. You qualified for a home exemption;
2. You are age 55 and older; AND
3. Your total household income meets the very low-income requirement.

## Forms to File:

- Form DF-T-141, Claim for Credit
- Form DF-T-141A, Household Income Declaration
- Permission to Release Information Letter
- Federal Form SSA-1099, Social Security Benefit Statement
- Copy of Federal or State Income Tax Forms must be filed on or before May 1, 2006 for taxes due during the tax year July 1, 2006, to June 30, 2007.

## Amount of Tax Credit:

The tax credit is equal to the amount by which the taxes calculated for the property exceeds 5% of the owner's household income, provided the household income does not exceed the very low-income limits set by HUD.

For more information, call the Current Collections Section/Treasury Division at **523-4856**, or to download forms online, go to

[www.honolulupropertytax.com](http://www.honolulupropertytax.com)

In addition, the Senior Hotline staff will be happy to assist you with basic property exemption questions. Call us at **523-4545**.



## [www.capitol.hawaii.gov](http://www.capitol.hawaii.gov)

Check the status of Hawaii State bills, find the phone number or email of your legislators, and learn how to testify on a bill.

## [www.kokuacouncil.org](http://www.kokuacouncil.org)

One of Hawaii's oldest advocacy groups focusing on senior issues.

## [www.socialsecurity.gov/multilanguage/CMS/index.htm](http://www.socialsecurity.gov/multilanguage/CMS/index.htm)

Are you helping a friend who speaks a foreign language with Medicare Part D? Publications explaining Medicare Part D in Chinese, Korean, Russian, Tagalog, and Vietnamese are available here.

## [www.ssa.gov/prescriptionhelp](http://www.ssa.gov/prescriptionhelp)

If you are low income and have limited assets, then you may be eligible for extra help with your Part D plan. Apply for the Limited Income Subsidy online or call the Social Security Administration.

## [www.honolulupropertytax.com](http://www.honolulupropertytax.com)

Search for your property and see your current value and exemptions.

## [www.irs.gov](http://www.irs.gov)

Download federal income tax forms and instructions or file online.

## [www.hawaii.gov/tax](http://www.hawaii.gov/tax)

State Income Tax website. Download forms and instructions.

## [www.legalaidhawaii.org](http://www.legalaidhawaii.org)

Obtain legal assistance for low income persons. They will also be assisting Dual Eligible (Medicare/Medicaid) clients with Part D Drug Plan transition.

## [www.hawaii.edu/uhelp](http://www.hawaii.edu/uhelp)

Obtain legal assistance for the elderly, including the "Deciding What If?" publication, available for download.

## [www.vlsh.org](http://www.vlsh.org)

Obtain legal assistance for low income persons and non-profit organizations.



By  
Tony  
Baccay

### EAD Awarded Funds to Help Medicare Patients

The Centers for Medicare and Medicaid Services, CMS, which administers the Medicare program, has selected Honolulu Elderly Affairs Division to receive

funds to help enroll Medicare beneficiaries in the new Part D Prescription Drug Program.

EAD is eligible to receive a maximum of \$33,000. The contract started February 15 and ends May 15, 2006, this year's deadline for enrollment.

Persons needing assistance to enroll may call the Senior Hotline **523-4545**.

**EAD Has New Secretary**  
**Alex Blackwell** was promoted to Secretary II on February 1, 2006. He

has been with EAD since 1994 as a Clerk Typist. "Being named to the EAD Secretary position is both a challenge and an honor. If I can do the job half as well as Judi Yogi did for these many years, I'll consider it a success," said Alex, who enjoys jogging, racquetball, golf and reading during his spare time. He succeeds Judi Yogi, who recently retired from City service. Congratulations!



### March 2006

## 2006 Calendar of Events

#### 4 Family Caregiver Training Program: Assisting with Personal Care, Sat, Mar 4, 9 a.m.-12 noon, Central Union Church, 1660 S. Beretania St. Presented by Franciscan Adult Day Center and Eldercare Hawaii. Caregivers will learn to provide good personal care to prevent unnecessary illness and discomfort. Free for family caregivers (non-professional). Space is limited and pre-registration is required. To register call Deborah at **988-6300** or email: [Deborah@eldercarehawaii.com](mailto:Deborah@eldercarehawaii.com).

Presented by Franciscan Adult Day Center and Eldercare Hawaii. Learn the challenges of good nutrition and how to manage medications when caring for an older person. Free for family caregivers (non-professional). Space is limited and pre-registration is required. To register call Deborah at **988-6300** or email: [Deborah@eldercarehawaii.com](mailto:Deborah@eldercarehawaii.com).

**23 12<sup>th</sup> Annual PrimeTime Wellness Fair**, Thurs, Mar 23, 8:30 a.m.-1 p.m, Neal Blaisdell Exhibition Hall. For more information call Jan Katada at **525-7714**.

### April 2006

**1 AARP Driver Safety Program**. St. Francis Hospital (Liliha), **547-6410**, Apr 1 & 8, 8:30 a.m.-12:30 p.m. ■ Waianae United Methodist Church, **696-8196**, Apr 8 & 15, 8:30 a.m.-12:30 p.m. ■ Kaiser Health Center (Hawaii Kai), **432-2260**, Apr 29 & May 6, 8 a.m.-12 noon ■ Queen's Medical Center, **537-7117**, Apr 30 & May 7, 9 a.m.-1 p.m.

**1 Family Caregiver Training Program: Legal Issues and Money Matters**. Sat, April 1, 9 a.m.-12 noon, Central Union Church. Presented by Franciscan Adult Day Center and Eldercare Hawaii. Learn what the key documents are that everyone needs in order to plan ahead for their possible incapacitation. Free for family caregivers (non-professional). Space is limited and pre-registration is required. To register call Deborah at **988-6300** or email: [Deborah@eldercarehawaii.com](mailto:Deborah@eldercarehawaii.com).

**8 Family Caregiver Training Program: End of Life Care and Grieving**. Sat, April 8, 9 a.m.-12 noon, Central Union Church. Presented by Franciscan Adult Day Center and Eldercare Hawaii. Learn what to expect and how to continue providing care for someone who is dying. Free for family caregivers (non-professional). Space is limited and pre-registration is required. To register call Deborah at **988-6300** or email: [Deborah@eldercarehawaii.com](mailto:Deborah@eldercarehawaii.com).

**8 AARP Driver Safety Program**. Lanakila Senior Center, **847-1322**, Mar 8 & 10, 8 a.m.-12:30 p.m. ■ Kaiser Health Center (Hawaii Kai), **432-2260**, Mar 11 & 18, 8 a.m.-12 noon ■ Queen's Medical Center, **537-7117**, Mar 12 & 19, 9 a.m.-1 p.m. ■ St. John Vianney Parish, **262-7806**, Mar 14 & 16, 9 a.m.-1 p.m. ■ AARP Information Center, **843-1906**, Mar 17 & 24, 12 noon-4 p.m. ■ Mililani Kaiser Clinic, **432-2260**, Mar 18 & 25, 9 a.m.-1 p.m. ■ St. Francis Medical Center, West, **547-6410**, Mar 18 & 25, 9 a.m.-1 p.m. ■ Honolulu Kaiser Clinic, **432-2260**, Mar 21 & 28, 12 noon-4 p.m.

**18 Family Caregiver Training Program: Nutrition and Medications**, Sat, Mar 18, 9 a.m.-12 noon, Central Union Church.

**24 Mayor's 40<sup>th</sup> Annual Senior Recognition Program**, Mon, Apr 24, 9:30 a.m.-11:30 a.m. Sheraton Waikiki Beach Resort. Free admission. For more information, call **523-4545**.

### May 2006

**3 AARP Driver Safety Program**. Lanakila Senior Center, **847-1322**, May 3 & 5, 8 a.m.-12:30 p.m. ■ St. John Vianney Parish, **262-7806**, May 17 & 18, 9 a.m.-1 p.m. ■ St. Francis Medical Center-West, **547-6410**, May 20 & 27, 9 a.m.-1 p.m. ■ Honolulu Kaiser Clinic, **432-2260**, May 23 & 30, 12 noon-4 p.m.

### June 2006

**3 AARP Driver Safety Program**. St. Francis Hospital (Liliha), **547-6410**, Jun 3 & 10, 8:30 a.m.-12:30 p.m. ■ AARP Information Center, **843-1906**, Jun 16 & 23, 12 noon - 4 p.m. ■ Waianae United Methodist Church, **668-7160**, Jun 21 & 22, 8:30 a.m. - 12:30 p.m.

**8 Tools For Life Expo! Power Up the Future with Assistive Technology**, Thurs-Sat, Jun 8-10, Hawaii Convention Center. Seminars will focus on discrimination in employment and services, facility access, communication access, housing, law enforcement, information and assistive technology, and recreation. Registration fee. For more information, call the Assistive Technology Resource Centers of Hawaii at **1-800-645-3007** or email at [atrc-info@atrc.org](mailto:atrc-info@atrc.org). For the Disability Access Conference, call the Disability Communications Access Board at **586-8121** or email at [dcab@doh.hawaii.org](mailto:dcab@doh.hawaii.org).

**10 Caring for Family, Caring for Yourself: A Caregivers' Conference**, Sat, Jun 10, 8 a.m.-3 p.m., Hawaii Convention Center. Seminars will assist families and other caregivers in providing support to individuals who are elderly, disabled, or need long term care. Registration fee. For more information, call the Senior Hotline at **523-4545**.

**Information and Assistance for family and friends who reside on the Neighbor Islands:**

- Kauai Agency on Aging** ..... 1-808-241-6400  
4444 Rice Street, Suite 330, Lihue, HI 96766
- Hawaii County Office on Aging** ..... 1-808-961-8600  
Hilo Office  
101 Aupuni Street, Suite 342, Hilo, HI 96720
- Kona Office** ..... 1-808-327-3597  
75-5706 Kuakini Hwy., Suite 106  
Kailua-Kona, HI 96740
- Maui County Office on Aging** ..... 1-808-270-7755
- Information Assistance & Outreach** ..... 1-808-270-7774  
200 S. High Street, Wailuku, HI 96793
- Molokai** ..... 1-808-553-5241
- Lanai** ..... 1-808-565-7714

**To obtain State information, contact:**

**State Executive Office on Aging (EOA)** ..... 1-808-586-0100  
250 S. Hotel Street, Suite 406, Honolulu, HI 96813

**For Out-of-State information, contact:**

**National Eldercare Locator** ..... 1-800-677-1116

**Department of Community Services  
ELDERLY AFFAIRS DIVISION**

The Area Agency on Aging for the City and County of Honolulu  
715 South King Street, Suite 200, Honolulu, Hawaii 96813

**County Executive on Aging** ..... Karen Miyake

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ALOHA PUMEHANA is published four times a year to provide the public with information on aging issues and programs on Oahu. To be placed on the mailing list, please call **523-4545**. Written contributions to the newsletter are welcomed.

MUFI HANNEMANN  
Mayor of Honolulu



**523-4545**  
Call the Senior Hotline at  
For More Information  
Registration Fee  
8 am - 3 pm  
**Saturday, June 10, 2006**  
Hawaii Convention Center  
at the  
**Caregivers' Conference**

**523-4545**  
Call the Senior Hotline at  
For More Information  
9 am - 11:30 am  
**Monday, April 24, 2006**  
Sheraton Waikiki Hotel  
**Program**  
**Senior Recognition**  
**the Mayor's 40<sup>th</sup>**

ELDERLY AFFAIRS DIVISION  
DEPARTMENT OF COMMUNITY SERVICES  
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